

Revised Metro timetable Monday 29 November 2021

Train times for key stations shown below. For help planning your journey call 0191 20 20 747 (line open Monday-Friday, 9.00am-5.00pm) or use the Live Travel Map at nexus.org.uk

South Hylton-Airport and South Shields-St James

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton															
Park Lane													05:48		
Sunderland													05:50		
Seaburn													05:55		
South Shields												05:44		05:56	
Chichester												05:46		05:58	
Bede												05:51		06:03	
Jarrow												05:54		06:06	
Hebburn												05:57		06:09	
Pelaw								05:37	05:45			06:01	06:09	06:13	
Heworth								05:39	05:47			06:03	06:11	06:15	
Central Station								05:46	05:54			06:10	06:18	06:22	
Monument								05:48	05:56			06:12	06:20	06:24	
South Gosforth								05:57	06:05			06:21	06:29	06:33	06:39
Regent Centre		05:18		05:30	05:44			05:56		06:08		06:20		06:32	06:42
Callerton Parkway		05:28		05:40	05:54			06:06		06:18		06:30		06:42	06:52
Airport		05:31		05:43	05:57			06:09		06:21		06:33		06:45	06:55
Longbenton	05:08		05:28			05:45		06:00			06:12		06:24		06:36
Benton	05:11		05:31			05:48		06:03			06:15		06:27		06:39
West Monkseaton	05:20		05:40			05:57		06:12			06:24		06:36		06:48
Monkseaton	05:22		05:42			05:59		06:14			06:26		06:38		06:50
Tynemouth	05:28		05:48			06:05		06:20			06:32		06:44		06:56
Wallsend	05:41		06:01			06:18		06:33			06:45		06:57		07:09
Manors	05:49		06:09			06:26		06:41			06:53		07:05		07:17
Monument P4	05:51		06:11			06:28		06:43			06:55		07:07		07:19
St James	05:53		06:13			06:30		06:45			06:57		07:09		07:21

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		06:02		06:14		06:26		06:38		06:50		07:02		07:14	
Park Lane		06:10		06:22		06:34		06:46		06:58		07:10		07:22	
Sunderland		06:12		06:24		06:36		06:48		07:00		07:12		07:24	
Seaburn		06:17		06:29		06:41		06:53		07:05		07:17		07:29	
South Shields	06:08		06:20		06:32		06:44		06:56		07:08		07:20		07:32
Chichester	06:10		06:22		06:34		06:46		06:58		07:10		07:22		07:34
Bede	06:15		06:27		06:39		06:51		07:03		07:15		07:27		07:39
Jarrow	06:18		06:30		06:42		06:54		07:06		07:18		07:30		07:42
Hebburn	06:21		06:33		06:45		06:57		07:09		07:21		07:33		07:45
Pelaw	06:25	06:31	06:37	06:43	06:49	06:55	07:01	07:07	07:13	07:19	07:25	07:31	07:37	07:43	07:49
Heworth	06:27	06:33	06:39	06:45	06:51	06:57	07:03	07:09	07:15	07:21	07:27	07:33	07:39	07:45	07:51
Central Station	06:34	06:40	06:46	06:52	06:58	07:04	07:10	07:16	07:22	07:28	07:34	07:40	07:46	07:52	07:58
Monument	06:36	06:42	06:48	06:54	07:00	07:06	07:12	07:18	07:24	07:30	07:36	07:42	07:48	07:54	08:00
South Gosforth	06:45	06:51	06:57	07:03	07:09	07:15	07:21	07:27	07:33	07:39	07:45	07:51	07:57	08:03	08:09
Regent Centre		06:54		07:06		07:18		07:30		07:42		07:54		08:06	
Callerton Parkway		07:04		07:16		07:28		07:40		07:52		08:04		08:16	
