

**Revised Metro timetable Sunday 14 April**  
**No trains between North Shields and Benton**

Train times for key stations below

**St James-South Shields and Airport-South Hylton**

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James														07:16
Monument P3														07:18
Manors														07:19
Wallsend														07:28
Howdon														07:32
Percy Main														07:34
North Shields														07:38
Monkseaton														
West Monkseaton														
Benton							06:40		07:10		07:40			08:10
Longbenton							06:43		07:13		07:43			08:13
Airport						06:24		06:46		07:16		07:46		
Callerton Parkway						06:26		06:48		07:18		07:48		
Regent Centre		06:09		06:17		06:36		06:58		07:28		07:58		
South Gosforth	06:06	06:12	06:16	06:20	06:36	06:39	06:46	07:01	07:16	07:31	07:46	08:01		08:16
Monument	06:14	06:20	06:24	06:28	06:44	06:48	06:54	07:10	07:24	07:40	07:54	08:10		08:24
Central Station	06:16	06:22	06:26	06:30	06:46	06:49	06:56	07:11	07:26	07:41	07:56	08:11		08:26
Heworth	06:23	06:29	06:33	06:37	06:53	06:57	07:03	07:19	07:33	07:49	08:03	08:19		08:33
Pelaw	06:25	06:31	06:35	06:39	06:55	06:59	07:05	07:21	07:35	07:51	08:05	08:21		08:35
Hebburn			06:39				07:09		07:39		08:09			08:39
Jarrow			06:42				07:12		07:42		08:12			08:42
Bede			06:45				07:15		07:45		08:15			08:45
Chichester			06:50				07:20		07:50		08:20			08:50
South Shields			06:52				07:22		07:52		08:22			08:52
Seaburn		06:44				07:12		07:34		08:04		08:34		
Sunderland		06:51				07:18		07:40		08:10		08:40		
Park Lane		06:52				07:20		07:42		08:12		08:42		
South Hylton		07:01				07:29		07:51		08:21		08:51		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		07:46			08:16					08:46					09:16
Monument P3		07:48			08:18					08:48					09:18
Manors		07:49			08:19					08:49					09:19
Wallsend		07:58			08:28					08:58					09:28
Howdon		08:02			08:32					09:02					09:32
Percy Main		08:04			08:34					09:04					09:34
North Shields		08:08			08:38					09:08					09:38
Monkseaton															
West Monkseaton															
Benton			08:40				09:10					09:40			
Longbenton			08:43				09:13					09:43			
Airport	08:15			08:43				09:08			09:23		09:38		
Callerton Parkway	08:17			08:45				09:10			09:25		09:40		
Regent Centre	08:28			08:55		09:08		09:20			09:35		09:50		
South Gosforth	08:31		08:46	08:58		09:10	09:16	09:23	09:31		09:38	09:46	09:53	10:01	
Monument	08:39		08:54	09:07		09:19	09:24	09:32	09:39		09:47	09:54	10:02	10:09	
Central Station	08:41		08:56	09:08		09:20	09:26	09:33	09:41		09:48	09:56	10:03	10:11	
Heworth	08:48		09:03	09:16		09:28	09:33	09:41	09:48		09:56	10:03	10:11	10:18	
Pelaw	08:50		09:05	09:18		09:30	09:35	09:43	09:50		09:58	10:05	10:13	10:20	
Hebburn			09:09				09:39		09:54			10:09		10:24	
Jarrow			09:12				09:42		09:57			10:12		10:27	
Bede			09:15				09:45		10:00			10:15		10:30	
Chichester			09:20				09:50		10:05			10:20		10:35	
South Shields			09:22				09:52		10:07			10:22		10:37	
Seaburn	09:03			09:31		09:43		09:56			10:11		10:26		
Sunderland	09:10			09:37		09:49		10:02			10:17		10:32		
Park Lane	09:11			09:39		09:51		10:04			10:19		10:34		
South Hylton	09:20			09:48		10:00		10:13			10:28		10:43		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James				09:46					10:11					10:31	
Monument P3				09:48					10:13					10:33	
Manors				09:49					10:14					10:34	
Wallsend				09:58					10:23					10:43	
Howdon				10:02					10:27					10:47	
Percy Main				10:04					10:29					10:49	
North Shields				10:08					10:33					10:53	
Monkseaton															
West Monkseaton															
Benton		10:10			10:25		10:40			10:55		11:10			11:25
Longbenton		10:13			10:28		10:43			10:58		11:13			11:28
Airport	09:53		10:08			10:23		10:38			10:53			11:08	
Callerton Parkway	09:55		10:10			10:25		10:40			10:55			11:10	
Regent Centre	10:05		10:20			10:35		10:50			11:05			11:20	
South Gosforth	10:08	10:16	10:23		10:31	10:38	10:46	10:53		11:01	11:08	11:16		11:23	11:31
Monument	10:17	10:24	10:32		10:39	10:47	10:54	11:02		11:09	11:17	11:24		11:32	11:39
Central Station	10:18	10:26	10:33		10:41	10:48	10:56	11:03		11:11	11:18	11:26		11:33	11:41
Heworth	10:26	10:33	10:41		10:48	10:56	11:03	11:11		11:18	11:26	11:33		11:41	11:48
Pelaw	10:28	10:35	10:43		10:50	10:58	11:05	11:13		11:20	11:28	11:35		11:43	11:50
Hebburn		10:39			10:54		11:09			11:24		11:39			11:54
Jarrow		10:42			10:57		11:12			11:27		11:42			11:57
Bede		10:45			11:00		11:15			11:30		11:45			12:00
Chichester		10:50			11:05		11:20			11:35		11:50			12:05
South Shields		10:52			11:07		11:22			11:37		11:52			12:07
Seaburn	10:41		10:56			11:11		11:26			11:41			11:56	
Sunderland	10:47		11:02			11:17		11:32			11:47			12:02	
Park Lane	10:49		11:04			11:19		11:34			11:49			12:04	
South Hylton	10:58		11:13			11:28		11:43			11:58			12:13	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		10:51			11:11				11:31				11:51	
Monument P3		10:53			11:13				11:33				11:53	
Manors		10:54			11:14				11:34				11:54	
Wallsend		11:03			11:23				11:43				12:03	
Howdon		11:07			11:27				11:47				12:07	
Percy Main		11:09			11:29				11:49				12:09	
North Shields		11:13			11:33				11:53				12:13	
Monkseaton														
West Monkseaton														
Benton			11:40			11:55		12:10			12:25			12:40
Longbenton			11:43			11:58		12:13			12:28			12:43
Airport	11:23			11:38			11:53			12:08		12:23		12:38
Callerton Parkway	11:25			11:40			11:55			12:10		12:25		12:40
Regent Centre	11:35			11:50			12:05			12:20		12:35		12:50
South Gosforth	11:38		11:46	11:53		12:01	12:08	12:16		12:23	12:31	12:38		12:46
Monument	11:47		11:54	12:02		12:09	12:17	12:24		12:32	12:39	12:47		12:54
Central Station	11:48		11:56	12:03		12:11	12:18	12:26		12:33	12:41	12:48		12:56
Heworth	11:56		12:03	12:11		12:18	12:26	12:33		12:41	12:48	12:56		13:03
Pelaw	11:58		12:05	12:13		12:20	12:28	12:35		12:43	12:50	12:58		13:05
Hebburn			12:09			12:24		12:39			12:54			13:09
Jarrow			12:12			12:27		12:42			12:57			13:12
Bede			12:15			12:30		12:45			13:00			13:15
Chichester			12:20			12:35		12:50			13:05			13:20
South Shields			12:22			12:37		12:52			13:07			13:22
Seaburn	12:11			12:26			12:41			12:56		13:11		13:26
Sunderland	12:17			12:32			12:47			13:02		13:17		13:32
Park Lane	12:19			12:34			12:49			13:04		13:19		13:34
South Hylton	12:28			12:43			12:58			13:13		13:28		13:43

