

Effective: 28th June 2021

MS: Nightingale Hospital - Heworth (Express Shuttle Service)

MS: From Nightingale Hospital via Washington Road, A19 (Northbound), A184 Newcastle Road to Heworth Interchange.

MS: Return via Heworth Interchange, Shields Road, A184 Newcastle Road, A19 (Southbound), Washington Road, International Drive (Clockwise) to Nightingale Hospital.

Note: During closures of A19 Downhill and Testo's Interchanges, service should operate via Washington Road, Glover Road, A195 Northumberland Way, A195 New Road, A195 Lingey Lane.

**MS
Metro
Shuttle**

Daily

Service			MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS
Nightingale Hospital (dep)	08:07	08:37	09:07	09:37	10:07	10:37	11:07	11:37	12:07	12:37	13:07	13:37	14:07	14:37
Heworth Interchange (Stand D) (arr)	08:17	08:47	09:17	09:47	10:17	10:47	11:17	11:47	12:17	12:47	13:17	13:47	14:17	14:47
Service	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS	MS
Heworth Interchange (Stand D) (dep)	07:20	07:50	08:20	08:50	09:20	09:50	10:20	10:50	11:20	11:50	12:20	12:50	13:20	13:50	14:20	14:50
Nightingale Hospital (arr)	07:30	08:00	08:30	09:00	09:30	10:00	10:30	11:00	11:30	12:00	12:30	13:00	13:30	14:00	14:30	15:00

