

Revised Metro timetable Sunday 14 April
No trains between Benton and North Shields

Train times for key stations below

South Hylton-Airport and South Shields-St James

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton											07:06
Park Lane											07:14
Sunderland											07:16
Seaburn											07:21
South Shields									06:59		
Chichester									07:01		
Bede									07:06		
Jarrow									07:09		
Hebburn									07:12		
Pelaw					06:35	06:46		07:05	07:16		07:35
Heworth					06:37	06:48		07:07	07:18		07:37
Central Station					06:44	06:55		07:14	07:25		07:44
Monument					06:46	06:57		07:16	07:27		07:46
South Gosforth					06:55	07:06		07:25	07:36		07:55
Regent Centre	06:06		06:28		06:58			07:28			07:58
Callerton Parkway	06:16		06:38		07:08			07:38			08:08
Airport	06:19		06:41		07:11			07:41			08:11
Longbenton		06:09		06:39		07:09			07:39		
Benton		06:12		06:42		07:12			07:42		
West Monkseaton											
Monkseaton											
North Shields							07:43			08:13	
Percy Main							07:46			08:16	
Howdon							07:48			08:18	
Wallsend							07:53			08:23	
Manors							08:01			08:31	
Monument P4							08:03			08:33	
St James							08:05			08:35	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			07:33			07:58				08:28	
Park Lane			07:41			08:06				08:36	
Sunderland			07:43			08:08				08:38	
Seaburn			07:48			08:13				08:43	
South Shields	07:29			07:59				08:26			
Chichester	07:31			08:01				08:28			
Bede	07:36			08:06				08:34			
Jarrow	07:39			08:09				08:36			
Hebburn	07:42			08:12				08:39			
Pelaw	07:46		08:02	08:16		08:27		08:43		08:57	
Heworth	07:48		08:04	08:18		08:29		08:45		08:59	
Central Station	07:55		08:12	08:25		08:37		08:53		09:07	
Monument	07:57		08:14	08:27		08:39		08:55		09:09	
South Gosforth	08:06		08:23	08:36		08:48		09:04		09:18	
Regent Centre			08:25			08:50	09:05			09:20	09:35
Callerton Parkway			08:36			09:01	09:16			09:31	09:46
Airport			08:39			09:04	09:19			09:34	09:49
Longbenton	08:09			08:39				09:06			
Benton	08:12			08:42				09:12			
West Monkseaton											
Monkseaton											
North Shields		08:43			09:13				09:43		
Percy Main		08:46			09:16				09:46		
Howdon		08:48			09:18				09:48		
Wallsend		08:53			09:23				09:53		
Manors		09:01			09:31				10:01		
Monument P4		09:03			09:33				10:03		
St James		09:05			09:35				10:05		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			08:58				09:28					09:52			10:07
Park Lane			09:06				09:36					10:00			10:15
Sunderland			09:08				09:38					10:02			10:17
Seaburn			09:13				09:43					10:07			10:22
South Shields	08:56				09:26						09:56		10:11		
Chichester	08:58				09:28						09:58		10:13		
Bede	09:04				09:34						10:04		10:19		
Jarrow	09:06				09:36						10:06		10:21		
Hebburn	09:09				09:39						10:09		10:24		
Pelaw	09:13		09:27		09:43		09:57				10:13	10:21	10:28		10:36
Heworth	09:15		09:29		09:45		09:59				10:15	10:23	10:30		10:38
Central Station	09:23		09:37		09:53		10:07				10:23	10:31	10:38		10:46
Monument	09:25		09:39		09:55		10:09				10:25	10:33	10:40		10:48
South Gosforth	09:34		09:48		10:04		10:18				10:34	10:42	10:49		10:57
Regent Centre			09:50	10:05			10:20		10:32			10:44			10:59
Callerton Parkway			10:01	10:16			10:31		10:43			10:55			11:10
Airport			10:04	10:19			10:34		10:46			10:58			11:13
Longbenton	09:36				10:06			10:21			10:36		10:51		
Benton	09:42				10:12			10:27			10:42		10:57		
West Monkseaton															
Monkseaton															
North Shields		10:13					10:38				10:58			11:18	
Percy Main		10:16					10:41				11:01			11:21	
Howdon		10:18					10:43				11:03			11:23	
Wallsend		10:23					10:48				11:08			11:28	
