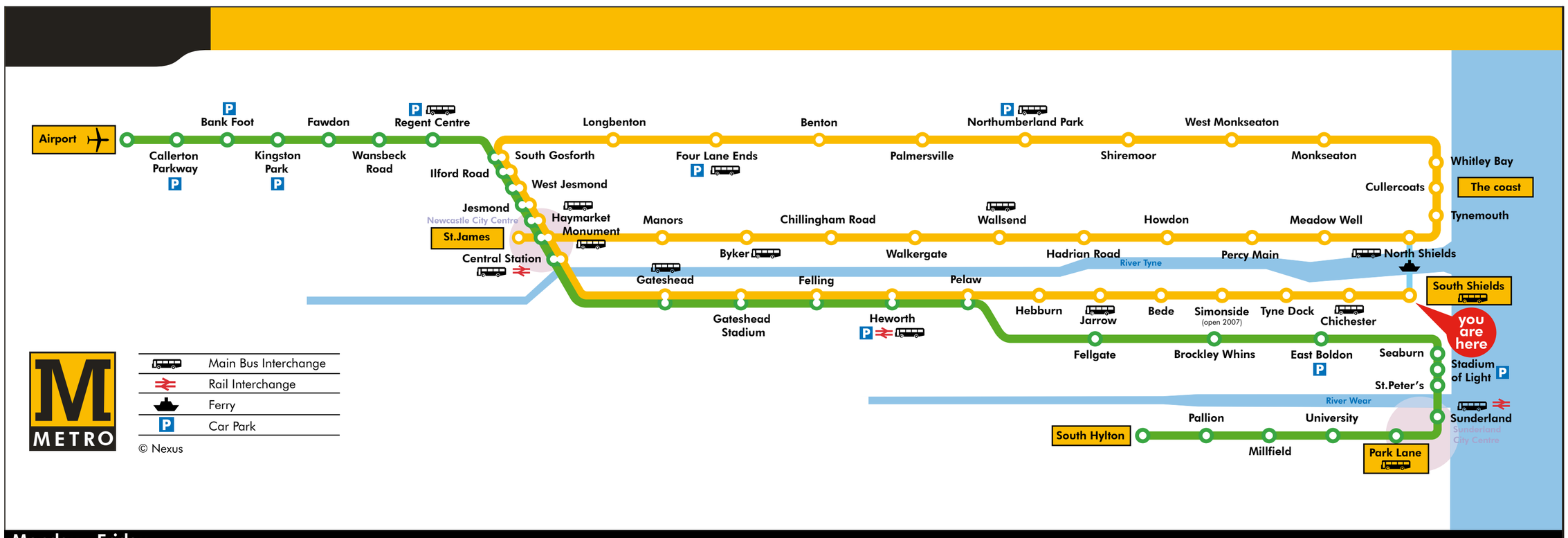
South Shields Metro timetable

Displayed February 2007

St.James via The Coast



Monday - Friday

0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
0549	0622 0642 0657	then at **08, 20, 32, 44** & **56** minutes past the hour until											1807 1819 1829 1844 1859	1913 1928 1943 1958	2013 2028 2043 2058	2113 2128 2143 2158	2213 2228★ 2243★ 2258★	2313□ 2328▼ 2343✙ 2356✙	No Service

Saturday

0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
0552	0628 0643 0658	0713 0728 0742 0758	0810 0827 0839 0855	then at **08, 20, 32, 44** & **56** minutes past the hour until									1807 1819 1829 1844 1858	1913 1928 1943 1958	2013 2028 2043 2058	2113 2128 2143 2158	2213 2228★ 2243★ 2258★	2313□ 2328▼ 2343✙ 2356✙	No Service

Sunday

0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
No Service	No Service	0703 0733	0803 0833	0903 0933 0958	then at **13, 28, 43** & **58** minutes past the hour until												2213 2228★ 2243★ 2258★	2313□ 2328▼ 2343✙ 2356✙	No Service

Journey times from this station

to Jarrow	about	9 minutes
to Heworth	about	19 minutes
to Monument	about	28 minutes
to South Gosforth	about	37 minutes
to Whitley Bay	about	56 minutes

Public Holidays

This timetable will change on Public Holidays, for information call at any Nexus TravelShop, phone Traveline or visit our website.

Key

★ Terminates at Manors
▼ Terminates at Regent Centre
✙ Terminates at South Gosforth
□ Terminates at North Shields

Please check front of trains for destinations