

Revised Metro timetable Monday 19 - Friday 23 February 2024

No trains between Airport and South Gosforth

Train times for key stations South Hylton-South Gosforth/Benton and South Shields-St James

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton											06:02		06:14		06:26		06:38
Park Lane							05:48				06:10		06:22		06:34		06:46
Sunderland							05:50				06:12		06:24		06:36		06:48
Seaburn							05:55				06:17		06:29		06:41		06:53
South Shields						05:44		05:56		06:08		06:20		06:32		06:44	
Chichester						05:46		05:58		06:10		06:22		06:34		06:46	
Bede						05:52		06:04		06:16		06:28		06:40		06:52	
Jarrow						05:54		06:06		06:18		06:30		06:42		06:54	
Hebburn						05:57		06:09		06:21		06:33		06:45		06:57	
Pelaw				05:37		06:01	06:09	06:13		06:25	06:31	06:37	06:43	06:49	06:55	07:01	07:07
Heworth				05:39		06:03	06:11	06:15		06:27	06:33	06:39	06:45	06:51	06:57	07:03	07:09
Central Station				05:47		06:11	06:19	06:23		06:35	06:41	06:47	06:53	06:59	07:05	07:11	07:17
Monument P2				05:49		06:13	06:21	06:25		06:37	06:43	06:49	06:55	07:01	07:07	07:13	07:19
South Gosforth				05:58		06:22	06:30	06:34	06:38	06:46	06:52	06:58	07:04	07:10	07:16	07:22	07:28
Longbenton	05:16		05:45	06:00	06:12	06:24	06:32	06:36	06:41	06:48	06:54	07:00	07:06	07:12	07:18	07:24	07:30
Four Lane Ends	05:17		05:47	06:02	06:14	06:26	06:34	06:38	06:42	06:50	06:56	07:02	07:08	07:14	07:20	07:26	07:32
Benton	05:19		05:48	06:03	06:15	06:27	06:35	06:39	06:44	06:51	06:57	07:03	07:09	07:15	07:21	07:27	07:33
West Monkseaton	05:28		05:58	06:13	06:25	06:37		06:49		07:01		07:13		07:25		07:37	
Monkseaton	05:30		06:00	06:15	06:27	06:39		06:51		07:03		07:15		07:27		07:39	
Tynemouth	05:37		06:06	06:21	06:33	06:45		06:57		07:09		07:21		07:33		07:45	
North Shields	05:40		06:09	06:24	06:36	06:48		07:00		07:12		07:24		07:36		07:48	
Meadow Well	05:42		06:11	06:26	06:38	06:50		07:02		07:14		07:26		07:38		07:50	
Percy Main	05:43		06:13	06:28	06:40	06:52		07:04		07:16		07:28		07:40		07:52	
Howdon	05:45	06:00	06:15	06:30	06:42	06:54		07:06		07:18		07:30		07:42		07:54	
Wallsend	05:50	06:05	06:20	06:35	06:47	06:59		07:11		07:23		07:35		07:47		07:59	
Manors	05:58	06:13	06:28	06:43	06:55	07:07		07:19		07:31		07:43		07:55		08:07	
Monument P4	06:02	06:17	06:32	06:47	06:59	07:11		07:23		07:35		07:47		07:59		08:11	
St James	06:04	06:19	06:34	06:49	07:01	07:13		07:25		07:37		07:49		08:01		08:13	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		06:50		07:02		07:14		07:26		07:38		07:50		08:02		08:14	
Park Lane		06:58		07:10		07:22		07:34		07:46		07:58		08:10		08:22	
Sunderland		07:00		07:12		07:24		07:36		07:48		08:00		08:12		08:24	
Seaburn		07:05		07:17		07:29		07:41		07:53		08:05		08:17		08:29	
South Shields	06:56		07:08		07:20		07:32		07:44		07:56		08:08		08:20		08:32
Chichester	06:58		07:10		07:22		07:34		07:46		07:58		08:10		08:22		08:34
Bede	07:04		07:16		07:28		07:40		07:52		08:04		08:16		08:28		08:40
