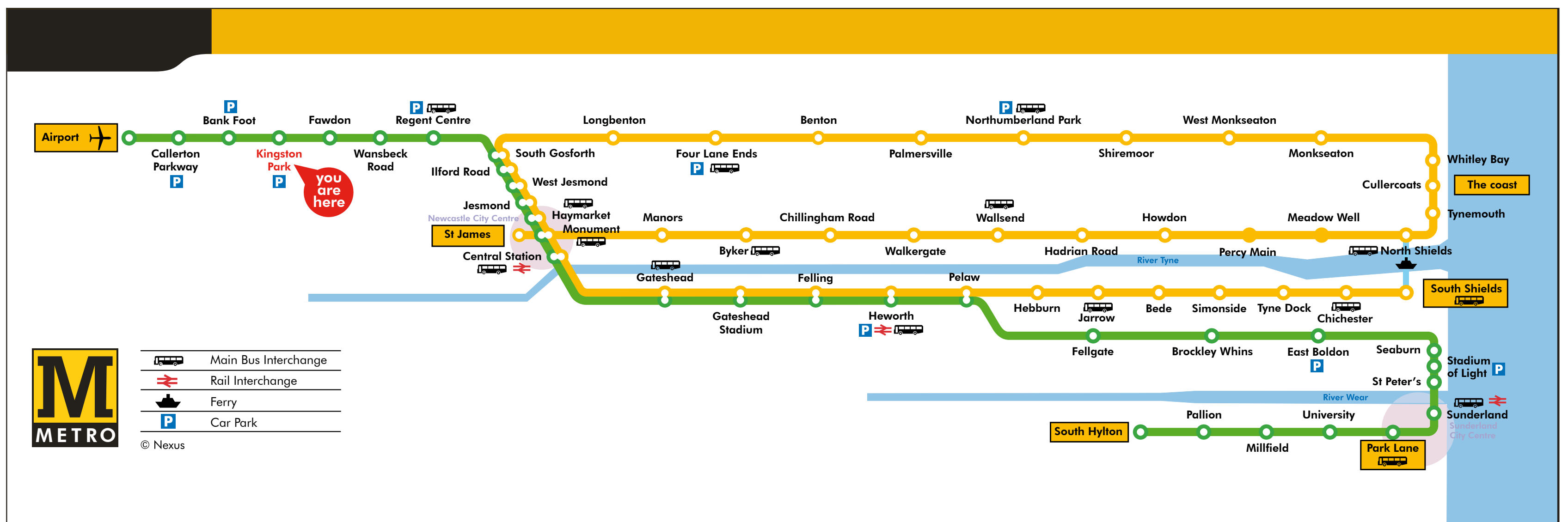


Kingston Park Metro timetable



Valid from 17 March 08

Platform 1 - To South Hylton or Park Lane



Monday - Friday																			
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
0544	0610	0710▲	0810	0911▲	1010	1110▲	1210	1310▲	1410	1510▲	1610	1710▲	1802	then at 03, 18, 33 & 48 minutes past the hour until				2303+	0005▼
0554▲	0625▲	0722	0822▲	0922	1022▲	1122	1222▲	1322	1422▲	1522	1622▲	1722	1806▼					2318■	
	0643	0734▲	0834	0934▲	1034	1134▲	1234	1334▲	1434	1534▲	1634	1734	1818					2323▼	
	0658	0746	0846▲	0946	1046▲	1146	1246▲	1346	1446▲	1546	1648▲	1748	1833					2336▼	
		0758▲	0858	0958▲	1058	1158▲	1258	1358▲	1458	1558▲	1658		1848					2349▼	
													1853▼						
Saturday																			
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
0548▲	0618▲	0703	0818▲	0910▲	1010	1110▲	1210	1310▲	1410	1510▲	1610	1710▲	1802	then at 03, 18, 33 & 48 minutes past the hour until				2303+	0005▼
	0633	0718▲	0829	0922	1022▲	1122	1222▲	1322	1422▲	1522	1622▲	1722	1806▼					2318■	
	0648▲	0733	0845▲	0934▲	1034	1134▲	1234	1334▲	1434	1534▲	1634	1734	1818					2323▼	
		0748▲	0859	0946	1046▲	1146	1246▲	1346	1446▲	1546	1646▲	1748	1833					2336▼	
		0759		0958▲	1058	1158▲	1258	1358▲	1458	1558▲	1658		1848					2349▼	
													1853▼						
Sunday																			
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000
No Service	0633	0703	0803	then at 03, 18, 33 & 48 minutes past the hour until										2303+	0005▼				
		0733	0833											2318■					
														2323▼					
														2336▼					
														2349▼					

