

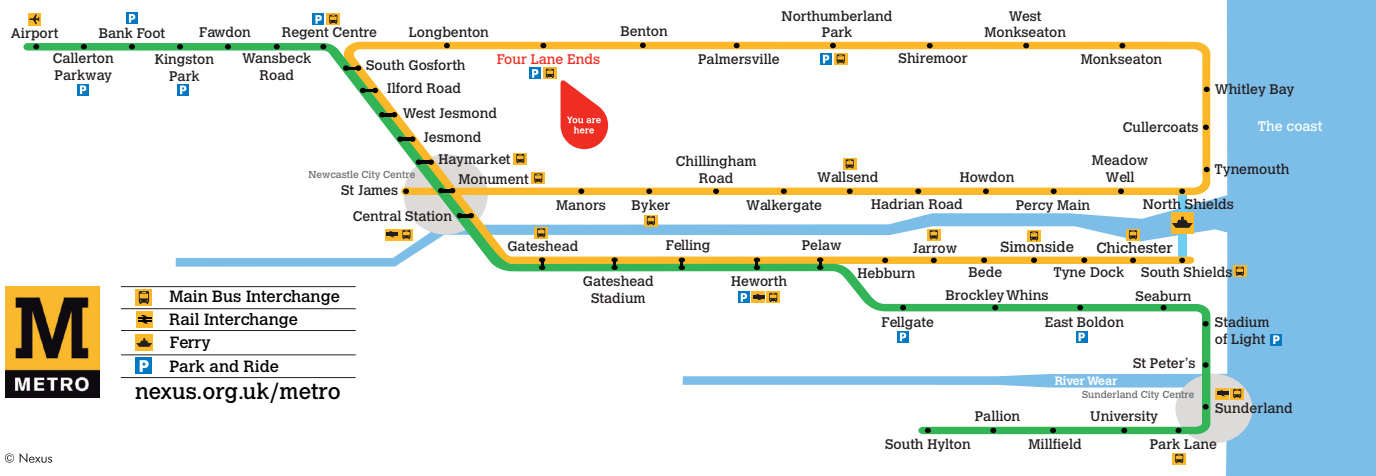
Metro timetable

Four Lane Ends



Platform 1 to South Shields

Valid from 9 December 2012



Platform 1 Four Lane Ends to South Shields

Monday to Friday		05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	00:00
		05:53	06:05	07:00	08:06	09:06							16:06	17:00	18:00	19:00	20:14	21:14	22:14	23:14	00:09
		06:18	07:09	08:09	09:09								16:09	17:09	18:11	19:14	20:29	21:29	22:29	23:29	00:21
		06:34	07:21	08:18	09:12								16:21	17:21	18:21	19:24	20:44	21:44	22:44	23:44	
		06:45	07:30	08:21	09:21								16:24	17:24	18:31	19:30	20:59	21:59	22:59	23:56	
		06:51	07:33	08:30	09:33								16:33	17:33	18:45	19:44					
		06:57	07:42	08:33	09:45								16:36	17:36	18:55	19:59					
			07:45	08:45	09:57								16:45	17:46							
			07:54	08:54									16:48								
			07:57	08:57									16:57								

Saturday		05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	00:00
		05:56	06:30	07:00	08:12									17:09	18:00	19:00	20:14	21:14	22:14	23:14	00:09
			06:44	07:14	08:27									17:21	18:11	19:14	20:29	21:29	22:29	23:29	00:21
				07:29	08:41									17:33	18:21	19:24	20:44	21:44	22:44	23:44	
				07:44	08:56									17:46	18:31	19:30	20:59	21:59	22:59	23:56	
				07:57											18:45	19:44					
																19:59					

Sunday		05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	00:00
No		06:51	07:15	08:15	09:14	10:14														23:14	00:09
Service			07:45	08:44	09:44	10:44														23:29	00:21
						10:59														23:44	
																				23:56	

Journey times from this station	Public holidays	Key
to South Gosforth about 5 minutes	This timetable will change on Public Holidays; for information call at any Nexus Travelshop, phone Traveline or visit our website.	• Terminates at Longbenton
to Haymarket about 11 minutes		▪ Terminates at Pelaw
to Monument about 13 minutes		Please check front of trains for destinations
to Central Station about 14 minutes		
to Gateshead about 16 minutes		
to Heworth about 21 minutes		
to Pelaw about 24 minutes		
to South Shields about 39 minutes		