Jarrow	07:06		07:18		07:30		07:42		07:54		08:06		08:18		08:30		08:42
Hebburn	07:09		07:21		07:33		07:45		07:57		08:09		08:21		08:33		08:45
Pelaw	07:13	07:19	07:25	07:31	07:37	07:43	07:49	07:55	08:01	08:07	08:13	08:19	08:25	08:31	08:37	08:43	08:49
Heworth	07:15	07:21	07:27	07:33	07:39	07:45	07:51	07:57	08:03	08:09	08:15	08:21	08:27	08:33	08:39	08:45	08:51
Central Station	07:23	07:29	07:35	07:41	07:47	07:53	07:59	08:05	08:11	08:17	08:23	08:29	08:35	08:41	08:47	08:53	08:59
Monument P2	07:25	07:31	07:37	07:43	07:49	07:55	08:01	08:07	08:13	08:19	08:25	08:31	08:37	08:43	08:49	08:55	09:01
South Gosforth	07:34	07:40	07:46	07:52	07:58	08:04	08:10	08:16	08:22	08:28	08:34	08:40	08:46	08:52	08:58	09:04	09:10
Longbenton	07:36	07:42	07:48	07:54	08:00	08:06	08:12	08:18	08:24	08:30	08:36	08:42	08:48	08:54	09:00	09:06	09:12
Four Lane Ends	07:38	07:44	07:50	07:56	08:02	08:08	08:14	08:20	08:26	08:32	08:38	08:44	08:50	08:56	09:02	09:08	09:14
Benton	07:39	07:45	07:51	07:57	08:03	08:09	08:15	08:21	08:27	08:33	08:39	08:45	08:51	08:57	09:03	09:09	09:15
West Monkseaton	07:49		08:01		08:13		08:25		08:37		08:49		09:01		09:13		09:25
Monkseaton	07:51		08:03		08:15		08:27		08:39		08:51		09:03		09:15		09:27
Tynemouth	07:57		08:09		08:21		08:33		08:45		08:57		09:09		09:21		09:33
North Shields	08:00		08:12		08:24		08:36		08:48		09:00		09:12		09:24		09:36
Meadow Well	08:02		08:14		08:26		08:38		08:50		09:02		09:14		09:26		09:38
Percy Main	08:04		08:16		08:28		08:40		08:52		09:04		09:16		09:28		09:40
Howdon	08:06		08:18		08:30		08:42		08:54		09:06		09:18		09:30		09:42
Wallsend	08:11		08:23		08:35		08:47		08:59		09:11		09:23		09:35		09:47
Manors	08:19		08:31		08:43		08:55		09:07		09:19		09:31		09:43		09:55
Monument P4	08:23		08:35		08:47		08:59		09:11		09:23		09:35		09:47		09:59
St James	08:25		08:37		08:49		09:01		09:13		09:25		09:37		09:49		10:01

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	08:26		08:38		08:50		09:02		09:13		09:26		09:38		09:50		10:02
Park Lane	08:34		08:46		08:58		09:10		09:21		09:34		09:46		09:58		10:10
Sunderland	08:36		08:48		09:00		09:12		09:23		09:36		09:48		10:00		10:12
Seaburn	08:41		08:53		09:05		09:17		09:28		09:41		09:53		10:05		10:17
South Shields		08:44		08:56		09:08		09:20		09:32		09:44		09:56		10:08	
Chichester		08:46		08:58		09:10		09:22		09:34		09:46		09:58		10:10	
Bede		08:52		09:04		09:16		09:28		09:40		09:52		10:04		10:16	
Jarrow		08:54		09:06		09:18		09:30		09:42		09:54		10:06		10:18	
Hebburn		08:57		09:09		09:21		09:33		09:45		09:57		10:09		10:21	
Pelaw	08:55	09:01	09:07	09:13	09:19	09:25	09:31	09:37	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31
Heworth	08:57	09:03	09:09	09:15	09:21	09:27	09:33	09:39	09:45	09:51	09:57	10:03	10:09	10:15	10:21	10:27	10:33
Central Station	09:05	09:11	09:17	09:23	09:29	09:35	09:41	09:47	09:53	09:59	10:05	10:11	10:17	10:23	10:29	10:35	10:41
Monument P2	09:07	09:13	09:19	09:25	09:31	09:37	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31	10:37	10:43