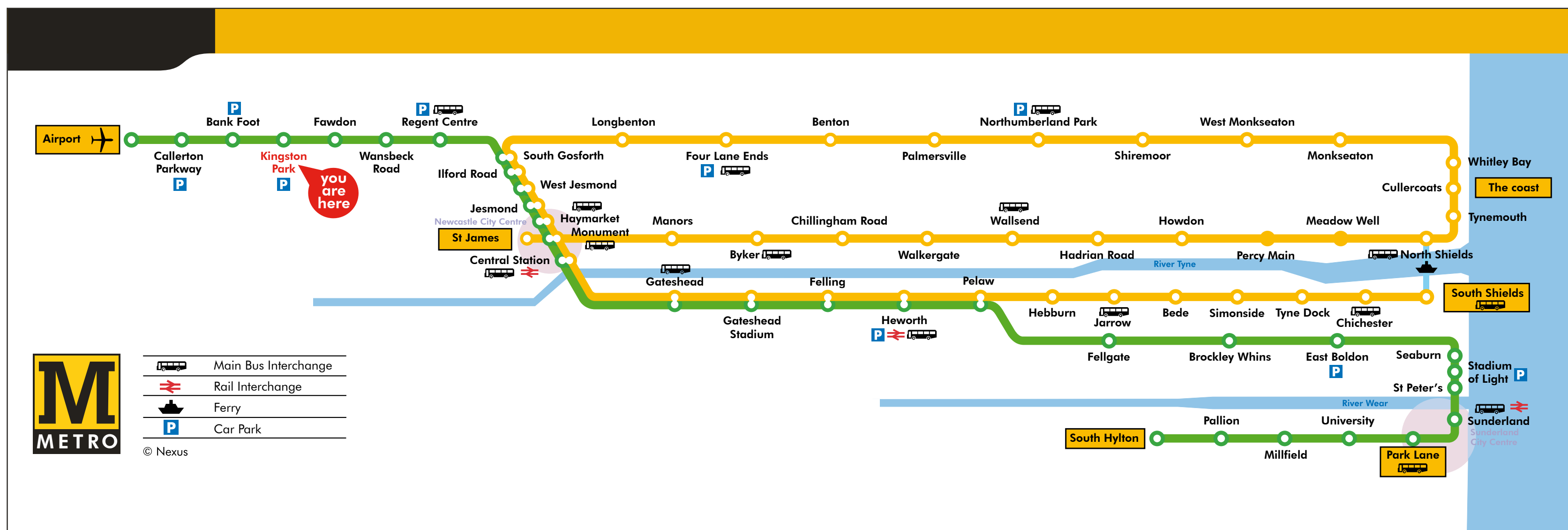
Journey times from this station	Public Holidays	Key
to Regent Centre about 7 minutes	This timetable will change on Public Holidays, for information call at any Nexus TravelShop, phone Traveline or visit our website.	▲ Terminates at Sunderland
to Monument about 18 minutes		■ Terminates at Pelaw
to Gateshead about 22 minutes		▼ Terminates at Regent Centre
to Heworth about 27 minutes		
to Sunderland about 48 minutes		
to South Hylton about 59 minutes		Please check front of trains for destinations

Kingston Park Metro timetable



Valid from 17 March 08

Platform 2 - To Airport



Monday - Friday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
0525	0606	0702	0811	0910									1711	1810	1903	2001	2101	2201	2301	No Service
0536	0616	0716	0823	0923									1723	1820	1918	2016	2116	2216	2316	No Service
0552	0640	0723	0835	0935									1735	1831	1931	2031	2131	2231	2331	No Service
	0652	0738	0847	0947									1746	1843	1946	2046	2146	2246	2346	No Service
		0747	0859	0959									1759	1855						No Service
		0759																		No Service
Saturday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
0528	0613	0709	0802	0901	1008								1809	1903	2001	2101	2201	2301	No Service	
0556	0626	0717	0819	0906	1021								1820	1918	2016	2116	2216	2316	No Service	
	0636	0732	0836	0921	1035								1831	1931	2031	2131	2231	2331	No Service	
	0659	0747	0851	0936	1047								1843	1946	2046	2146	2246	2346	No Service	
				0951	1059								1854							No Service
				0959																No Service
Sunday																				
0500	0600	0700	0800	0900	1000	1100	1200	1300	1400	1500	1600	1700	1800	1900	2000	2100	2200	2300	0000	
No Service	0613	0728	0828	0913	1013													2301	No Service	
	0642	0758	0858	0928	1028													2316	No Service	
	0658			0943	1039													2331	No Service	
				0958	1046													2346	No Service	

Journey times from this station	Public Holidays	Key
to Airport about 8 minutes	This timetable will change on Public Holidays, for information call at any Nexus TravelShop, phone Traveline or visit our website.	Please check front of trains for destinations