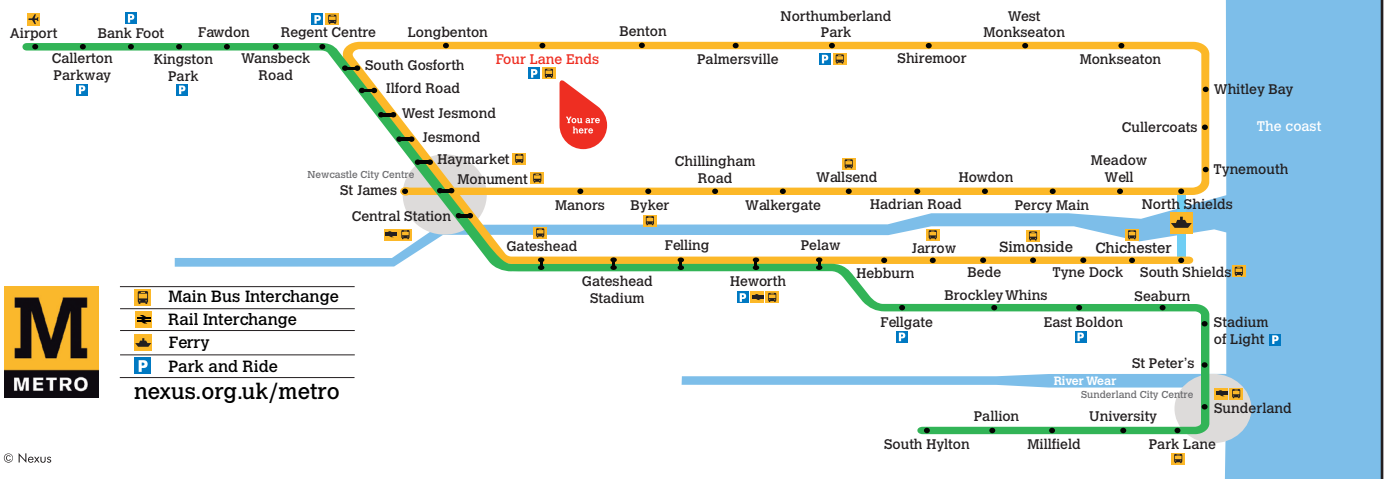
Metro timetable

Four Lane Ends



Platform 2 to St James via the coast

Valid from 9 December 2012



Platform 2 Four Lane Ends to St James via the coast

Monday to Friday

05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	00:00
05:27	06:03	07:03	08:01	09:01	10:01	11:01	12:01	13:01	14:01	15:01	16:01	17:01	18:01	19:08	20:05	21:05	22:05	23:05 [▲]	00:05 [●]
05:37 [■]	06:15	07:09 [▼]	08:13	09:10 [▼]	10:10 [●]	11:13	12:13	13:13	14:13	15:13	16:04 [▼]	17:04 [▼]	18:04 [●]	19:21	20:20	21:20	22:20	23:20 [▲]	00:13 [●]
05:51	06:27	07:15	08:22 [▼]	09:13	10:13	11:25	12:25	13:25	14:25	15:25	16:13	17:13	18:09 [▼]	19:36	20:35	21:35	22:35	23:35 [▲]	00:20 [●]
	06:38	07:19 [▼]	08:25	09:16 [●]	10:25	11:37	12:37	13:37	14:37	15:34 [▼]	16:16 [▼]	17:22	18:11	19:51	20:50	21:50	22:50	23:50 [▲]	00:26 [●]
	06:46	07:22	08:34 [▼]	09:22 [▼]	10:37	11:49	12:49	13:49	14:49	15:37	16:25	17:25	18:14 [●]						00:34 [●]
	06:56 [▼]	07:34 [▼]	08:37	09:25	10:49					15:49	16:29 [▼]	17:37	18:20 [▼]						
		07:37	08:49	09:28 [●]						15:52 [▼]	16:37	17:40 [▼]	18:23						
		07:46 [▼]	08:58 [●]	09:34 [▼]							16:49	17:49	18:32 [▼]						
		07:49		09:37							16:52 [▼]	17:52 [▼]	18:35						
		07:58 [▼]		09:40 [●]									18:45						
				09:49									18:57						
				09:52 [●]															

Saturday

05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	00:00
05:38	06:10	07:04	08:06	09:09	10:00								18:01	19:08	20:05	21:05	22:05	23:05 [▲]	00:05 [●]
05:46 [■]	06:18	07:21	08:24	09:24	10:13								18:11	19:21	20:20	21:20	22:20	23:20 [▲]	00:13 [●]
05:58	06:29	07:35	08:39	09:39	10:25								18:23	19:36	20:35	21:35	22:35	23:35 [▲]	00:20 [●]
	06:49	07:51	08:45	09:50	10:37								18:35	19:51	20:50	21:50	22:50	23:50 [▲]	00:26 [●]
			08:54		10:49								18:45						00:34 [●]
													18:57						

then at 01, 13, 25, 37 & 49 minutes past each hour until

Sunday

05:00	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00	23:00	00:00
No Service	06:16	07:11	08:11	09:11	10:05													23:05 [▲]	00:05 [●]
	06:41	07:41	08:41	09:24	10:35													23:20 [▲]	00:13 [●]
				09:35	10:50													23:35 [▲]	00:20 [●]
				09:50														23:50 [▲]	00:26 [●]
																			00:34 [●]

then at 05, 20, 35 & 50 minutes past each hour until

Journey times from this station		Public holidays	Key
to Whitley Bay	about 14 minutes	This timetable will change on Public Holidays; for information call at any Nexus Travelshop, phone Traveline or visit our website.	● Terminates at Benton
to St James	about 42 minutes		■ Terminates at Tynemouth
			▼ Terminates at Monkseaton
			▲ Terminates at Manors
			Please check front of trains for destinations