South Gosforth	09:16	09:22	09:28	09:34	09:40	09:46	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40	10:46	10:52
Longbenton	09:18	09:24	09:30	09:36	09:42	09:48	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36	10:42	10:48	10:54
Four Lane Ends	09:20	09:26	09:32	09:38	09:44	09:50	09:56	10:02	10:08	10:14	10:20	10:26	10:32	10:38	10:44	10:50	10:56
Benton	09:21	09:27	09:33	09:39	09:45	09:51	09:57	10:03	10:09	10:15	10:21	10:27	10:33	10:39	10:45	10:51	10:57
West Monkseaton		09:37		09:49		10:01		10:13		10:25		10:37		10:49		11:01	
Monkseaton		09:39		09:51		10:03		10:15		10:27		10:39		10:51		11:03	
Tynemouth		09:45		09:57		10:09		10:21		10:33		10:45		10:57		11:09	
North Shields		09:48		10:00		10:12		10:24		10:36		10:48		11:00		11:12	
Meadow Well		09:50		10:02		10:14		10:26		10:38		10:50		11:02		11:14	
Percy Main		09:52		10:04		10:16		10:28		10:40		10:52		11:04		11:16	
Howdon		09:54		10:06		10:18		10:30		10:42		10:54		11:06		11:18	
Wallsend		09:59		10:11		10:23		10:35		10:47		10:59		11:11		11:23	
Manors		10:07		10:19		10:31		10:43		10:55		11:07		11:19		11:31	
Monument P4		10:11		10:23		10:35		10:47		10:59		11:11		11:23		11:35	
St James		10:13		10:25		10:37		10:49		11:01		11:13		11:25		11:37	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		10:14		10:26		10:38		10:49		11:02		11:14		11:26		11:38	
Park Lane		10:22		10:34		10:46		10:57		11:10		11:22		11:34		11:46	
Sunderland		10:24		10:36		10:48		10:59		11:12		11:24		11:36		11:48	
Seaburn		10:29		10:41		10:53		11:04		11:17		11:29		11:41		11:53	
South Shields	10:20		10:32		10:44		10:56		11:08		11:20		11:32		11:44		11:56
Chichester	10:22		10:34		10:46		10:58		11:10		11:22		11:34		11:46		11:58
Bede	10:28		10:40		10:52		11:04		11:16		11:28		11:40		11:52		12:04
Jarrow	10:30		10:42		10:54		11:06		11:18		11:30		11:42		11:54		12:06
Hebburn	10:33		10:45		10:57		11:09		11:21		11:33		11:45		11:57		12:09
Pelaw	10:37	10:43	10:49	10:55	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07	12:13
Heworth	10:39	10:45	10:51	10:57	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09	12:15
Central Station	10:47	10:53	10:59	11:05	11:11	11:17	11:23	11:29	11:35	11:41	11:47	11:53	11:59	12:05	12:11	12:17	12:23
Monument P2	10:49	10:55	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07	12:13	12:19	12:25
South Gosforth	10:58	11:04	11:10	11:16	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16	12:22	12:28	12:34
Longbenton	11:00	11:06	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06	12:12	12:18	12:24	12:30	12:36
Four Lane Ends	11:02	11:08	11:14	11:20	11:26	11:32	11:38	11:44	11:50	11:56	12:02	12:08	12:14	12:20	12:26	12:32	12:38
Benton	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09	12:15	12:21	12:27	12:33	12:39
West Monkseaton	11:13		11:25		11:37		11:49		12:01		12:13		12:25		12:37		12:49
Monkseaton	11:15		11:27		11:39		11:51		12:03		12:15		12:27		12:39		12:51