Airport		07:07		07:19		07:31		07:43		07:55		08:07		08:19	
Longbenton	06:48		07:00		07:12		07:24		07:36		07:48		08:00		08:12
Benton	06:51		07:03		07:15		07:27		07:39		07:51		08:03		08:15
West Monkseaton	07:00		07:12		07:24		07:36		07:48		08:00		08:12		08:24
Monkseaton	07:02		07:14		07:26		07:38		07:50		08:02		08:14		08:26
Tynemouth	07:08		07:20		07:32		07:44		07:56		08:08		08:20		08:32
Wallsend	07:21		07:33		07:45		07:57		08:09		08:21		08:33		08:45
Manors	07:29		07:41		07:53		08:05		08:17		08:29		08:41		08:53
Monument P4	07:31		07:43		07:55		08:07		08:19		08:31		08:43		08:55
St James	07:33		07:45		07:57		08:09		08:21		08:33		08:45		08:57

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	07:26		07:38		07:50		08:02		08:14		08:26		08:38		08:50
Park Lane	07:34		07:46		07:58		08:10		08:22		08:34		08:46		08:58
Sunderland	07:36		07:48		08:00		08:12		08:24		08:36		08:48		09:00
Seaburn	07:41		07:53		08:05		08:17		08:29		08:41		08:53		09:05
South Shields		07:44		07:56		08:08		08:20		08:32		08:44		08:56	
Chichester		07:46		07:58		08:10		08:22		08:34		08:46		08:58	
Bede		07:51		08:03		08:15		08:27		08:39		08:51		09:03	
Jarrow		07:54		08:06		08:18		08:30		08:42		08:54		09:06	
Hebburn		07:57		08:09		08:21		08:33		08:45		08:57		09:09	
Pelaw	07:55	08:01	08:07	08:13	08:19	08:25	08:31	08:37	08:43	08:49	08:55	09:01	09:07	09:13	09:19
Heworth	07:57	08:03	08:09	08:15	08:21	08:27	08:33	08:39	08:45	08:51	08:57	09:03	09:09	09:15	09:21
Central Station	08:04	08:10	08:16	08:22	08:28	08:34	08:40	08:46	08:52	08:58	09:04	09:10	09:16	09:22	09:28
Monument	08:06	08:12	08:18	08:24	08:30	08:36	08:42	08:48	08:54	09:00	09:06	09:12	09:18	09:24	09:30
South Gosforth	08:15	08:21	08:27	08:33	08:39	08:45	08:51	08:57	09:03	09:09	09:15	09:21	09:27	09:33	09:39
Regent Centre	08:18		08:30		08:42		08:54		09:06		09:18		09:30		09:42
Callerton Parkway	08:28		08:40		08:52		09:04		09:16		09:28		09:40		09:52
Airport	08:31		08:43		08:55		09:07		09:19		09:31		09:43		09:55
Longbenton		08:24		08:36		08:48		09:00		09:12		09:24		09:36	
Benton		08:27		08:39		08:51		09:03		09:15		09:27		09:39	
West Monkseaton		08:36		08:48		09:00		09:12		09:24		09:36		09:48	
Monkseaton		08:38		08:50		09:02		09:14		09:26		09:38		09:50	
Tynemouth		08:44		08:56		09:08		09:20		09:32		09:44		09:56	
Wallsend		08:57		09:09		09:21		09:33		09:45		09:57		10:09	
Manors		09:05		09:17		09:29		09:41		09:53		10:05		10:17	
Monument P4		09:07		09:19		09:31		09:43		09:55		10:07		10:19	
St James		09:09		09:21		09:33		09:45		09:57		10:09		10:21	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		09:02		09:14		09:26		09:38		09:50		10:02		10:14	
Park Lane		09:10		09:22		09:34		09:46		09:58		10:10		10:22	
Sunderland		09:12		09:24		09:36		09:48		10:00		10:12		10:24	
Seaburn		09:17		09:29		09:41		09:53		10:05		10:17		10:29	
South Shields	09:08		09:20		09:32		09:44		09:56		10:08		10:20		10:32
