

Bank holiday Monday 3 January revised Metro timetable

Weekday Metro service, without the additional peak trains.

Train times for key stations only are shown below. For help planning your journey call 0191 20 20 747 (line open Monday-Friday, 9.00am-5.00pm) or use the Live Travel Map at nexus.org.uk

St James-South Shields and South Hylton-Airport

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James															
Monument P3															
Manors															
Wallsend															
Tynemouth														05:36	
Monkseaton														05:42	
West Monkseaton														05:44	
Benton								05:18		05:30		05:42		05:54	
Longbenton								05:21		05:33		05:45		05:57	
Airport													05:38		05:50
Callerton Parkway													05:40		05:52
Regent Centre	04:58		05:04		05:11		05:18		05:30		05:41		05:51		06:03
South Gosforth	05:00	05:03	05:07	05:10	05:13	05:17	05:20	05:24	05:32	05:36	05:43	05:48	05:54	06:00	06:06
Monument	05:09	05:12	05:16	05:19	05:22	05:25	05:29	05:32	05:41	05:44	05:52	05:56	06:02	06:08	06:14
Central Station	05:10	05:13	05:17	05:20	05:23	05:27	05:30	05:34	05:42	05:46	05:53	05:58	06:04	06:10	06:16
Heworth	05:18	05:21	05:25	05:28	05:31	05:34	05:38	05:41	05:50	05:53	06:01	06:05	06:11	06:17	06:23
Pelaw	05:20	05:23	05:27	05:30	05:33	05:36	05:40	05:43	05:52	05:55	06:03	06:07	06:13	06:19	06:25
Hebburn	05:24				05:37			05:48		06:00		06:12		06:24	
Jarrow	05:27				05:40			05:51		06:03		06:15		06:27	
Bede	05:30				05:43			05:53		06:05		06:17		06:29	
Chichester	05:35				05:48			05:59		06:11		06:23		06:35	
South Shields	05:37				05:50			06:01		06:13		06:25		06:37	
Seaburn		05:36	05:40				05:53		06:05		06:16		06:26		06:38
Sunderland		05:42	05:46				05:59		06:11		06:22		06:33		06:45
Park Lane		05:44	05:48				06:01		06:13		06:24		06:34		06:46
South Hylton			05:57				06:10		06:22		06:33		06:43		06:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James							06:00		06:12		06:24		06:36		06:48
Monument P3					05:49		06:01		06:13		06:25		06:37		06:49
Manors					05:51		06:03		06:15		06:27		06:39		06:51
Wallsend					05:59		06:11		06:23		06:35		06:47		06:59
Tynemouth	05:48		06:00		06:12		06:24		06:36		06:48		07:00		07:12
Monkseaton	05:54		06:06		06:18		06:30		06:42		06:54		07:06		07:18
West Monkseaton	05:56		06:08		06:20		06:32		06:44		06:56		07:08		07:20
Benton	06:06		06:18		06:30		06:42		06:54		07:06		07:18		07:30
Longbenton	06:09		06:21		06:33		06:45		06:57		07:09		07:21		07:33
Airport		06:02		06:14		06:26		06:38		06:50		07:02		07:14	
Callerton Parkway		06:04		06:16		06:28		06:40		06:52		07:04		07:16	
Regent Centre		06:15		06:27		06:39		06:51		07:03		07:15		07:27	
South Gosforth	06:12	06:18	06:24	06:30	06:36	06:42	06:48	06:54	07:00	07:06	07:12	07:18	07:24	07:30	07:36
Monument	06:20	06:26	06:32	06:38	06:44	06:50	06:56	07:02	07:08	07:14	07:20	07:26	07:32	07:38	07:44
Central Station	06:22	06:28	06:34	06:40	06:46	06:52	06:58	07:04	07:10	07:16	07:22	07:28	07:34	07:40	07:46
Heworth	06:29	06:35	06:41	06:47	06:53	06:59	07:05	07:11	07:17	07:23	07:29	07:35	07:41	07:47	07:53
Pelaw	06:31	06:37	06:43	06:49	06:55	07:01	07:07	07:13	07:19	07:25	07:31	07:37	07:43	07:49	07:55
Hebburn	06:36		06:48		07:00		07:12		07:24		07:36		07:48		08:00