Tynemouth	11:21		11:33		11:45		11:57		12:09		12:21		12:33		12:45		12:57
North Shields	11:24		11:36		11:48		12:00		12:12		12:24		12:36		12:48		13:00
Meadow Well	11:26		11:38		11:50		12:02		12:14		12:26		12:38		12:50		13:02
Percy Main	11:28		11:40		11:52		12:04		12:16		12:28		12:40		12:52		13:04
Howdon	11:30		11:42		11:54		12:06		12:18		12:30		12:42		12:54		13:06
Wallsend	11:35		11:47		11:59		12:11		12:23		12:35		12:47		12:59		13:11
Manors	11:43		11:55		12:07		12:19		12:31		12:43		12:55		13:07		13:19
Monument P4	11:47		11:59		12:11		12:23		12:35		12:47		12:59		13:11		13:23
St James	11:49		12:01		12:13		12:25		12:37		12:49		13:01		13:13		13:25

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	11:50		12:02		12:14		12:26		12:38		12:49		13:02		13:14		13:26
Park Lane	11:58		12:10		12:22		12:34		12:46		12:57		13:10		13:22		13:34
Sunderland	12:00		12:12		12:24		12:36		12:48		12:59		13:12		13:24		13:36
Seaburn	12:05		12:17		12:29		12:41		12:53		13:04		13:17		13:29		13:41
South Shields		12:08		12:20		12:32		12:44		12:56		13:08		13:20		13:32	
Chichester		12:10		12:22		12:34		12:46		12:58		13:10		13:22		13:34	
Bede		12:16		12:28		12:40		12:52		13:04		13:16		13:28		13:40	
Jarrow		12:18		12:30		12:42		12:54		13:06		13:18		13:30		13:42	
Hebburn		12:21		12:33		12:45		12:57		13:09		13:21		13:33		13:45	
Pelaw	12:19	12:25	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31	13:37	13:43	13:49	13:55
Heworth	12:21	12:27	12:33	12:39	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39	13:45	13:51	13:57
Central Station	12:29	12:35	12:41	12:47	12:53	12:59	13:05	13:11	13:17	13:23	13:29	13:35	13:41	13:47	13:53	13:59	14:05
Monument P2	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31	13:37	13:43	13:49	13:55	14:01	14:07
South Gosforth	12:40	12:46	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40	13:46	13:52	13:58	14:04	14:10	14:16
Longbenton	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36	13:42	13:48	13:54	14:00	14:06	14:12	14:18
Four Lane Ends	12:44	12:50	12:56	13:02	13:08	13:14	13:20	13:26	13:32	13:38	13:44	13:50	13:56	14:02	14:08	14:14	14:20
Benton	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39	13:45	13:51	13:57	14:03	14:09	14:15	14:21
West Monkseaton		13:01		13:13		13:25		13:37		13:49		14:01		14:13		14:25	
Monkseaton		13:03		13:15		13:27		13:39		13:51		14:03		14:15		14:27	
Tynemouth		13:09		13:21		13:33		13:45		13:57		14:09		14:21		14:33	
North Shields		13:12		13:24		13:36		13:48		14:00		14:12		14:24		14:36	
Meadow Well		13:14		13:26		13:38		13:50		14:02		14:14		14:26		14:38	
Percy Main		13:16		13:28		13:40		13:52		14:04		14:16		14:28		14:40	
Howdon		13:18		13:30		13:42		13:54		14:06		14:18		14:30		14:42	
Wallsend		13:23		13:35		13:47		13:59		14:11		14:23		14:35		14:47	
Manors		13:31		13:43		13:55		14:07		14:19		14:31		14:43		14:55	
Monument P4		13:35		13:47		13:59		14:11		14:23		14:35		14:47		14:59	