Chichester	09:10		09:22		09:34		09:46		09:58		10:10		10:22		10:34
Bede	09:15		09:27		09:39		09:51		10:03		10:15		10:27		10:39
Jarrow	09:18		09:30		09:42		09:54		10:06		10:18		10:30		10:42
Hebburn	09:21		09:33		09:45		09:57		10:09		10:21		10:33		10:45
Pelaw	09:25	09:31	09:37	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31	10:37	10:43	10:49
Heworth	09:27	09:33	09:39	09:45	09:51	09:57	10:03	10:09	10:15	10:21	10:27	10:33	10:39	10:45	10:51
Central Station	09:34	09:40	09:46	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40	10:46	10:52	10:58
Monument	09:36	09:42	09:48	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36	10:42	10:48	10:54	11:00
South Gosforth	09:45	09:51	09:57	10:03	10:09	10:15	10:21	10:27	10:33	10:39	10:45	10:51	10:57	11:03	11:09
Regent Centre		09:54		10:06		10:18		10:30		10:42		10:54		11:06	
Callerton Parkway		10:04		10:16		10:28		10:40		10:52		11:04		11:16	
Airport		10:07		10:19		10:31		10:43		10:55		11:07		11:19	
Longbenton	09:48		10:00		10:12		10:24		10:36		10:48		11:00		11:12
Benton	09:51		10:03		10:15		10:27		10:39		10:51		11:03		11:15
West Monkseaton	10:00		10:12		10:24		10:36		10:48		11:00		11:12		11:24
Monkseaton	10:02		10:14		10:26		10:38		10:50		11:02		11:14		11:26
Tynemouth	10:08		10:20		10:32		10:44		10:56		11:08		11:20		11:32
Wallsend	10:21		10:33		10:45		10:57		11:09		11:21		11:33		11:45
Manors	10:29		10:41		10:53		11:05		11:17		11:29		11:41		11:53
Monument P4	10:31		10:43		10:55		11:07		11:19		11:31		11:43		11:55
St James	10:33		10:45		10:57		11:09		11:21		11:33		11:45		11:57

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	10:26		10:38		10:50		11:02		11:14		11:26		11:38		11:50
Park Lane	10:34		10:46		10:58		11:10		11:22		11:34		11:46		11:58
Sunderland	10:36		10:48		11:00		11:12		11:24		11:36		11:48		12:00
Seaburn	10:41		10:53		11:05		11:17		11:29		11:41		11:53		12:05
South Shields		10:44		10:56		11:08		11:20		11:32		11:44		11:56	
Chichester		10:46		10:58		11:10		11:22		11:34		11:46		11:58	
Bede		10:51		11:03		11:15		11:27		11:39		11:51		12:03	
Jarrow		10:54		11:06		11:18		11:30		11:42		11:54		12:06	
Hebburn		10:57		11:09		11:21		11:33		11:45		11:57		12:09	
Pelaw	10:55	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07	12:13	12:19
Heworth	10:57	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09	12:15	12:21
Central Station	11:04	11:10	11:16	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16	12:22	12:28
Monument	11:06	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06	12:12	12:18	12:24	12:30
South Gosforth	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09	12:15	12:21	12:27	12:33	12:39
Regent Centre	11:18		11:30		11:42		11:54		12:06		12:18		12:30		12:42
Callerton Parkway	11:28		11:40		11:52		12:04		12:16		12:28		12:40		12:52
Airport	11:31		11:43		11:55		12:07		12:19		12:31		12:43		12:55
Longbenton		11:24		11:36		11:48		12:00		12:12		12:24		12:36	