Manors		10:31					10:56				11:16			11:36	
Monument P4		10:33					10:58				11:18			11:38	
St James		10:35					11:00				11:20			11:40	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		10:22			10:37			10:52			11:07		11:22	
Park Lane		10:30			10:45			11:00			11:15		11:30	
Sunderland		10:32			10:47			11:02			11:17		11:32	
Seaburn		10:37			10:52			11:07			11:22		11:37	
South Shields	10:26			10:41			10:56		11:11			11:26		11:41
Chichester	10:28			10:43			10:58		11:13			11:28		11:43
Bede	10:34			10:49			11:04		11:19			11:34		11:49
Jarrow	10:36			10:51			11:06		11:21			11:36		11:51
Hebburn	10:39			10:54			11:09		11:24			11:39		11:54
Pelaw	10:43	10:51		10:58	11:06		11:13	11:21	11:28		11:36	11:43	11:51	11:58
Heworth	10:45	10:53		11:00	11:08		11:15	11:23	11:30		11:38	11:45	11:53	12:00
Central Station	10:53	11:01		11:08	11:16		11:23	11:31	11:38		11:46	11:53	12:01	12:08
Monument	10:55	11:03		11:10	11:18		11:25	11:33	11:40		11:48	11:55	12:03	12:10
South Gosforth	11:04	11:12		11:19	11:27		11:34	11:42	11:49		11:57	12:04	12:12	12:19
Regent Centre		11:14			11:29			11:44			11:59		12:14	
Callerton Parkway		11:25			11:40			11:55			12:10		12:25	
Airport		11:28			11:43			11:58			12:13		12:28	
Longbenton	11:06			11:21			11:36		11:51			12:06		12:21
Benton	11:12			11:27			11:42		11:57			12:12		12:27
West Monkseaton														
Monkseaton														
North Shields			11:38				11:58				12:18			12:38
Percy Main			11:41				12:01				12:21			12:41
Howdon			11:43				12:03				12:23			12:43
Wallsend			11:48				12:08				12:28			12:48
Manors			11:56				12:16				12:36			12:56
Monument P4			11:58				12:18				12:38			12:58
St James			12:00				12:20				12:40			13:00

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	11:37			11:52			12:07		12:22			12:37		12:52
Park Lane	11:45			12:00			12:15		12:30			12:45		13:00
Sunderland	11:47			12:02			12:17		12:32			12:47		13:02
Seaburn	11:52			12:07			12:22		12:37			12:52		13:07
South Shields			11:56		12:11			12:26			12:41			12:56
Chichester			11:58		12:13			12:28			12:43			12:58
Bede			12:04		12:19			12:34			12:49			13:04
Jarrow			12:06		12:21			12:36			12:51			13:06
Hebburn			12:09		12:24			12:39			12:54			13:09
Pelaw	12:06		12:13	12:21	12:28		12:36	12:43	12:51		12:58	13:06		13:13
Heworth	12:08		12:15	12:23	12:30		12:38	12:45	12:53		13:00	13:08		13:15
Central Station	12:16		12:23	12:31	12:38		12:46	12:53	13:01		13:08	13:16		13:23
Monument	12:18		12:25	12:33	12:40		12:48	12:55	13:03		13:10	13:18		13:25
South Gosforth	12:27		12:34	12:42	12:49		12:57	13:04	13:12		13:19	13:27		13:34
Regent Centre	12:29			12:44			12:59		13:14			13:29		13:44
Callerton Parkway	12:40			12:55			13:10		13:25			13:40		13:55
Airport	12:43			12:58			13:13		13:28			13:43		13:58
Longbenton			12:36		12:51			13:06			13:21			13:36
Benton			12:42		12:57			13:12			13:27			13:42
West Monkseaton														
Monkseaton														
North Shields		12:58					13:18			13:38			13:58	
Percy Main		13:01					13:21			13:41			14:01	
Howdon		13:03					13:23			13:43			14:03	
Wallsend		13:08					13:28			13:48			14:08	
Manors		13:16					13:36			13:56			14:16	
Monument P4		13:18					13:38			13:58			14:18	
St James		13:20					13:40			14:00			14:20	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			13:07		13:22			13:37			13:52			14:07	
Park Lane			13:15		13:30			13:45			14:00			14:15	
Sunderland			13:17		13:32			13:47			14:02			14:17	
Seaburn			13:22		13:37			13:52			14:07			14:22	
South Shields	13:11			13:26			13:41			13:56		14:11			14:26
Chichester	13:13			13:28			13:43			13:58		14:13			14:28
Bede	13:19			13:34			13:49			14:04		14:19			14:34