St James		13:37		13:49		14:01		14:13		14:25		14:37		14:49		15:01	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		13:38		13:50		14:02		14:14		14:26		14:38		14:49		15:02	
Park Lane		13:46		13:58		14:10		14:22		14:34		14:46		14:57		15:10	
Sunderland		13:48		14:00		14:12		14:24		14:36		14:48		14:59		15:12	
Seaburn		13:53		14:05		14:17		14:29		14:41		14:53		15:04		15:17	
South Shields	13:44		13:56		14:08		14:20		14:32		14:44		14:56		15:08		15:20
Chichester	13:46		13:58		14:10		14:22		14:34		14:46		14:58		15:10		15:22
Bede	13:52		14:04		14:16		14:28		14:40		14:52		15:04		15:16		15:28
Jarrow	13:54		14:06		14:18		14:30		14:42		14:54		15:06		15:18		15:30
Hebburn	13:57		14:09		14:21		14:33		14:45		14:57		15:09		15:21		15:33
Pelaw	14:01	14:07	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:01	15:07	15:13	15:19	15:25	15:31	15:37
Heworth	14:03	14:09	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09	15:15	15:21	15:27	15:33	15:39
Central Station	14:11	14:17	14:23	14:29	14:35	14:41	14:47	14:53	14:59	15:05	15:11	15:17	15:23	15:29	15:35	15:41	15:47
Monument P2	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:01	15:07	15:13	15:19	15:25	15:31	15:37	15:43	15:49
South Gosforth	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:10	15:16	15:22	15:28	15:34	15:40	15:46	15:52	15:58
Longbenton	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06	15:12	15:18	15:24	15:30	15:36	15:42	15:48	15:54	16:00
Four Lane Ends	14:26	14:32	14:38	14:44	14:50	14:56	15:02	15:08	15:14	15:20	15:26	15:32	15:38	15:44	15:50	15:56	16:02
Benton	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09	15:15	15:21	15:27	15:33	15:39	15:45	15:51	15:57	16:03
West Monkseaton	14:37		14:49		15:01		15:13		15:25		15:37		15:49		16:01		16:13
Monkseaton	14:39		14:51		15:03		15:15		15:27		15:39		15:51		16:03		16:15
Tynemouth	14:45		14:57		15:09		15:21		15:33		15:45		15:57		16:09		16:21
North Shields	14:48		15:00		15:12		15:24		15:36		15:48		16:00		16:12		16:24
Meadow Well	14:50		15:02		15:14		15:26		15:38		15:50		16:02		16:14		16:26
Percy Main	14:52		15:04		15:16		15:28		15:40		15:52		16:04		16:16		16:28
Howdon	14:54		15:06		15:18		15:30		15:42		15:54		16:06		16:18		16:30
Wallsend	14:59		15:11		15:23		15:35		15:47		15:59		16:11		16:23		16:35
Manors	15:07		15:19		15:31		15:43		15:55		16:07		16:19		16:31		16:43
Monument P4	15:11		15:23		15:35		15:47		15:59		16:11		16:23		16:35		16:47
St James	15:13		15:25		15:37		15:49		16:01		16:13		16:25		16:37		16:49

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	15:14		15:26		15:38		15:50		16:02		16:14		16:26		16:38		16:49
Park Lane	15:22		15:34		15:46		15:58		16:10		16:22		16:34		16:46		16:57
Sunderland	15:24		15:36		15:48		16:00		16:12		16:24		16:36		16:48		16:59
Seaburn	15:29		15:41		15:53		16:05		16:17		16:29		16:41		16:53		17:04
South Shields		15:30		15:44		15:56		16:08		16:20		16:32		16:44		16:56	
Chichester		15:32		15:46		15:58		16:10		16:22		16:34		16:46		16:58	