Benton		11:27		11:39		11:51		12:03		12:15		12:27		12:39	
West Monkseaton		11:36		11:48		12:00		12:12		12:24		12:36		12:48	
Monkseaton		11:38		11:50		12:02		12:14		12:26		12:38		12:50	
Tynemouth		11:44		11:56		12:08		12:20		12:32		12:44		12:56	
Wallsend		11:57		12:09		12:21		12:33		12:45		12:57		13:09	
Manors		12:05		12:17		12:29		12:41		12:53		13:05		13:17	
Monument P4		12:07		12:19		12:31		12:43		12:55		13:07		13:19	
St James		12:09		12:21		12:33		12:45		12:57		13:09		13:21	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		12:02		12:14		12:26		12:38		12:50		13:02		13:14	
Park Lane		12:10		12:22		12:34		12:46		12:58		13:10		13:22	
Sunderland		12:12		12:24		12:36		12:48		13:00		13:12		13:24	
Seaburn		12:17		12:29		12:41		12:53		13:05		13:17		13:29	
South Shields	12:08		12:20		12:32		12:44		12:56		13:08		13:20		13:32
Chichester	12:10		12:22		12:34		12:46		12:58		13:10		13:22		13:34
Bede	12:15		12:27		12:39		12:51		13:03		13:15		13:27		13:39
Jarrow	12:18		12:30		12:42		12:54		13:06		13:18		13:30		13:42
Hebburn	12:21		12:33		12:45		12:57		13:09		13:21		13:33		13:45
Pelaw	12:25	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31	13:37	13:43	13:49
Heworth	12:27	12:33	12:39	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39	13:45	13:51
Central Station	12:34	12:40	12:46	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40	13:46	13:52	13:58
Monument	12:36	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36	13:42	13:48	13:54	14:00
South Gosforth	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39	13:45	13:51	13:57	14:03	14:09
Regent Centre		12:54		13:06		13:18		13:30		13:42		13:54		14:06	
Callerton Parkway		13:04		13:16		13:28		13:40		13:52		14:04		14:16	
Airport		13:07		13:19		13:31		13:43		13:55		14:07		14:19	
Longbenton	12:48		13:00		13:12		13:24		13:36		13:48		14:00		14:12
Benton	12:51		13:03		13:15		13:27		13:39		13:51		14:03		14:15
West Monkseaton	13:00		13:12		13:24		13:36		13:48		14:00		14:12		14:24
Monkseaton	13:02		13:14		13:26		13:38		13:50		14:02		14:14		14:26
Tynemouth	13:08		13:20		13:32		13:44		13:56		14:08		14:20		14:32
Wallsend	13:21		13:33		13:45		13:57		14:09		14:21		14:33		14:45
Manors	13:29		13:41		13:53		14:05		14:17		14:29		14:41		14:53
Monument P4	13:31		13:43		13:55		14:07		14:19		14:31		14:43		14:55
St James	13:33		13:45		13:57		14:09		14:21		14:33		14:45		14:57

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	13:26		13:38		13:50		14:02		14:14		14:26		14:38		14:50
Park Lane	13:34		13:46		13:58		14:10		14:22		14:34		14:46		14:58
Sunderland	13:36		13:48		14:00		14:12		14:24		14:36		14:48		15:00
Seaburn	13:41		13:53		14:05		14:17		14:29		14:41		14:53		15:05
South Shields		13:44		13:56		14:08		14:20		14:32		14:44		14:56	
Chichester		13:46		13:58		14:10		14:22		14:34		14:46		14:58	
Bede		13:51		14:03		14:15		14:27		14:39		14:51		15:03	
Jarrow		13:54		14:06		14:18		14:30		14:42		14:54		15:06	