Jarrow	06:39		06:51		07:03		07:15		07:27		07:39		07:51		08:03
Bede	06:41		06:53		07:05		07:17		07:29		07:41		07:53		08:05
Chichester	06:47		06:59		07:11		07:23		07:35		07:47		07:59		08:11
South Shields	06:49		07:01		07:13		07:25		07:37		07:49		08:01		08:13
Seaburn		06:50		07:02		07:14		07:26		07:38		07:50		08:02	
Sunderland		06:57		07:09		07:21		07:33		07:45		07:57		08:09	
Park Lane		06:58		07:10		07:22		07:34		07:46		07:58		08:10	
South Hylton		07:07		07:19		07:31		07:43		07:55		08:07		08:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		07:00		07:12		07:24		07:36		07:48		08:00		08:12	
Monument P3		07:01		07:13		07:25		07:37		07:49		08:01		08:13	
Manors		07:03		07:15		07:27		07:39		07:51		08:03		08:15	
Wallsend		07:11		07:23		07:35		07:47		07:59		08:11		08:23	
Tynemouth		07:24		07:36		07:48		08:00		08:12		08:24		08:36	
Monkseaton		07:30		07:42		07:54		08:06		08:18		08:30		08:42	
West Monkseaton		07:32		07:44		07:56		08:08		08:20		08:32		08:44	
Benton		07:42		07:54		08:06		08:18		08:30		08:42		08:54	
Longbenton		07:45		07:57		08:09		08:21		08:33		08:45		08:57	
Airport	07:26		07:38		07:50		08:02		08:14		08:26		08:38		08:50
Callerton Parkway	07:28		07:40		07:52		08:04		08:16		08:28		08:40		08:52
Regent Centre	07:39		07:51		08:03		08:15		08:27		08:39		08:51		09:03
South Gosforth	07:42	07:48	07:54	08:00	08:06	08:12	08:18	08:24	08:30	08:36	08:42	08:48	08:54	09:00	09:06
Monument	07:50	07:56	08:02	08:08	08:14	08:20	08:26	08:32	08:38	08:44	08:50	08:56	09:02	09:08	09:14
Central Station	07:52	07:58	08:04	08:10	08:16	08:22	08:28	08:34	08:40	08:46	08:52	08:58	09:04	09:10	09:16
Heworth	07:59	08:05	08:11	08:17	08:23	08:29	08:35	08:41	08:47	08:53	08:59	09:05	09:11	09:17	09:23
Pelaw	08:01	08:07	08:13	08:19	08:25	08:31	08:37	08:43	08:49	08:55	09:01	09:07	09:13	09:19	09:25
Hebburn		08:12		08:24		08:36		08:48		09:00		09:12		09:24	
Jarrow		08:15		08:27		08:39		08:51		09:03		09:15		09:27	
Bede		08:17		08:29		08:41		08:53		09:05		09:17		09:29	
Chichester		08:23		08:35		08:47		08:59		09:11		09:23		09:35	
South Shields		08:25		08:37		08:49		09:01		09:13		09:25		09:37	
Seaburn	08:14		08:26		08:38		08:50		09:02		09:14		09:26		09:38
Sunderland	08:21		08:33		08:45		08:57		09:09		09:21		09:33		09:45
Park Lane	08:22		08:34		08:46		08:58		09:10		09:22		09:34		09:46
South Hylton	08:31		08:43		08:55		09:07		09:19		09:31		09:43		09:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	08:24		08:36		08:48		09:00		09:12		09:24		09:36		09:48
Monument P3	08:25		08:37		08:49		09:01		09:13		09:25		09:37		09:49
Manors	08:27		08:39		08:51		09:03		09:15		09:27		09:39		09:51
Wallsend	08:35		08:47		08:59		09:11		09:23		09:35		09:47		09:59
Tynemouth	08:48		09:00		09:12		09:24		09:36		09:48		10:00		10:12
Monkseaton	08:54		09:06		09:18		09:30		09:42		09:54		10:06		10:18
West Monkseaton	08:56		09:08		09:20		09:32		09:44		09:56		10:08		10:20
Benton	09:06		09:18		09:30		09:42		09:54		10:06		10:18		10:30
Longbenton	09:09		09:21		09:33		09:45		09:57		10:09		10:21		10:33
Airport		09:02		09:14		09:26		09:38		09:50		10:02		10:14	
Callerton Parkway		09:04		09:16		09:28		09:40		09:52		10:04		10:16	
Regent Centre		09:15		09:27		09:39		09:51		10:03		10:15		10:27	