Bede		15:37		15:52		16:04		16:16		16:28		16:40		16:52		17:04	
Jarrow		15:40		15:54		16:06		16:18		16:30		16:42		16:54		17:06	
Hebburn		15:43		15:57		16:09		16:21		16:33		16:45		16:57		17:09	
Pelaw	15:43	15:49	15:55	16:01	16:07	16:13	16:19	16:25	16:31	16:37	16:43	16:49	16:55	17:01	17:07	17:13	17:19
Heworth	15:45	15:51	15:57	16:03	16:09	16:15	16:21	16:27	16:33	16:39	16:45	16:51	16:57	17:03	17:09	17:15	17:21
Central Station	15:53	15:59	16:05	16:11	16:17	16:23	16:29	16:35	16:41	16:47	16:53	16:59	17:05	17:11	17:17	17:23	17:29
Monument P2	15:55	16:01	16:07	16:13	16:19	16:25	16:31	16:37	16:43	16:49	16:55	17:01	17:07	17:13	17:19	17:25	17:31
South Gosforth	16:04	16:10	16:16	16:22	16:28	16:34	16:40	16:46	16:52	16:58	17:04	17:10	17:16	17:22	17:28	17:34	17:40
Longbenton	16:06	16:12	16:18	16:24	16:30	16:36	16:42	16:48	16:54	17:00	17:06	17:12	17:18	17:24	17:30	17:36	17:42
Four Lane Ends	16:08	16:14	16:20	16:26	16:32	16:38	16:44	16:50	16:56	17:02	17:08	17:14	17:20	17:26	17:32	17:38	17:44
Benton	16:09	16:15	16:21	16:27	16:33	16:39	16:45	16:51	16:57	17:03	17:09	17:15	17:21	17:27	17:33	17:39	17:45
West Monkseaton		16:25		16:37		16:49		17:01		17:13		17:25		17:37		17:49	
Monkseaton		16:27		16:39		16:51		17:03		17:15		17:27		17:39		17:51	
Tynemouth		16:33		16:45		16:57		17:09		17:21		17:33		17:45		17:57	
North Shields		16:36		16:48		17:00		17:12		17:24		17:36		17:48		18:00	
Meadow Well		16:38		16:50		17:02		17:14		17:26		17:38		17:50		18:02	
Percy Main		16:40		16:52		17:04		17:16		17:28		17:40		17:52		18:04	
Howdon		16:42		16:54		17:06		17:18		17:30		17:42		17:54		18:06	
Wallsend		16:47		16:59		17:11		17:23		17:35		17:47		17:59		18:11	
Manors		16:55		17:07		17:19		17:31		17:43		17:55		18:07		18:19	
Monument P4		16:59		17:11		17:23		17:35		17:47		17:59		18:11		18:23	
St James		17:01		17:13		17:25		17:37		17:49		18:01		18:13		18:25	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		17:02		17:14		17:26		17:38		17:52		18:07				18:19	
Park Lane		17:10		17:22		17:34		17:46		18:00		18:15				18:30	
Sunderland		17:12		17:24		17:36		17:48		18:02		18:17				18:32	
Seaburn		17:17		17:29		17:41		17:53		18:07		18:22				18:37	
South Shields	17:08		17:20		17:32		17:44		17:56		18:11		18:26		18:32		18:41
Chichester	17:10		17:22		17:34		17:46		17:58		18:13		18:28		18:34		18:43
Bede	17:16		17:28		17:40		17:52		18:04		18:19		18:34		18:40		18:49
Jarrow	17:18		17:30		17:42		17:54		18:06		18:21		18:36		18:42		18:51
Hebburn	17:21		17:33		17:45		17:57		18:09		18:24		18:39		18:45		18:54
Pelaw	17:25	17:31	17:37	17:43	17:49	17:55	18:01	18:07	18:13	18:21	18:28	18:36	18:43	18:46	18:49	18:52	18:58
Heworth	17:27	17:33	17:39	17:45	17:51	17:57	18:03	18:09	18:15	18:23	18:30	18:38	18:45	18:48	18:51	18:54	19:00
Central Station	17:35	17:41	17:47	17:53	17:59	18:05	18:11	18:17	18:23	18:31	18:38	18:46	18:53	18:56	18:59	19:02	19:08
Monument P2	17:37	17:43	17:49	17:55	18:01	18:07	18:13	18:19	18:25	18:33	18:40	18:48	18:55	18:58	19:01	19:04	19:10