Hebburn		13:57		14:09		14:21		14:33		14:45		14:57		15:09	
Pelaw	13:55	14:01	14:07	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:01	15:07	15:13	15:19
Heworth	13:57	14:03	14:09	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09	15:15	15:21
Central Station	14:04	14:10	14:16	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:10	15:16	15:22	15:28
Monument	14:06	14:12	14:18	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06	15:12	15:18	15:24	15:30
South Gosforth	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09	15:15	15:21	15:27	15:33	15:39
Regent Centre	14:18		14:30		14:42		14:54		15:06		15:18		15:30		15:42
Callerton Parkway	14:28		14:40		14:52		15:04		15:16		15:28		15:40		15:52
Airport	14:31		14:43		14:55		15:07		15:19		15:31		15:43		15:55
Longbenton		14:24		14:36		14:48		15:00		15:12		15:24		15:36	
Benton		14:27		14:39		14:51		15:03		15:15		15:27		15:39	
West Monkseaton		14:36		14:48		15:00		15:12		15:24		15:36		15:48	
Monkseaton		14:38		14:50		15:02		15:14		15:26		15:38		15:50	
Tynemouth		14:44		14:56		15:08		15:20		15:32		15:44		15:56	
Wallsend		14:57		15:09		15:21		15:33		15:45		15:57		16:09	
Manors		15:05		15:17		15:29		15:41		15:53		16:05		16:17	
Monument P4		15:07		15:19		15:31		15:43		15:55		16:07		16:19	
St James		15:09		15:21		15:33		15:45		15:57		16:09		16:21	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		15:02		15:14		15:26		15:38		15:50		16:02		16:14	
Park Lane		15:10		15:22		15:34		15:46		15:58		16:10		16:22	
Sunderland		15:12		15:24		15:36		15:48		16:00		16:12		16:24	
Seaburn		15:17		15:29		15:41		15:53		16:05		16:17		16:29	
South Shields	15:08		15:20		15:32		15:44		15:56		16:08		16:20		16:32
Chichester	15:10		15:22		15:34		15:46		15:58		16:10		16:22		16:34
Bede	15:15		15:27		15:39		15:51		16:03		16:15		16:27		16:39
Jarrow	15:18		15:30		15:42		15:54		16:06		16:18		16:30		16:42
Hebburn	15:21		15:33		15:45		15:57		16:09		16:21		16:33		16:45
Pelaw	15:25	15:31	15:37	15:43	15:49	15:55	16:01	16:07	16:13	16:19	16:25	16:31	16:37	16:43	16:49
Heworth	15:27	15:33	15:39	15:45	15:51	15:57	16:03	16:09	16:15	16:21	16:27	16:33	16:39	16:45	16:51
Central Station	15:34	15:40	15:46	15:52	15:58	16:04	16:10	16:16	16:22	16:28	16:34	16:40	16:46	16:52	16:58
Monument	15:36	15:42	15:48	15:54	16:00	16:06	16:12	16:18	16:24	16:30	16:36	16:42	16:48	16:54	17:00
South Gosforth	15:45	15:51	15:57	16:03	16:09	16:15	16:21	16:27	16:33	16:39	16:45	16:51	16:57	17:03	17:09
Regent Centre		15:54		16:06		16:18		16:30		16:42		16:54		17:06	
Callerton Parkway		16:04		16:16		16:28		16:40		16:52		17:04		17:16	
Airport		16:07		16:19		16:31		16:43		16:55		17:07		17:19	
Longbenton	15:48		16:00		16:12		16:24		16:36		16:48		17:00		17:12
Benton	15:51		16:03		16:15		16:27		16:39		16:51		17:03		17:15
West Monkseaton	16:00		16:12		16:24		16:36		16:48		17:00		17:12		17:24
Monkseaton	16:02		16:14		16:26		16:38		16:50		17:02		17:14		17:26