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	12:11				12:31				12:51			13:11			
Monument P3	12:13				12:33				12:53			13:13			
Manors	12:14				12:34				12:54			13:14			
Wallsend	12:23				12:43				13:03			13:23			
Howdon	12:27				12:47				13:07			13:27			
Percy Main	12:29				12:49				13:09			13:29			
North Shields	12:33				12:53				13:13			13:33			
Monkseaton															
West Monkseaton															
Benton		12:55		13:10			13:25		13:40			13:55		14:10	
Longbenton		12:58		13:13			13:28		13:43			13:58		14:13	
Airport			12:53			13:08		13:23		13:38			13:53		
Callerton Parkway			12:55			13:10		13:25		13:40			13:55		
Regent Centre			13:05			13:20		13:35		13:50			14:05		
South Gosforth		13:01	13:08	13:16		13:23	13:31	13:38		13:46	13:53		14:01	14:08	14:16
Monument		13:09	13:17	13:24		13:32	13:39	13:47		13:54	14:02		14:09	14:17	14:24
Central Station		13:11	13:18	13:26		13:33	13:41	13:48		13:56	14:03		14:11	14:18	14:26
Heworth		13:18	13:26	13:33		13:41	13:48	13:56		14:03	14:11		14:18	14:26	14:33
Pelaw		13:20	13:28	13:35		13:43	13:50	13:58		14:05	14:13		14:20	14:28	14:35
Hebburn		13:24		13:39			13:54			14:09			14:24		14:39
Jarrow		13:27		13:42			13:57			14:12			14:27		14:42
Bede		13:30		13:45			14:00			14:15			14:30		14:45
Chichester		13:35		13:50			14:05			14:20			14:35		14:50
South Shields		13:37		13:52			14:07			14:22			14:37		14:52
Seaburn			13:41			13:56		14:11			14:26			14:41	
Sunderland			13:47			14:02		14:17			14:32			14:47	
Park Lane			13:49			14:04		14:19			14:34			14:49	
South Hylton			13:58			14:13		14:28			14:43			14:58	

