

Revised Metro timetable Monday 29 November 2021

Train times for key stations shown below. For help planning your journey call 0191 20 20 747 (line open Monday-Friday, 9.00am-5.00pm) or use the Live Travel Map at nexus.org.uk

St James-South Shields and Airport-South Hylton

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James															
Monument P3															
Manors															
Wallsend															
Tynemouth														05:36	
Monkseaton														05:42	
West Monkseaton														05:44	
Benton		04:53		04:59		05:05	05:11	05:18		05:30		05:42		05:54	
Longbenton		05:00		05:07		05:14	05:17	05:21		05:33		05:45		05:57	
Airport												05:38		05:50	
Callerton Parkway												05:40		05:52	
Regent Centre	04:57		05:04		05:10				05:29		05:40		05:51		06:03
South Gosforth	05:00	05:03	05:07	05:10	05:13	05:17	05:20	05:24	05:32	05:36	05:43	05:48	05:54	06:00	06:06
Monument	05:09	05:12	05:16	05:19	05:22	05:25	05:29	05:32	05:41	05:44	05:52	05:56	06:02	06:08	06:14
Central Station	05:10	05:13	05:17	05:20	05:23	05:27	05:30	05:34	05:42	05:46	05:53	05:58	06:04	06:10	06:16
Heworth	05:18	05:21	05:25	05:28	05:31	05:34	05:38	05:41	05:50	05:53	06:01	06:05	06:11	06:17	06:23
Pelaw	05:20	05:23	05:27	05:30	05:33	05:36	05:40	05:43	05:52	05:55	06:03	06:07	06:13	06:19	06:25
Hebburn	05:24				05:37			05:48		06:00		06:12		06:24	
Jarrow	05:27				05:40			05:51		06:03		06:15		06:27	
Bede	05:30				05:43			05:53		06:05		06:17		06:29	
Chichester	05:35				05:48			05:59		06:11		06:23		06:35	
South Shields	05:37				05:50			06:01		06:13		06:25		06:37	
Seaburn		05:36	05:40				05:53		06:05		06:16		06:26		06:38
Sunderland		05:42	05:46				05:59		06:11		06:22		06:33		06:45
Park Lane		05:44	05:48				06:01		06:13		06:24		06:34		06:46
South Hylton			05:57				06:10		06:22		06:33		06:43		06:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James							06:00		06:12		06:24		06:36		06:48
Monument P3					05:49		06:01		06:13		06:25		06:37		06:49
Manors					05:51		06:03		06:15		06:27		06:39		06:51
Wallsend					05:59		06:11		06:23		06:35		06:47		06:59
Tynemouth	05:48		06:00		06:12		06:24		06:36		06:48		07:00		07:12
Monkseaton	05:54		06:06		06:18		06:30		06:42		06:54		07:06		07:18
West Monkseaton	05:56		06:08		06:20		06:32		06:44		06:56		07:08		07:20
Benton	06:06		06:18		06:30		06:42		06:54		07:06		07:18		07:30
Longbenton	06:09		06:21		06:33		06:45		06:57		07:09		07:21		07:33
Airport		06:02		06:14		06:26		06:38		06:50		07:02		07:14	
Callerton Parkway		06:04		06:16		06:28		06:40		06:52		07:04		07:16	
Regent Centre		06:15		06:27		06:39		06:51		07:03		07:15		07:27	
South Gosforth	06:12	06:18	06:24	06:30	06:36	06:42	06:48	06:54	07:00	07:06	07:12	07:18	07:24	07:30	07:36
Monument	06:20	06:26	06:32	06:38	06:44	06:50	06:56	07:02	07:08	07:14	07:20	07:26	07:32	07:38	07:44
Central Station	06:22	06:28	06:34	06:40	06:46	06:52	06:58	07:04	07:10	07:16	07:22	07:28	07:34	07:40	07:46
Heworth	06:29	06:35	06:41	06:47	06:53	06:59	07:05	07:11	07:17	07:23	07:29	07:35	07:41	07:47	07:53
Pelaw	06:31	06:37	06:43	06:49	06:55	07:01	07:07	07:13	07:19	07:25	07:31	07:37	07:43	07:49	07:55
Hebburn	06:36		06:48		07:00		07:12		07:24		07:36		07:48		08:00