Jarrow	13:21			13:36			13:51			14:06		14:21			14:36
Hebburn	13:24			13:39			13:54			14:09		14:24			14:39
Pelaw	13:28		13:36	13:43	13:51		13:58	14:06		14:13	14:21	14:28		14:36	14:43
Heworth	13:30		13:38	13:45	13:53		14:00	14:08		14:15	14:23	14:30		14:38	14:45
Central Station	13:38		13:46	13:53	14:01		14:08	14:16		14:23	14:31	14:38		14:46	14:53
Monument	13:40		13:48	13:55	14:03		14:10	14:18		14:25	14:33	14:40		14:48	14:55
South Gosforth	13:49		13:57	14:04	14:12		14:19	14:27		14:34	14:42	14:49		14:57	15:04
Regent Centre			13:59		14:14			14:29			14:44			14:59	
Callerton Parkway			14:10		14:25			14:40			14:55			15:10	
Airport			14:13		14:28			14:43			14:58			15:13	
Longbenton	13:51			14:06			14:21			14:36		14:51			15:06
Benton	13:57			14:12			14:27			14:42		14:57			15:12
West Monkseaton															
Monkseaton															
North Shields		14:18					14:38			14:58			15:18		
Percy Main		14:21					14:41			15:01			15:21		
Howdon		14:23					14:43			15:03			15:23		
Wallsend		14:28					14:48			15:08			15:28		
Manors		14:36					14:56			15:16			15:36		
Monument P4		14:38					14:58			15:18			15:38		
St James		14:40				15:00				15:20			15:40		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	14:22			14:37			14:52			15:07		15:22			15:37
Park Lane	14:30			14:45			15:00			15:15		15:30			15:45
Sunderland	14:32			14:47			15:02			15:17		15:32			15:47
Seaburn	14:37			14:52			15:07			15:22		15:37			15:52
South Shields			14:41			14:56		15:11			15:26			15:41	
Chichester			14:43			14:58		15:13			15:28			15:43	
Bede			14:49			15:04		15:19			15:34			15:49	
Jarrow			14:51			15:06		15:21			15:36			15:51	
Hebburn			14:54			15:09		15:24			15:39			15:54	
Pelaw	14:51		14:58	15:06		15:13	15:21	15:28		15:36	15:43	15:51		15:58	16:06
Heworth	14:53		15:00	15:08		15:15	15:23	15:30		15:38	15:45	15:53		16:00	16:08
Central Station	15:01		15:08	15:16		15:23	15:31	15:38		15:46	15:53	16:01		16:08	16:16
Monument	15:03		15:10	15:18		15:25	15:33	15:40		15:48	15:55	16:03		16:10	16:18
South Gosforth	15:12		15:19	15:27		15:34	15:42	15:49		15:57	16:04	16:12		16:19	16:27
Regent Centre	15:14			15:29			15:44			15:59		16:14			16:29
Callerton Parkway	15:25			15:40			15:55			16:10		16:25			16:40
Airport	15:28			15:43			15:58			16:13		16:28			16:43
Longbenton			15:21			15:36		15:51			16:06			16:21	
Benton			15:27			15:42		15:57			16:12			16:27	
West Monkseaton															
Monkseaton															
North Shields		15:38			15:58				16:18				16:38		
Percy Main		15:41			16:01				16:21				16:41		
Howdon		15:43			16:03				16:23				16:43		
Wallsend		15:48			16:08				16:28				16:48		
Manors		15:56			16:16				16:36				16:56		
Monument P4		15:58			16:18				16:38				16:58		
St James		16:00			16:20				16:40				17:00		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			15:52			16:07		16:22			16:37			16:52
Park Lane			16:00			16:15		16:30			16:45			17:00
Sunderland			16:02			16:17		16:32			16:47			17:02
Seaburn			16:07			16:22		16:37			16:52			17:07
South Shields		15:56		16:11			16:26			16:41			16:56	17:11
Chichester		15:58		16:13			16:28			16:43			16:58	17:13
Bede		16:04		16:19			16:34			16:49			17:04	17:19
Jarrow		16:06		16:21			16:36			16:51			17:06	17:21
Hebburn		16:09		16:24			16:39			16:54			17:09	17:24
Pelaw		16:13	16:21	16:28		16:36	16:43	16:51		16:58	17:06		17:13	17:21
Heworth		16:15	16:23	16:30		16:38	16:45	16:53		17:00	17:08		17:15	17:23
Central Station		16:23	16:31	16:38		16:46	16:53	17:01		17:08	17:16		17:23	17:31
Monument		16:25	16:33	16:40		16:48	16:55	17:03		17:10	17:18		17:25	17:33
South Gosforth		16:34	16:42	16:49		16:57	17:04	17:12		17:19	17:27		17:34	17:42