South Gosforth	09:12	09:18	09:24	09:30	09:36	09:42	09:48	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36
Monument	09:20	09:26	09:32	09:38	09:44	09:50	09:56	10:02	10:08	10:14	10:20	10:26	10:32	10:38	10:44
Central Station	09:22	09:28	09:34	09:40	09:46	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40	10:46
Heworth	09:29	09:35	09:41	09:47	09:53	09:59	10:05	10:11	10:17	10:23	10:29	10:35	10:41	10:47	10:53
Pelaw	09:31	09:37	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31	10:37	10:43	10:49	10:55
Hebburn	09:36		09:48		10:00		10:12		10:24		10:36		10:48		11:00
Jarrow	09:39		09:51		10:03		10:15		10:27		10:39		10:51		11:03
Bede	09:41		09:53		10:05		10:17		10:29		10:41		10:53		11:05
Chichester	09:47		09:59		10:11		10:23		10:35		10:47		10:59		11:11
South Shields	09:49		10:01		10:13		10:25		10:37		10:49		11:01		11:13
Seaburn		09:50		10:02		10:14		10:26		10:38		10:50		11:02	
Sunderland		09:57		10:09		10:21		10:33		10:45		10:57		11:09	
Park Lane		09:58		10:10		10:22		10:34		10:46		10:58		11:10	
South Hylton		10:07		10:19		10:31		10:43		10:55		11:07		11:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		10:00		10:12		10:24		10:36		10:48		11:00		11:12	
Monument P3		10:01		10:13		10:25		10:37		10:49		11:01		11:13	
Manors		10:03		10:15		10:27		10:39		10:51		11:03		11:15	
Wallsend		10:11		10:23		10:35		10:47		10:59		11:11		11:23	
Tynemouth		10:24		10:36		10:48		11:00		11:12		11:24		11:36	
Monkseaton		10:30		10:42		10:54		11:06		11:18		11:30		11:42	
West Monkseaton		10:32		10:44		10:56		11:08		11:20		11:32		11:44	
Benton		10:42		10:54		11:06		11:18		11:30		11:42		11:54	
Longbenton		10:45		10:57		11:09		11:21		11:33		11:45		11:57	
Airport	10:26		10:38		10:50		11:02		11:14		11:26		11:38		11:50
Callerton Parkway	10:28		10:40		10:52		11:04		11:16		11:28		11:40		11:52
Regent Centre	10:39		10:51		11:03		11:15		11:27		11:39		11:51		12:03
South Gosforth	10:42	10:48	10:54	11:00	11:06	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06
Monument	10:50	10:56	11:02	11:08	11:14	11:20	11:26	11:32	11:38	11:44	11:50	11:56	12:02	12:08	12:14
Central Station	10:52	10:58	11:04	11:10	11:16	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16
Heworth	10:59	11:05	11:11	11:17	11:23	11:29	11:35	11:41	11:47	11:53	11:59	12:05	12:11	12:17	12:23
Pelaw	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07	12:13	12:19	12:25
Hebburn		11:12		11:24		11:36		11:48		12:00		12:12		12:24	
Jarrow		11:15		11:27		11:39		11:51		12:03		12:15		12:27	
Bede		11:17		11:29		11:41		11:53		12:05		12:17		12:29	
Chichester		11:23		11:35		11:47		11:59		12:11		12:23		12:35	
South Shields		11:25		11:37		11:49		12:01		12:13		12:25		12:37	
Seaburn	11:14		11:26		11:38		11:50		12:02		12:14		12:26		12:38
Sunderland	11:21		11:33		11:45		11:57		12:09		12:21		12:33		12:45
Park Lane	11:22		11:34		11:46		11:58		12:10		12:22		12:34		12:46
South Hylton	11:31		11:43		11:55		12:07		12:19		12:31		12:43		12:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	11:24		11:36		11:48		12:00		12:12		12:24		12:36		12:48
Monument P3	11:25		11:37		11:49		12:01		12:13		12:25		12:37		12:49
Manors	11:27		11:39		11:51		12:03		12:15		12:27		12:39		12:51