South Gosforth	17:46	17:52	17:58	18:04	18:10	18:16	18:23	18:28	18:34	18:42	18:49	19:00	19:04	19:07	19:10	19:13	19:19
Longbenton	17:48	17:54	18:00	18:06	18:12	18:18	18:25	18:30	18:36	18:44	18:51	19:02	19:06		19:12	19:15	19:21
Four Lane Ends	17:50	17:56	18:02	18:08	18:14	18:20	18:27	18:32	18:38	18:46	18:53	19:04	19:08		19:14	19:17	19:23
Benton	17:51	17:57	18:03	18:09	18:15	18:21	18:28	18:33	18:39	18:47	18:54	19:05	19:09		19:15	19:18	19:24
West Monkseaton	18:01		18:13		18:25		18:38		18:49		19:04		19:18				19:33
Monkseaton	18:03		18:15		18:27		18:40		18:51		19:06		19:20				19:35
Tynemouth	18:09		18:21		18:33		18:46		18:57		19:12		19:26				19:41
North Shields	18:12		18:24		18:36		18:49		19:00		19:15		19:29				19:44
Meadow Well	18:14		18:26		18:38		18:51		19:02		19:17		19:31				19:46
Percy Main	18:16		18:28		18:40		18:53		19:04		19:18		19:33				19:48
Howdon	18:18		18:30		18:42		18:55		19:06		19:20		19:35				19:50
Wallsend	18:23		18:35		18:47		19:00		19:11		19:25		19:39				19:54
Manors	18:31		18:43		18:55		19:08		19:19		19:33		19:47				20:02
Monument P4	18:35		18:47		18:59		19:12		19:23		19:35		19:49				20:04
St James	18:37		18:49		19:01		19:14		19:25		19:37		19:51				20:06

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	18:29	18:37		18:52		19:07		19:22		19:37		19:52		20:07		20:23	
Park Lane	18:39	18:45		19:00		19:15		19:30		19:45		20:00		20:15		20:31	
Sunderland	18:41	18:47		19:02		19:17		19:32		19:47		20:02		20:17		20:33	
Seaburn	18:46	18:52		19:07		19:22		19:37		19:52		20:07		20:22		20:38	
South Shields			18:56		19:11		19:26		19:41		19:56		20:11		20:26		20:41
Chichester			18:58		19:13		19:28		19:43		19:58		20:13		20:28		20:43
Bede			19:04		19:19		19:34		19:49		20:04		20:19		20:34		20:49
Jarrow			19:06		19:21		19:36		19:51		20:06		20:21		20:36		20:51
Hebburn			19:09		19:24		19:39		19:54		20:09		20:24		20:39		20:54
Pelaw	19:01	19:06	19:13	19:21	19:28	19:36	19:43	19:51	19:58	20:06	20:13	20:21	20:28	20:36	20:43	20:52	20:58
Heworth	19:03	19:08	19:15	19:23	19:30	19:38	19:45	19:53	20:00	20:08	20:15	20:23	20:30	20:38	20:45	20:54	21:00
Central Station	19:11	19:16	19:23	19:31	19:38	19:46	19:53	20:01	20:08	20:16	20:23	20:31	20:38	20:46	20:53	21:02	21:08
Monument P2	19:13	19:18	19:25	19:33	19:40	19:48	19:55	20:03	20:10	20:18	20:25	20:33	20:40	20:48	20:55	21:04	21:10
South Gosforth	19:22	19:30	19:34	19:42	19:49	19:57	20:04	20:12	20:19	20:27	20:34	20:42	20:49	20:57	21:04	21:13	21:19
Longbenton		19:32	19:36	19:44	19:51	19:59	20:06	20:14	20:21	20:29	20:36	20:44	20:51	20:59	21:06	21:15	21:21
Four Lane Ends		19:34	19:38	19:46	19:53	20:01	20:08	20:16	20:23	20:31	20:38	20:46	20:53	21:01	21:08	21:17	21:23
Benton		19:35	19:39	19:47	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:02	21:09	21:18	21:24
West Monkseaton			19:48		20:03		20:18		20:33		20:48		21:03		21:18		21:33
Monkseaton			19:50		20:05		20:20		20:35		20:50		21:05		21:20		21:35