Regent Centre			16:44			16:59		17:14			17:29			17:44
Callerton Parkway			16:55			17:10		17:25			17:40			17:55
Airport			16:58			17:13		17:28			17:43			17:58
Longbenton		16:36		16:51			17:06			17:21			17:36	17:51
Benton		16:42		16:57			17:12			17:27			17:42	17:57
West Monkseaton														
Monkseaton														
North Shields	16:58					17:18				17:38			17:58	
Percy Main	17:01					17:21				17:41			18:01	
Howdon	17:03					17:23				17:43			18:03	
Wallsend	17:08					17:28				17:48			18:08	
Manors	17:16					17:36				17:56			18:16	
Monument P4	17:18					17:38				17:58			18:18	
St James	17:20					17:40				18:00			18:20	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		17:07		17:22			17:37			17:52			18:07	18:22
Park Lane		17:15		17:30			17:45			18:00			18:15	18:30
Sunderland		17:17		17:33			17:47			18:02			18:17	18:32
Seaburn		17:22		17:38			17:52			18:07			18:22	18:37
South Shields			17:26			17:41			17:56		18:11			18:26
Chichester			17:28			17:43			17:58		18:13			18:28
Bede			17:34			17:49			18:04		18:19			18:34
Jarrow			17:36			17:51			18:06		18:21			18:36
Hebburn			17:39			17:54			18:09		18:24			18:39
Pelaw		17:36	17:43	17:51		17:58	18:06		18:13	18:21	18:28		18:36	18:43
Heworth		17:38	17:45	17:53		18:00	18:08		18:15	18:23	18:30		18:38	18:45
Central Station		17:46	17:53	18:01		18:08	18:16		18:23	18:31	18:38		18:46	18:53
Monument		17:48	17:55	18:03		18:10	18:18		18:25	18:33	18:40		18:48	18:55
South Gosforth		17:57	18:04	18:12		18:19	18:27		18:34	18:42	18:49		18:57	19:04
Regent Centre		17:59		18:14			18:29			18:44			18:59	19:14
Callerton Parkway		18:10		18:25			18:40			18:55			19:10	19:25
Airport		18:13		18:28			18:43			18:58			19:13	19:28
Longbenton			18:06			18:21			18:36		18:51			19:06
Benton			18:12			18:27			18:42		18:57			19:12
West Monkseaton														
Monkseaton														
North Shields	18:18					18:38			18:58				19:18	
Percy Main	18:21					18:41			19:01				19:21	
Howdon	18:23					18:43			19:03				19:23	
Wallsend	18:28					18:48			19:08				19:28	
Manors	18:36					18:56			19:16				19:36	
Monument P4	18:38					18:58			19:18				19:38	
St James	18:40					19:00			19:20				19:40	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			18:37			18:52			19:07		19:22			19:37	
Park Lane			18:45			19:00			19:15		19:30			19:45	
Sunderland			18:47			19:02			19:17		19:32			19:47	
Seaburn			18:52			19:07			19:22		19:37			19:52	
South Shields		18:41			18:56		19:11			19:26			19:41		
Chichester		18:43			18:58		19:13			19:28			19:43		
Bede		18:49			19:04		19:19			19:34			19:49		
Jarrow		18:51			19:06		19:21			19:36			19:51		
Hebburn		18:54			19:09		19:24			19:39			19:54		
Pelaw		18:58	19:06		19:13	19:21	19:28		19:36	19:43	19:51		19:58	20:06	
Heworth		19:00	19:08		19:15	19:23	19:30		19:38	19:45	19:53		20:00	20:08	
Central Station		19:08	19:16		19:23	19:31	19:38		19:46	19:53	20:01		20:08	20:16	
Monument		19:10	19:18		19:25	19:33	19:40		19:48	19:55	20:03		20:10	20:18	
South Gosforth		19:19	19:27		19:34	19:42	19:49		19:57	20:04	20:12		20:19	20:27	
Regent Centre			19:29			19:44			19:59		20:14			20:29	
Callerton Parkway			19:40			19:55			20:10		20:25			20:40	
Airport			19:43			19:58			20:13		20:28			20:43	
Longbenton		19:21			19:36		19:51			20:06			20:21		
Benton		19:27			19:42		19:57			20:12			20:27		
West Monkseaton															
Monkseaton															
North Shields	19:38			19:58				20:18				20:38			20:58
Percy Main	19:41			20:01				20:21				20:41			21:01
Howdon	19:43			20:03				20:23				20:43			21:03
Wallsend	19:48			20:08				20:28				20:48			21:08
Manors	19:56			20:16				20:36				20:56			21:16