Tynemouth	16:08		16:20		16:32		16:44		16:56		17:08		17:20		17:32
Wallsend	16:21		16:33		16:45		16:57		17:09		17:21		17:33		17:45
Manors	16:29		16:41		16:53		17:05		17:17		17:29		17:41		17:53
Monument P4	16:31		16:43		16:55		17:07		17:19		17:31		17:43		17:55
St James	16:33		16:45		16:57		17:09		17:21		17:33		17:45		17:57

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	16:26		16:38		16:50		17:02		17:14		17:27		17:39		17:52
Park Lane	16:34		16:46		16:58		17:10		17:22		17:35		17:47		18:00
Sunderland	16:36		16:48		17:00		17:12		17:24		17:37		17:49		18:02
Seaburn	16:41		16:53		17:05		17:17		17:29		17:42		17:54		18:07
South Shields		16:44		16:56		17:08		17:20		17:32		17:44		17:57	
Chichester		16:46		16:58		17:10		17:22		17:34		17:46		17:59	
Bede		16:51		17:03		17:15		17:27		17:39		17:51		18:04	
Jarrow		16:54		17:06		17:18		17:30		17:42		17:54		18:06	
Hebburn		16:57		17:09		17:21		17:33		17:45		17:57		18:09	
Pelaw	16:55	17:01	17:07	17:13	17:19	17:25	17:31	17:37	17:43	17:49	17:55	18:01	18:07	18:13	18:21
Heworth	16:57	17:03	17:09	17:15	17:21	17:27	17:33	17:39	17:45	17:51	17:57	18:03	18:09	18:15	18:23
Central Station	17:04	17:10	17:16	17:22	17:28	17:34	17:40	17:46	17:52	17:58	18:05	18:10	18:17	18:23	18:30
Monument	17:06	17:12	17:18	17:24	17:30	17:36	17:42	17:48	17:54	18:00	18:06	18:12	18:18	18:24	18:32
South Gosforth	17:15	17:21	17:27	17:33	17:39	17:45	17:51	17:57	18:03	18:09	18:15	18:21	18:27	18:33	18:41
Regent Centre	17:18		17:30		17:42		17:54		18:06		18:18		18:30		18:43
Callerton Parkway	17:28		17:40		17:52		18:04		18:16		18:28		18:40		18:53
Airport	17:31		17:43		17:55		18:07		18:19		18:31		18:43		18:56
Longbenton		17:24		17:36		17:48		18:00		18:12		18:23		18:36	
Benton		17:27		17:39		17:51		18:03		18:15		18:26		18:39	
West Monkseaton		17:36		17:48		18:00		18:11		18:23		18:35		18:47	
Monkseaton		17:38		17:50		18:02		18:13		18:25		18:37		18:49	
Tynemouth		17:44		17:56		18:08		18:19		18:31		18:43		18:55	
Wallsend		17:57		18:09		18:21		18:32		18:44		18:56		19:08	
Manors		18:05		18:17		18:29		18:40		18:52		19:04		19:16	
Monument P4		18:07		18:19		18:31		18:42		18:54		19:05		19:18	
St James		18:09		18:21		18:33		18:44		18:56		19:07		19:20	

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		18:07			18:19		18:29	18:37		18:52		19:07		19:22	
Park Lane		18:15			18:30		18:39	18:45		19:00		19:15		19:30	
Sunderland		18:17			18:32		18:41	18:47		19:02		19:17		19:32	
Seaburn		18:22			18:37		18:46	18:52		19:07		19:22		19:37	
South Shields	18:10		18:20	18:26		18:41			18:56		19:11		19:26		19:41
Chichester	18:12		18:22	18:28		18:43			18:58		19:13		19:28		19:43
Bede	18:17		18:27	18:33		18:48			19:03		19:18		19:33		19:48
Jarrow	18:21		18:30	18:36		18:51			19:06		19:21		19:36		19:51
Hebburn	18:24		18:34	18:39		18:54			19:09		19:24		19:39		19:54
Pelaw	18:28	18:36	18:39	18:43	18:51	18:58	19:01	19:06	19:13	19:21	19:28	19:36	19:43	19:51	19:58