Wallsend	11:35		11:47		11:59		12:11		12:23		12:35		12:47		12:59
Tynemouth	11:48		12:00		12:12		12:24		12:36		12:48		13:00		13:12
Monkseaton	11:54		12:06		12:18		12:30		12:42		12:54		13:06		13:18
West Monkseaton	11:56		12:08		12:20		12:32		12:44		12:56		13:08		13:20
Benton	12:06		12:18		12:30		12:42		12:54		13:06		13:18		13:30
Longbenton	12:09		12:21		12:33		12:45		12:57		13:09		13:21		13:33
Airport		12:02		12:14		12:26		12:38		12:50		13:02		13:14	
Callerton Parkway		12:04		12:16		12:28		12:40		12:52		13:04		13:16	
Regent Centre		12:15		12:27		12:39		12:51		13:03		13:15		13:27	
South Gosforth	12:12	12:18	12:24	12:30	12:36	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36
Monument	12:20	12:26	12:32	12:38	12:44	12:50	12:56	13:02	13:08	13:14	13:20	13:26	13:32	13:38	13:44
Central Station	12:22	12:28	12:34	12:40	12:46	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40	13:46
Heworth	12:29	12:35	12:41	12:47	12:53	12:59	13:05	13:11	13:17	13:23	13:29	13:35	13:41	13:47	13:53
Pelaw	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31	13:37	13:43	13:49	13:55
Hebburn	12:36		12:48		13:00		13:12		13:24		13:36		13:48		14:00
Jarrow	12:39		12:51		13:03		13:15		13:27		13:39		13:51		14:03
Bede	12:41		12:53		13:05		13:17		13:29		13:41		13:53		14:05
Chichester	12:47		12:59		13:11		13:23		13:35		13:47		13:59		14:11
South Shields	12:49		13:01		13:13		13:25		13:37		13:49		14:01		14:13
Seaburn		12:50		13:02		13:14		13:26		13:38		13:50		14:02	
Sunderland		12:57		13:09		13:21		13:33		13:45		13:57		14:09	
Park Lane		12:58		13:10		13:22		13:34		13:46		13:58		14:10	
South Hylton		13:07		13:19		13:31		13:43		13:55		14:07		14:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		13:00		13:12		13:24		13:36		13:48		14:00		14:12	
Monument P3		13:01		13:13		13:25		13:37		13:49		14:01		14:13	
Manors		13:03		13:15		13:27		13:39		13:51		14:03		14:15	
Wallsend		13:11		13:23		13:35		13:47		13:59		14:11		14:23	
Tynemouth		13:24		13:36		13:48		14:00		14:12		14:24		14:36	
Monkseaton		13:30		13:42		13:54		14:06		14:18		14:30		14:42	
West Monkseaton		13:32		13:44		13:56		14:08		14:20		14:32		14:44	
Benton		13:42		13:54		14:06		14:18		14:30		14:42		14:54	
Longbenton		13:45		13:57		14:09		14:21		14:33		14:45		14:57	
Airport	13:26		13:38		13:50		14:02		14:14		14:26		14:38		14:50
Callerton Parkway	13:28		13:40		13:52		14:04		14:16		14:28		14:40		14:52
Regent Centre	13:39		13:51		14:03		14:15		14:27		14:39		14:51		15:03
South Gosforth	13:42	13:48	13:54	14:00	14:06	14:12	14:18	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06
Monument	13:50	13:56	14:02	14:08	14:14	14:20	14:26	14:32	14:38	14:44	14:50	14:56	15:02	15:08	15:14
Central Station	13:52	13:58	14:04	14:10	14:16	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:10	15:16
Heworth	13:59	14:05	14:11	14:17	14:23	14:29	14:35	14:41	14:47	14:53	14:59	15:05	15:11	15:17	15:23
Pelaw	14:01	14:07	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:01	15:07	15:13	15:19	15:25
Hebburn		14:12		14:24		14:36		14:48		15:00		15:12		15:24	
Jarrow		14:15		14:27		14:39		14:51		15:03		15:15		15:27	
Bede		14:17		14:29		14:41		14:53		15:05		15:17		15:29	
Chichester		14:23		14:35		14:47		14:59		15:11		15:23		15:35	