Monument P4	19:58			20:18				20:38				20:58			21:18
St James	20:00			20:20				20:40				21:00			21:20

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		19:52			20:07		20:22			20:37			20:52	
Park Lane		20:00			20:15		20:30			20:45			21:00	
Sunderland		20:02			20:17		20:33			20:47			21:02	
Seaburn		20:07			20:22		20:38			20:52			21:07	
South Shields	19:56		20:11			20:26			20:41			20:56		21:11
Chichester	19:58		20:13			20:28			20:43			20:58		21:13
Bede	20:04		20:19			20:34			20:49			21:04		21:19
Jarrow	20:06		20:21			20:36			20:51			21:06		21:21
Hebburn	20:09		20:24			20:39			20:54			21:09		21:24
Pelaw	20:13	20:21	20:28		20:36	20:43	20:51		20:58	21:06		21:13	21:21	21:28
Heworth	20:15	20:23	20:30		20:38	20:45	20:53		21:00	21:08		21:15	21:23	21:30
Central Station	20:23	20:31	20:38		20:46	20:53	21:01		21:08	21:16		21:23	21:31	21:38
Monument	20:25	20:33	20:40		20:48	20:55	21:03		21:10	21:18		21:25	21:33	21:40
South Gosforth	20:34	20:42	20:49		20:57	21:04	21:12		21:19	21:27		21:34	21:42	21:49
Regent Centre		20:44			20:59		21:14			21:29			21:44	
Callerton Parkway		20:55			21:10		21:25			21:40			21:55	
Airport		20:58			21:13		21:28			21:43			21:58	
Longbenton	20:36		20:51			21:06			21:21			21:36		21:51
Benton	20:42		20:57			21:12			21:27			21:42		21:57
West Monkseaton														
Monkseaton														
North Shields				21:18				21:38			21:58			22:18
Percy Main				21:21				21:41			22:01			22:21
Howdon				21:23				21:43			22:03			22:23
Wallsend				21:28				21:48			22:08			22:28
Manors				21:36				21:56			22:16			22:36
Monument P4				21:38				21:58			22:18			22:38
St James				21:40				22:00			22:20			22:40

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	21:07		21:22			21:37			21:52			22:07		22:22	
Park Lane	21:15		21:30			21:45			22:00			22:15		22:30	
Sunderland	21:17		21:32			21:47			22:02			22:17		22:32	
Seaburn	21:22		21:37			21:52			22:07			22:22		22:37	
South Shields		21:26			21:41			21:56		22:11			22:26		
Chichester		21:28			21:43			21:58		22:13			22:28		
Bede		21:34			21:49			22:04		22:19			22:34		
Jarrow		21:36			21:51			22:06		22:21			22:36		
Hebburn		21:39			21:54			22:09		22:24			22:39		
Pelaw	21:36	21:43	21:51		21:58	22:06		22:13	22:21	22:28		22:36	22:43	22:51	
Heworth	21:38	21:45	21:53		22:00	22:08		22:15	22:23	22:30		22:38	22:45	22:53	
Central Station	21:46	21:53	22:01		22:08	22:16		22:23	22:31	22:38		22:46	22:53	23:01	
Monument	21:48	21:55	22:03		22:10	22:18		22:25	22:33	22:40		22:48	22:55	23:03	
South Gosforth	21:57	22:04	22:12		22:19	22:27		22:34	22:42	22:49		22:57	23:04	23:12	
Regent Centre	21:59		22:14			22:29			22:44			22:59		23:14	
Callerton Parkway	22:10		22:25			22:40			22:55			23:10		23:25	
Airport	22:13		22:28			22:43			22:58			23:13		23:28	
Longbenton		22:06			22:21			22:36		22:51			23:06		
Benton		22:12			22:27			22:42		22:57			23:12		
West Monkseaton															
Monkseaton															
North Shields				22:38			22:58				23:18				23:38
Percy Main				22:41			23:01				23:21				23:41
Howdon				22:43			23:03				23:23				23:43
Wallsend				22:48			23:08				23:28				23:48
Manors				22:56			23:16				23:36				23:56
Monument P4				22:58			23:18				23:38				23:58
St James				23:00			23:20				23:40				00:00

	Train
South Hylton	23:47
Park Lane	23:55
Sunderland	23:57
Seaburn	00:02
South Shields	
Chichester	
Bede	
Jarrow	
Hebburn	
Pelaw	00:16
Heworth	00:18
Central Station	00:26
Monument	00:28
South Gosforth	00:37
Regent Centre	
Callerton Parkway	
Airport	
Longbenton	
Benton	
West Monkseaton	
Monkseaton	
North Shields	
Percy Main	
Howdon	
Wallsend	
Manors	
Monument P4	
St James	