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	13:31				13:51			14:11				14:31		
Monument P3	13:33				13:53			14:13				14:33		
Manors	13:34				13:54			14:14				14:34		
Wallsend	13:43				14:03			14:23				14:43		
Howdon	13:47				14:07			14:27				14:47		
Percy Main	13:49				14:09			14:29				14:49		
North Shields	13:53				14:13			14:33				14:53		
Monkseaton														
West Monkseaton														
Benton			14:25			14:40			14:55		15:10			15:25
Longbenton			14:28			14:43			14:58		15:13			15:28
Airport		14:08		14:23			14:38			14:53			15:08	15:23
Callerton Parkway		14:10		14:25			14:40			14:55			15:10	15:25
Regent Centre		14:20		14:35			14:50			15:05			15:20	15:35
South Gosforth		14:23	14:31	14:38		14:46	14:53		15:01	15:08	15:16		15:23	15:31
Monument		14:32	14:39	14:47		14:54	15:02		15:09	15:17	15:24		15:32	15:39
Central Station		14:33	14:41	14:48		14:56	15:03		15:11	15:18	15:26		15:33	15:41
Heworth		14:41	14:48	14:56		15:03	15:11		15:18	15:26	15:33		15:41	15:48
Pelaw		14:43	14:50	14:58		15:05	15:13		15:20	15:28	15:35		15:43	15:50
Hebburn			14:54			15:09			15:24		15:39			15:54
Jarrow			14:57			15:12			15:27		15:42			15:57
Bede			15:00			15:15			15:30		15:45			16:00
Chichester			15:05			15:20			15:35		15:50			16:05
South Shields			15:07			15:22			15:37		15:52			16:07
Seaburn		14:56		15:11			15:26			15:41			15:56	16:11
Sunderland		15:02		15:17			15:32			15:47			16:02	16:17
Park Lane		15:04		15:19			15:34			15:49			16:04	16:19
South Hylton		15:13		15:28			15:43			15:58			16:13	16:28

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	14:51			15:11				15:31				15:51		16:11
Monument P3	14:53			15:13				15:33				15:53		16:13
Manors	14:54			15:14				15:34				15:54		16:14
Wallsend	15:03			15:23				15:43				16:03		16:23
Howdon	15:07			15:27				15:47				16:07		16:27
Percy Main	15:09			15:29				15:49				16:09		16:29
North Shields	15:13			15:33				15:53				16:13		16:33
Monkseaton														
West Monkseaton														
Benton		15:40			15:55		16:10			16:25			16:40	
Longbenton		15:43			15:58		16:13			16:28			16:43	
Airport			15:38			15:53			16:08		16:23			16:38
Callerton Parkway			15:40			15:55			16:10		16:25			16:40
Regent Centre			15:50			16:05			16:20		16:35			16:50
South Gosforth		15:46	15:53		16:01	16:08	16:16		16:23	16:31	16:38		16:46	16:53
Monument		15:54	16:02		16:09	16:17	16:24		16:32	16:39	16:47		16:54	17:02
Central Station		15:56	16:03		16:11	16:18	16:26		16:33	16:41	16:48		16:56	17:03
Heworth		16:03	16:11		16:18	16:26	16:33		16:41	16:48	16:56		17:03	17:11
Pelaw		16:05	16:13		16:20	16:28	16:35		16:43	16:50	16:58		17:05	17:13
Hebburn		16:09			16:24		16:39			16:54			17:09	
Jarrow		16:12			16:27		16:42			16:57			17:12	
Bede		16:15			16:30		16:45			17:00			17:15	
Chichester		16:20			16:35		16:50			17:05			17:20	
South Shields		16:22			16:37		16:52			17:07			17:22	
Seaburn			16:26			16:41			16:56		17:11			17:26
Sunderland			16:32			16:47			17:02		17:17			17:32
Park Lane			16:34			16:49			17:04		17:19			17:34
South Hylton			16:43			16:58			17:13		17:28			17:43