South Shields		14:25		14:37		14:49		15:01		15:13		15:25		15:37	
Seaburn	14:14		14:26		14:38		14:50		15:02		15:14		15:26		15:38
Sunderland	14:21		14:33		14:45		14:57		15:09		15:21		15:33		15:45
Park Lane	14:22		14:34		14:46		14:58		15:10		15:22		15:34		15:46
South Hylton	14:31		14:43		14:55		15:07		15:19		15:31		15:43		15:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	14:24		14:36		14:48		15:00		15:12		15:24		15:36		15:48
Monument P3	14:25		14:37		14:49		15:01		15:13		15:25		15:37		15:49
Manors	14:27		14:39		14:51		15:03		15:15		15:27		15:39		15:51
Wallsend	14:35		14:47		14:59		15:11		15:23		15:35		15:47		15:59
Tynemouth	14:48		15:00		15:12		15:24		15:36		15:48		16:00		16:12
Monkseaton	14:54		15:06		15:18		15:30		15:42		15:54		16:06		16:18
West Monkseaton	14:56		15:08		15:20		15:32		15:44		15:56		16:08		16:20
Benton	15:06		15:18		15:30		15:42		15:54		16:06		16:18		16:30
Longbenton	15:09		15:21		15:33		15:45		15:57		16:09		16:21		16:33
Airport		15:02		15:14		15:26		15:38		15:50		16:02		16:14	
Callerton Parkway		15:04		15:16		15:28		15:40		15:52		16:04		16:16	
Regent Centre		15:15		15:27		15:39		15:51		16:03		16:15		16:27	
South Gosforth	15:12	15:18	15:24	15:30	15:36	15:42	15:48	15:54	16:00	16:06	16:12	16:18	16:24	16:30	16:36
Monument	15:20	15:26	15:32	15:38	15:44	15:50	15:56	16:02	16:08	16:14	16:20	16:26	16:32	16:38	16:44
Central Station	15:22	15:28	15:34	15:40	15:46	15:52	15:58	16:04	16:10	16:16	16:22	16:28	16:34	16:40	16:46
Heworth	15:29	15:35	15:41	15:47	15:53	15:59	16:05	16:11	16:17	16:23	16:29	16:35	16:41	16:47	16:53
Pelaw	15:31	15:37	15:43	15:49	15:55	16:01	16:07	16:13	16:19	16:25	16:31	16:37	16:43	16:49	16:55
Hebburn	15:36		15:48		16:00		16:12		16:24		16:36		16:48		17:00
Jarrow	15:39		15:51		16:03		16:15		16:27		16:39		16:51		17:03
Bede	15:41		15:53		16:05		16:17		16:29		16:41		16:53		17:05
Chichester	15:47		15:59		16:11		16:23		16:35		16:47		16:59		17:11
South Shields	15:49		16:01		16:13		16:25		16:37		16:49		17:01		17:13
Seaburn		15:50		16:02		16:14		16:26		16:38		16:50		17:04	
Sunderland		15:57		16:09		16:21		16:33		16:45		16:57		17:10	
Park Lane		15:58		16:10		16:22		16:34		16:46		16:58		17:12	
South Hylton		16:07		16:19		16:31		16:43		16:55		17:07		17:21	

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
St James		16:00		16:12		16:24		16:34		16:46		16:58	17:07		17:14
Monument P3		16:01		16:13		16:25		16:35		16:47		16:59	17:08		17:15
Manors		16:03		16:15		16:27		16:37		16:49		17:01	17:10		17:17
Wallsend		16:11		16:23		16:35		16:45		16:57		17:09	17:18		17:25
Tynemouth		16:24		16:36		16:48		16:58		17:10		17:22	17:31		17:38
Monkseaton		16:30		16:42		16:54		17:04		17:16		17:28	17:37		17:44
West Monkseaton		16:32		16:44		16:56		17:06		17:18		17:30	17:39		17:46
Benton		16:42		16:54		17:06		17:16		17:28		17:40	17:49		17:56
Longbenton		16:45		16:57		17:09		17:19		17:31		17:43	17:52		17:59
Airport	16:26		16:38		16:50		17:02		17:14		17:26			17:39	
Callerton Parkway	16:28		16:40		16:52		17:04		17:16		17:28			17:41	
Regent Centre	16:39		16:51		17:03		17:15		17:27		17:39			17:51	
South Gosforth	16:42	16:48	16:54	17:00	17:06	17:12	17:18	17:22	17:30	17:34	17:42	17:46		17:55	18:02
Monument	16:50	16:56	17:02	17:08	17:14	17:20	17:26	17:30	17:38	17:42	17:50	17:54		18:03	18:09
