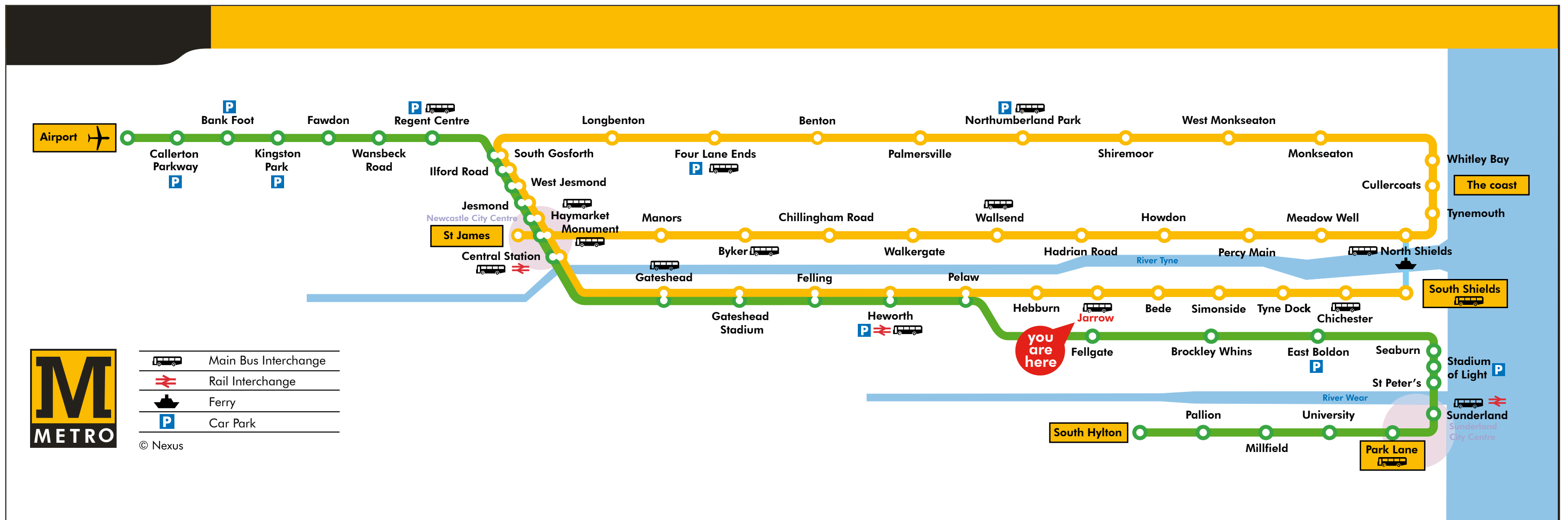


Jarrow Metro timetable



Valid from 17 March 08

Platform 2 - To St James via the coast



Monday - Friday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
0555	0631 0650	0705 0717 0729 0741 0753	0805 0817 0831 0841 0853										then at 05, 17, 29, 41 & 53 minutes past the hour until	1805 1816 1828 1839 1852	1907 1922 1936 1951	2006 2021 2036 2051	2106 2121 2136 2151	2206 2221 2236* 2251*	2306* 2321* 2336* 2351*	0005*
Saturday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
No Service	0600 0635 0651	0705 0721 0735 0751	0805 0821 0835 0851	0905 0918 0929 0941 0953									then at 05, 17, 29, 41 & 53 minutes past the hour until	1804 1816 1828 1839 1853	1907 1922 1936 1951	2006 2021 2036 2051	2106 2121 2136 2151	2206 2221 2236* 2251*	2306* 2321* 2336* 2351*	0005*
Sunday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
No Service	No Service	0712 0742	0812 0842	0912 0941									then at 06, 21, 36 & 51 minutes past the hour until				2206 2221 2236* 2251*	2306* 2321* 2336* 2351*	0005*	

Journey times from this station		Public Holidays	Key
to Heworth	about 9 minutes	This timetable will change on Public Holidays, for information call at any Nexus TravelShop, phone Traveline or visit our website.	★ Terminates at Manors
to Monument	about 19 minutes		▼ Terminates at Regent Centre
to South Gosforth	about 28 minutes		✦ Terminates at South Gosforth
to Whitley Bay	about 47 minutes		
			Please check front of trains for destinations