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James				16:31				16:51			17:11			17:31
Monument P3				16:33				16:53			17:13			17:33
Manors				16:34				16:54			17:14			17:34
Wallsend				16:43				17:03			17:23			17:43
Howdon				16:47				17:07			17:27			17:47
Percy Main				16:49				17:09			17:29			17:49
North Shields				16:53				17:13			17:33			17:53
Monkseaton														
West Monkseaton														
Benton	16:55		17:10			17:25			17:40		17:55		18:10	
Longbenton	16:58		17:13			17:28			17:43		17:58		18:13	
Airport		16:53			17:08		17:23			17:38		17:53		
Callerton Parkway		16:55			17:10		17:25			17:40		17:55		
Regent Centre		17:05			17:20		17:35			17:50		18:05		
South Gosforth	17:01	17:08	17:16		17:23	17:31	17:38		17:46	17:53	18:01	18:08	18:16	
Monument	17:09	17:17	17:24		17:32	17:39	17:47		17:54	18:02	18:09	18:17	18:24	
Central Station	17:11	17:18	17:26		17:33	17:41	17:48		17:56	18:03	18:11	18:18	18:26	
Heworth	17:18	17:26	17:33		17:41	17:48	17:56		18:03	18:11	18:18	18:26	18:33	
Pelaw	17:20	17:28	17:35		17:43	17:50	17:58		18:05	18:13	18:20	18:28	18:35	
Hebburn	17:24		17:39			17:54			18:09		18:24		18:39	
Jarrow	17:27		17:42			17:57			18:12		18:27		18:42	
Bede	17:30		17:45			18:00			18:15		18:30		18:45	
Chichester	17:35		17:50			18:05			18:20		18:35		18:50	
South Shields	17:37		17:52			18:07			18:22		18:37		18:52	
Seaburn		17:41			17:56		18:11			18:26		18:41		
Sunderland		17:47			18:02		18:17			18:32		18:47		
Park Lane		17:49			18:04		18:19			18:34		18:49		
South Hylton		17:58			18:13		18:28			18:43		18:58		



	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James				17:51			18:11				18:31				18:51
Monument P3				17:53			18:13				18:33				18:53
Manors				17:54			18:14				18:34				18:54
Wallsend				18:03			18:23				18:43				19:03
Howdon				18:07			18:27				18:47				19:07
Percy Main				18:09			18:29				18:49				19:09
North Shields				18:13			18:33				18:53				19:13
Monkseaton															
West Monkseaton															
Benton		18:25			18:40			18:55		19:10			19:25		
Longbenton		18:28			18:43			18:58		19:13			19:28		
Airport	18:08		18:23			18:38			18:53		19:08			19:23	
Callerton Parkway	18:10		18:25			18:40			18:55		19:10			19:25	
Regent Centre	18:20		18:35			18:50			19:05		19:20			19:35	
South Gosforth	18:23	18:31	18:38		18:46	18:53		19:01	19:08	19:16	19:23	19:31	19:38		
Monument	18:32	18:39	18:47		18:54	19:02		19:09	19:17	19:24	19:32	19:39	19:47		
Central Station	18:33	18:41	18:48		18:56	19:03		19:11	19:18	19:26	19:33	19:41	19:48	19:56	
Heworth	18:41	18:48	18:56		19:03	19:11		19:18	19:26	19:33	19:41	19:48	19:56		
Pelaw	18:43	18:50	18:58		19:05	19:13		19:20	19:28	19:35	19:43	19:50	19:58		
Hebburn		18:54			19:09			19:24		19:39		19:54			
Jarrow		18:57			19:12			19:27		19:42		19:57			
Bede		19:00			19:15			19:30		19:45		20:00			
Chichester		19:05			19:20			19:35		19:50		20:05			
South Shields		19:07			19:22			19:37		19:52		20:07			
Seaburn	18:56		19:11			19:26			19:41		19:56		20:11		
Sunderland	19:02		19:17			19:32			19:47		20:02		20:17		
Park Lane	19:04		19:19			19:34			19:49		20:04		20:19		
South Hylton	19:13		19:28			19:43			19:58		20:13		20:28		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James			19:11				19:31				19:51			20:11	
Monument P3			19:13				19:33				19:53			20:13	
Manors			19:14				19:34				19:54			20:14	
Wallsend			19:23				19:43				20:03			20:23	
Howdon			19:27				19:47				20:07			20:27	
Percy Main			19:29				19:49				20:09			20:29	
North Shields			19:33				19:53				20:13			20:33	
Monkseaton															
West Monkseaton															
Benton	19:40			19:55		20:10			20:25		20:40				20:55
Longbenton	19:43			19:58		20:13			20:28		20:43				20:58
Airport		19:38			19:53			20:08		20:23			20:38		
Callerton Parkway		19:40			19:55			20:10		20:25			20:40		
Regent Centre		19:50			20:05			20:20		20:35			20:50		
South Gosforth	19:46	19:53		20:01	20:08	20:16		20:23	20:31	20:38		20:46	20:53		21:01
Monument	19:54	20:02		20:09	20:17	20:24		20:32	20:39	20:47		20:54	21:02		21:09
Central Station	19:56	20:03		20:11	20:18	20:26		20:33	20:41	20:48		20:56	21:03	21:03	21:11
Heworth	20:03	20:11		20:18	20:26	20:33		20:41	20:48	20:56		21:03	21:11		21:18
Pelaw	20:05	20:13		20:20	20:28	20:35		20:43	20:50	20:58		21:05	21:13		21:20
Hebburn	20:09			20:24		20:39			20:54			21:09			21:24
Jarrow	20:12			20:27		20:42			20:57			21:12			21:27
Bede	20:15			20:30		20:45			21:00			21:15			21:30
Chichester	20:20			20:35		20:50			21:05			21:20			21:35
South Shields	20:22			20:37		20:52			21:07			21:22			21:37
Seaburn		20:26			20:41			20:56		21:11			21:26		
Sunderland		20:32			20:47			21:02		21:17			21:32		
Park Lane		20:34			20:49			21:04		21:19			21:34		
South Hylton		20:43			20:58			21:13		21:28			21:43		