Central Station	16:52	16:58	17:04	17:10	17:16	17:22	17:28	17:32	17:40	17:44	17:52	17:56		18:04	18:11
Heworth	16:59	17:05	17:11	17:17	17:23	17:29	17:35	17:39	17:47	17:51	17:59	18:03		18:12	18:18
Pelaw	17:01	17:07	17:13	17:19	17:25	17:31	17:37	17:41	17:49	17:53	18:01	18:05		18:14	18:20
Hebburn		17:12		17:24		17:36		17:46		17:58		18:09			18:24
Jarrow		17:15		17:27		17:39		17:49		18:01		18:12			18:27
Bede		17:17		17:29		17:41		17:51		18:03		18:14			18:29
Chichester		17:23		17:35		17:47		17:57		18:09		18:20			18:35
South Shields		17:25		17:37		17:49		17:59		18:12		18:22			18:37
Seaburn	17:14		17:26		17:38		17:50		18:02		18:14			18:27	
Sunderland	17:21		17:33		17:45		17:57		18:09		18:21			18:33	
Park Lane	17:22		17:34		17:46		18:01		18:13		18:22			18:35	
South Hylton	17:31		17:43		17:55		18:10		18:22		18:31			18:44	

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		17:29			17:44		17:59		18:15		18:30		18:45		19:00
Monument P3		17:30			17:45		18:00		18:16		18:31		18:46		19:01
Manors		17:32			17:47		18:02		18:18		18:33		18:48		19:03
Wallsend		17:40			17:55		18:10		18:26		18:41		18:56		19:11
Tynemouth		17:53			18:08		18:23		18:39		18:54		19:09		19:24
Monkseaton		17:59			18:14		18:29		18:45		19:00		19:15		19:30
West Monkseaton		18:01			18:16		18:31		18:46		19:01		19:16		19:31
Benton		18:11			18:26		18:41		18:56		19:11		19:26		19:41
Longbenton		18:14			18:29		18:44		18:59		19:14		19:29		19:44
Airport	17:54		18:09	18:13		18:24		18:39		18:54		19:09		19:24	
Callerton Parkway	17:56		18:11	18:15		18:26		18:41		18:56		19:11		19:26	
Regent Centre	18:06		18:21	18:25		18:36		18:51		19:06		19:21		19:36	
South Gosforth	18:09	18:17	18:24	18:28	18:32	18:39	18:47	18:54	19:02	19:09	19:17	19:24	19:32	19:39	19:47
Monument	18:17	18:24	18:32		18:39	18:47	18:54	19:02	19:09	19:17	19:24	19:32	19:39	19:47	19:54
Central Station	18:18	18:26	18:33		18:41	18:48	18:56	19:03	19:11	19:18	19:26	19:33	19:41	19:48	19:56
Heworth	18:26	18:33	18:41		18:48	18:56	19:03	19:11	19:18	19:26	19:33	19:41	19:48	19:56	20:03
Pelaw	18:28	18:35	18:43		18:50	18:58	19:05	19:13	19:20	19:28	19:35	19:43	19:50	19:58	20:05
Hebburn		18:39			18:54		19:09		19:24		19:39		19:54		20:09
Jarrow		18:42			18:57		19:12		19:27		19:42		19:57		20:12
Bede		18:44			18:59		19:14		19:29		19:44		19:59		20:14
Chichester		18:50			19:05		19:20		19:35		19:50		20:05		20:20
South Shields		18:52			19:07		19:22		19:37		19:52		20:07		20:22
Seaburn	18:41		18:56			19:11		19:26		19:41		19:56		20:11	
Sunderland	18:47		19:02			19:17		19:32		19:47		20:02		20:17	
Park Lane	18:49		19:04			19:19		19:34		19:49		20:04		20:19	
South Hylton	18:58		19:13			19:28		19:43		19:58		20:13		20:28	

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		19:15		19:30		19:45		20:00		20:15		20:30		20:45	
Monument P3		19:16		19:31		19:46		20:01		20:16		20:31		20:46	
Manors		19:18		19:33		19:48		20:03		20:18		20:33		20:48	
Wallsend		19:26		19:41		19:56		20:11		20:26		20:41		20:56	
Tynemouth		19:39		19:54		20:09		20:24		20:39		20:54		21:09	
Monkseaton		19:45		20:00		20:15		20:30		20:45		21:00		21:15	
West Monkseaton		19:46		20:01		20:16		20:31		20:46		21:01		21:16	
Benton		19:56		20:11		20:26		20:41		20:56		21:11		21:26	