Heworth	18:30	18:38	18:41	18:45	18:53	19:00	19:03	19:08	19:15	19:23	19:30	19:38	19:45	19:53	20:00
Central Station	18:37	18:45	18:48	18:52	19:00	19:07	19:10	19:15	19:22	19:30	19:37	19:45	19:52	20:00	20:07
Monument	18:39	18:47	18:50	18:54	19:02	19:09	19:12	19:17	19:24	19:32	19:39	19:47	19:54	20:02	20:09
South Gosforth	18:48	18:56	18:59	19:03	19:11	19:18	19:21	19:26	19:33	19:41	19:48	19:56	20:03	20:11	20:18
Regent Centre		18:58			19:13			19:28		19:43		19:58		20:13	
Callerton Parkway		19:08			19:23			19:38		19:53		20:08		20:23	
Airport		19:11			19:26			19:41		19:56		20:11		20:26	
Longbenton	18:50		19:01	19:05		19:20	19:23		19:35		19:50		20:05		20:20
Benton	18:53		19:04	19:08		19:23	19:26		19:38		19:53		20:08		20:23
West Monkseaton	19:02		19:13	19:17		19:32			19:47		20:02		20:17		20:32
Monkseaton	19:04		19:15	19:19		19:34			19:49		20:04		20:19		20:34
Tynemouth	19:10			19:25		19:40			19:55		20:10		20:25		20:40
Wallsend	19:23			19:38		19:53			20:08		20:23		20:38		20:53
Manors	19:31			19:46		20:01			20:16		20:31		20:46		21:01
Monument P4	19:32			19:47		20:02			20:17		20:32		20:47		21:02
St James	19:34			19:49		20:04			20:19		20:34		20:49		21:04

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	19:37		19:52		20:07		20:23		20:37		20:52		21:07		21:22
Park Lane	19:45		20:00		20:15		20:31		20:45		21:00		21:15		21:30
Sunderland	19:47		20:02		20:17		20:33		20:47		21:02		21:17		21:32
Seaburn	19:52		20:07		20:22		20:38		20:52		21:07		21:22		21:37
South Shields		19:56		20:11		20:26		20:41		20:56		21:11		21:26	
Chichester		19:58		20:13		20:28		20:43		20:58		21:13		21:28	
Bede		20:03		20:18		20:33		20:48		21:03		21:18		21:33	
Jarrow		20:06		20:21		20:36		20:51		21:06		21:21		21:36	
Hebburn		20:09		20:24		20:39		20:54		21:09		21:24		21:39	
Pelaw	20:06	20:13	20:21	20:28	20:36	20:43	20:52	20:58	21:06	21:13	21:21	21:28	21:36	21:43	21:51
Heworth	20:08	20:15	20:23	20:30	20:38	20:45	20:54	21:00	21:08	21:15	21:23	21:30	21:38	21:45	21:53
Central Station	20:15	20:22	20:30	20:37	20:45	20:52	21:01	21:07	21:15	21:22	21:30	21:37	21:45	21:52	22:00
Monument	20:17	20:24	20:32	20:39	20:47	20:54	21:03	21:09	21:17	21:24	21:32	21:39	21:47	21:54	22:02
South Gosforth	20:26	20:33	20:41	20:48	20:56	21:03	21:12	21:18	21:26	21:33	21:41	21:48	21:56	22:03	22:11
Regent Centre	20:28		20:43		20:58		21:14		21:28		21:43		21:58		22:13
Callerton Parkway	20:38		20:53		21:08		21:24		21:38		21:53		22:08		22:23
Airport	20:41		20:56		21:11		21:27		21:41		21:56		22:11		22:26
Longbenton		20:35		20:50		21:05		21:20		21:35		21:50		22:05	
Benton		20:38		20:53		21:08		21:23		21:38		21:53		22:08	
West Monkseaton		20:47		21:02		21:17		21:32		21:47		22:02		22:17	
Monkseaton		20:49		21:04		21:19		21:34		21:49		22:04		22:19	
Tynemouth		20:55		21:10		21:25		21:40		21:55		22:10		22:25	
Wallsend		21:08		21:23		21:38		21:53		22:08		22:23		22:38	