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James			20:31				20:51			21:11					21:31
Monument P3			20:33				20:53			21:13					21:33
Manors			20:34				20:54			21:14					21:34
Wallsend			20:43				21:03			21:23					21:43
Howdon			20:47				21:07			21:27					21:47
Percy Main			20:49				21:09			21:29					21:49
North Shields			20:53				21:13			21:33					21:53
Monkseaton															
West Monkseaton															
Benton		21:10			21:25			21:40			21:55		22:10		
Longbenton		21:13			21:28			21:43			21:58		22:13		
Airport	20:53			21:08		21:23			21:38			21:53			22:08
Callerton Parkway	20:55			21:10		21:25			21:40			21:55			22:10
Regent Centre	21:05			21:20		21:35			21:50			22:05			22:20
South Gosforth	21:08	21:16		21:23	21:31	21:38		21:46	21:53		22:01	22:08	22:16		22:23
Monument	21:17	21:24		21:32	21:39	21:47		21:54	22:02		22:09	22:17	22:24		22:32
Central Station	21:18	21:26		21:33	21:41	21:48		21:56	22:03		22:11	22:18	22:26		22:33
Heworth	21:26	21:33		21:41	21:48	21:56		22:03	22:11		22:18	22:26	22:33		22:41
Pelaw	21:28	21:35		21:43	21:50	21:58		22:05	22:13		22:20	22:28	22:35		22:43
Hebburn		21:39			21:54			22:09			22:24		22:39		
Jarrow		21:42			21:57			22:12			22:27		22:42		
Bede		21:45			22:00			22:15			22:30		22:45		
Chichester		21:50			22:05			22:20			22:35		22:50		
South Shields		21:52			22:07			22:22			22:37		22:52		
Seaburn	21:41			21:56		22:11			22:26			22:41			22:56
Sunderland	21:47			22:02		22:17			22:32			22:47			23:02
Park Lane	21:49			22:04		22:19			22:34			22:49			23:04
South Hylton	21:58			22:13		22:28			22:43			22:58			23:13



	Train	Train	Train	Train	Train	Train	Train
St James				23:11		23:31	
Monument P3				23:13		23:33	
Manors				23:14		23:34	
Wallsend				23:23		23:43	
Howdon				23:27		23:47	
Percy Main				23:29		23:49	
North Shields				23:33		23:53	
Monkseaton							
West Monkseaton							
Benton		23:52					00:22
Longbenton		23:55					00:25
Airport	23:32		23:47		00:02		
Callerton Parkway	23:34		23:49		00:04		
Regent Centre	23:44		23:59		00:14		
South Gosforth							
Monument							
Central Station							
Heworth							
Pelaw							
Hebburn							
Jarrow							
Bede							
Chichester							
South Shields							
Seaburn							
Sunderland							
Park Lane							
South Hylton							