Longbenton		19:59		20:14		20:29		20:44		20:59		21:14		21:29	
Airport	19:39		19:54		20:09		20:24		20:39		20:54		21:09		21:24
Callerton Parkway	19:41		19:56		20:11		20:26		20:41		20:56		21:11		21:26
Regent Centre	19:51		20:06		20:21		20:36		20:51		21:06		21:21		21:36
South Gosforth	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:02	21:09	21:17	21:24	21:32	21:39
Monument	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:02	21:09	21:17	21:24	21:32	21:39	21:47
Central Station	20:03	20:11	20:18	20:26	20:33	20:41	20:48	20:56	21:03	21:11	21:18	21:26	21:33	21:41	21:48
Heworth	20:11	20:18	20:26	20:33	20:41	20:48	20:56	21:03	21:11	21:18	21:26	21:33	21:41	21:48	21:56
Pelaw	20:13	20:20	20:28	20:35	20:43	20:50	20:58	21:05	21:13	21:20	21:28	21:35	21:43	21:50	21:58
Hebburn		20:24		20:39		20:54		21:09		21:24		21:39		21:54	
Jarrow		20:27		20:42		20:57		21:12		21:27		21:42		21:57	
Bede		20:29		20:44		20:59		21:14		21:29		21:44		21:59	
Chichester		20:35		20:50		21:05		21:20		21:35		21:50		22:05	
South Shields		20:37		20:52		21:07		21:22		21:37		21:52		22:07	
Seaburn	20:26		20:41		20:56		21:11		21:26		21:41		21:56		22:11
Sunderland	20:32		20:47		21:02		21:17		21:32		21:47		22:02		22:17
Park Lane	20:34		20:49		21:04		21:19		21:34		21:49		22:04		22:19
South Hylton	20:43		20:58		21:13		21:28		21:43		21:58		22:13		22:28

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	21:00		21:15		21:30		21:45		22:00		22:15		22:30		22:45
Monument P3	21:01		21:16		21:31		21:46		22:01		22:16		22:31		22:46
Manors	21:03		21:18		21:33		21:48		22:03		22:18		22:33		22:48
Wallsend	21:11		21:26		21:41		21:56		22:11		22:26		22:41		22:56
Tynemouth	21:24		21:39		21:54		22:09		22:24		22:39		22:54		23:09
Monkseaton	21:30		21:45		22:00		22:15		22:30		22:45		23:00		23:15
West Monkseaton	21:31		21:46		22:01		22:16		22:31		22:46		23:01		23:16
Benton	21:41		21:56		22:11		22:26		22:41		22:56		23:11		23:26
Longbenton	21:44		21:59		22:14		22:29		22:44		22:59		23:14		23:29
Airport		21:39		21:54		22:09		22:24		22:39		22:54		23:09	
Callerton Parkway		21:41		21:56		22:11		22:26		22:41		22:56		23:11	
Regent Centre		21:51		22:06		22:21		22:36		22:51		23:06		23:21	
South Gosforth	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24	23:32
Monument	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24	23:32	23:39
Central Station	21:56	22:03	22:11	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33	23:41
Heworth	22:03	22:11	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33	23:41	23:48
Pelaw	22:05	22:13	22:20	22:28	22:35	22:43	22:50	22:58	23:05	23:13	23:20	23:28	23:35	23:43	23:50
Hebburn	22:09		22:24		22:39		22:54		23:09		23:24		23:39		
Jarrow	22:12		22:27		22:42		22:57		23:12		23:27		23:42		
Bede	22:14		22:29		22:44		22:59		23:14		23:29		23:44		
Chichester	22:20		22:35		22:50		23:05		23:20		23:35		23:50		
South Shields	22:22		22:37		22:52		23:07		23:22		23:37		23:52		
Seaburn		22:26		22:41		22:56		23:11		23:26		23:41			
Sunderland		22:32		22:47		23:02		23:17		23:32		23:47			
Park Lane		22:34		22:49		23:04		23:19		23:34					
South Hylton		22:43		22:58		23:13		23:28		23:43					

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