Tynemouth			19:56		20:11		20:26		20:41		20:56		21:11		21:26		21:41
North Shields			19:59		20:14		20:29		20:44		20:59		21:14		21:29		21:44
Meadow Well			20:01		20:16		20:31		20:46		21:01		21:16		21:31		21:46
Percy Main			20:03		20:18		20:33		20:48		21:03		21:18		21:33		21:48
Howdon			20:05		20:20		20:35		20:50		21:05		21:20		21:35		21:50
Wallsend			20:09		20:24		20:39		20:54		21:09		21:24		21:39		21:54
Manors			20:17		20:32		20:47		21:02		21:17		21:32		21:47		22:02
Monument P4			20:19		20:34		20:49		21:04		21:19		21:34		21:49		22:04
St James			20:21		20:36		20:51		21:06		21:21		21:36		21:51		22:06

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	20:37		20:52		21:07		21:22		21:37		21:52		22:07		22:22		22:37
Park Lane	20:45		21:00		21:15		21:30		21:45		22:00		22:15		22:30		22:45
Sunderland	20:47		21:02		21:17		21:32		21:47		22:02		22:17		22:32		22:47
Seaburn	20:52		21:07		21:22		21:37		21:52		22:07		22:22		22:37		22:52
South Shields		20:56		21:11		21:26		21:41		21:56		22:11		22:26		22:41	
Chichester		20:58		21:13		21:28		21:43		21:58		22:13		22:28		22:43	
Bede		21:04		21:19		21:34		21:49		22:04		22:19		22:34		22:49	
Jarrow		21:06		21:21		21:36		21:51		22:06		22:21		22:36		22:51	
Hebburn		21:09		21:24		21:39		21:54		22:09		22:24		22:39		22:54	
Pelaw	21:06	21:13	21:21	21:28	21:36	21:43	21:51	21:58	22:06	22:13	22:21	22:28	22:36	22:43	22:51	22:58	23:06
Heworth	21:08	21:15	21:23	21:30	21:38	21:45	21:53	22:00	22:08	22:15	22:23	22:30	22:38	22:45	22:53	23:00	23:08
Central Station	21:16	21:23	21:31	21:38	21:46	21:53	22:01	22:08	22:16	22:23	22:31	22:38	22:46	22:53	23:01	23:08	23:16
Monument P2	21:18	21:25	21:33	21:40	21:48	21:55	22:03	22:10	22:18	22:25	22:33	22:40	22:48	22:55	23:03	23:10	23:18
South Gosforth	21:27	21:34	21:42	21:49	21:57	22:04	22:12	22:19	22:27	22:34	22:42	22:49	22:57	23:04	23:12	23:19	23:27
Longbenton	21:29	21:36	21:44	21:51	21:59	22:06	22:14	22:21	22:29	22:36	22:44	22:51	22:59	23:06		23:21	23:29
Four Lane Ends	21:31	21:38	21:46	21:53	22:01	22:08	22:16	22:23	22:31	22:38	22:46	22:53	23:01	23:08		23:23	23:31
Benton	21:32	21:39	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09		23:24	23:32
West Monkseaton		21:48		22:03		22:18		22:33		22:48		23:03		23:18		23:33	23:41
Monkseaton		21:50		22:05		22:20		22:35		22:50		23:05		23:20		23:35	23:43
Tynemouth		21:56		22:11		22:26		22:41		22:56		23:11		23:26		23:41	23:49
North Shields		21:59		22:14		22:29		22:44		22:59		23:14		23:29		23:44	23:52
Meadow Well		22:01		22:16		22:31		22:46		23:01		23:16		23:31		23:46	23:54
Percy Main		22:03		22:18		22:33		22:48		23:03		23:18		23:33		23:48	23:56
Howdon		22:05		22:20		22:35		22:50		23:05		23:20		23:35		23:50	23:58
Wallsend		22:09		22:24		22:39		22:54		23:09		23:24		23:39		23:54	00:02
Manors		22:17		22:32		22:47		23:02		23:17		23:32		23:47		00:02	00:10
Monument P4		22:19		22:34		22:49		23:04		23:19		23:34		23:49		00:04	00:12
St James		22:21		22:36		22:51		23:06		23:21		23:36		23:51			