Manors		21:16		21:31		21:46		22:01		22:16		22:31		22:46	
Monument P4		21:17		21:32		21:47		22:02		22:17		22:32		22:47	
St James		21:19		21:34		21:49		22:04		22:19		22:34		22:49	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		21:37		21:52		22:07		22:22		22:37		22:52		23:07	
Park Lane		21:45		22:00		22:15		22:30		22:45		23:00		23:15	
Sunderland		21:47		22:02		22:17		22:32		22:47		23:02		23:17	
Seaburn		21:52		22:07		22:22		22:37		22:52		23:07		23:22	
South Shields	21:41		21:56		22:11		22:26		22:41		22:56		23:11		23:26
Chichester	21:43		21:58		22:13		22:28		22:43		22:58		23:13		23:28
Bede	21:48		22:03		22:18		22:33		22:48		23:03		23:18		23:33
Jarrow	21:51		22:06		22:21		22:36		22:51		23:06		23:21		23:36
Hebburn	21:54		22:09		22:24		22:39		22:54		23:09		23:24		23:39
Pelaw	21:58	22:06	22:13	22:21	22:28	22:36	22:43	22:51	22:58	23:06	23:13	23:21	23:28	23:35	23:43
Heworth	22:00	22:08	22:15	22:23	22:30	22:38	22:45	22:53	23:00	23:08	23:15	23:23	23:30	23:37	23:45
Central Station	22:07	22:15	22:22	22:30	22:37	22:45	22:52	23:00	23:07	23:15	23:22	23:30	23:37	23:45	23:52
Monument	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24	23:32	23:39	23:46	23:54
South Gosforth	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33	23:41	23:48	23:55	00:03
Regent Centre		22:28		22:43		22:58		23:13		23:28		23:43		23:58	
Callerton Parkway		22:38		22:53		23:08		23:23		23:38		23:53			
Airport		22:41		22:56		23:11		23:26		23:41		23:56			
Longbenton	22:20		22:35		22:50		23:05		23:20		23:35		23:50		00:05
Benton	22:23		22:38		22:53		23:08		23:23		23:38		23:53		00:08
West Monkseaton	22:32		22:47		23:02		23:17		23:32		23:47		00:02		
Monkseaton	22:34		22:49		23:04		23:19		23:34		23:49		00:04		
Tynemouth	22:40		22:55		23:10		23:25		23:40		23:55		00:10		
Wallsend	22:53		23:08		23:23		23:38		23:53		00:08		00:23		
Manors	23:01		23:16		23:31		23:46		00:01		00:16		00:31		
Monument P4	23:02		23:17		23:32		23:47		00:02		00:17				
St James	23:04		23:19		23:34		23:49		00:04						

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	Train	Train	Train	Train	Train	Train	Train
South Hylton	23:17		23:32				23:47
Park Lane	23:25		23:40				23:55
Sunderland	23:27		23:42		23:51		23:57
Seaburn	23:32		23:47		23:56		00:02
South Shields		23:41				23:56	
Chichester		23:43				23:58	
Bede		23:48				00:03	
Jarrow		23:51				00:06	
Hebburn		23:54				00:09	
Pelaw	23:46	23:58	00:01	00:05	00:10	00:13	00:16
Heworth	23:48	00:00	00:03	00:07	00:12	00:15	00:18
Central Station	23:55	00:07	00:10	00:15	00:19	00:22	00:25
Monument	23:57	00:09	00:12	00:16	00:21	00:24	00:27
South Gosforth	00:06	00:18	00:21	00:25	00:30	00:33	00:36
Regent Centre			00:23		00:32		00:38
Callerton Parkway							
Airport							
Longbenton		00:20		00:28		00:35	
Benton		00:23		00:31		00:38	
West Monkseaton							
Monkseaton							
Tynemouth							
Wallsend							
Manors							
Monument P4							
St James							