Jarrow	06:39		06:51		07:03		07:15		07:27		07:39		07:51		08:03
Bede	06:41		06:53		07:05		07:17		07:29		07:41		07:53		08:05
Chichester	06:47		06:59		07:11		07:23		07:35		07:47		07:59		08:11
South Shields	06:49		07:01		07:13		07:25		07:37		07:49		08:01		08:13
Seaburn		06:50		07:02		07:14		07:26		07:38		07:50		08:02	
Sunderland		06:57		07:09		07:21		07:33		07:45		07:57		08:09	
Park Lane		06:58		07:10		07:22		07:34		07:46		07:58		08:10	
South Hylton		07:07		07:19		07:31		07:43		07:55		08:07		08:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
St James		07:00		07:12		07:24		07:36		07:48		08:00		08:12	
Monument P3		07:01		07:13		07:25		07:37		07:49		08:01		08:13	
Manors		07:03		07:15		07:27		07:39		07:51		08:03		08:15	
Wallsend		07:11		07:23		07:35		07:47		07:59		08:11		08:23	
Tynemouth		07:24		07:36		07:48		08:00		08:12		08:24		08:36	
Monkseaton		07:30		07:42		07:54		08:06		08:18		08:30		08:42	
West Monkseaton		07:32		07:44		07:56		08:08		08:20		08:32		08:44	
Benton		07:42		07:54		08:06		08:18		08:30		08:42		08:54	
Longbenton		07:45		07:57		08:09		08:21		08:33		08:45		08:57	
Airport	07:26		07:38		07:50		08:02		08:14		08:26		08:38	08:50	
Callerton Parkway	07:28		07:40		07:52		08:04		08:16		08:28		08:40	08:52	
Regent Centre	07:39		07:51		08:03		08:15		08:27		08:39		08:51	09:03	
South Gosforth	07:42	07:48	07:54	08:00	08:06	08:12	08:18	08:24	08:30	08:36	08:42	08:48	08:54	09:00	09:06
Monument	07:50	07:56	08:02	08:08	08:14	08:20	08:26	08:32	08:38	08:44	08:50	08:56	09:02	09:08	09:14
Central Station	07:52	07:58	08:04	08:10	08:16	08:22	08:28	08:34	08:40	08:46	08:52	08:58	09:04	09:10	09:16
Heworth	07:59	08:05	08:11	08:17	08:23	08:29	08:35	08:41	08:47	08:53	08:59	09:05	09:11	09:17	09:23
Pelaw	08:01	08:07	08:13	08:19	08:25	08:31	08:37	08:43	08:49	08:55	09:01	09:07	09:13	09:19	09:25
Hebburn		08:12		08:24		08:36		08:48		09:00		09:12		09:24	
Jarrow		08:15		08:27		08:39		08:51		09:03		09:15		09:27	
Bede		08:17		08:29		08:41		08:53		09:05		09:17		09:29	
Chichester		08:23		08:35		08:47		08:59		09:11		09:23		09:35	
South Shields		08:25		08:37		08:49		09:01		09:13		09:25		09:37	
Seaburn	08:14		08:26		08:38		08:50		09:02		09:14		09:26	09:38	
Sunderland	08:21		08:33		08:45		08:57		09:09		09:21		09:33	09:45	
Park Lane	08:22		08:34		08:46		08:58		09:10		09:22		09:34	09:46	
South Hylton	08:31		08:43		08:55		09:07		09:19		09:31		09:43	09:55	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	08:24		08:36		08:48		09:00		09:12		09:24		09:36		09:48
Monument P3	08:25		08:37		08:49		09:01		09:13		09:25		09:37		09:49
Manors	08:27		08:39		08:51		09:03		09:15		09:27		09:39		09:51
Wallsend	08:35		08:47		08:59		09:11		09:23		09:35		09:47		09:59
Tynemouth	08:48		09:00		09:12		09:24		09:36		09:48		10:00		10:12
Monkseaton	08:54		09:06		09:18		09:30		09:42		09:54		10:06		10:18
West Monkseaton	08:56		09:08		09:20		09:32		09:44		09:56		10:08		10:20
Benton	09:06		09:18		09:30		09:42		09:54		10:06		10:18		10:30
Longbenton	09:09		09:21		09:33		09:45		09:57		10:09		10:21		10:33
Airport		09:02		09:14		09:26		09:38		09:50		10:02		10:14	
Callerton Parkway		09:04		09:16		09:28		09:40		09:52		10:04		10:16	
Regent Centre		09:15		09:27		09:39		09:51		10:03		10:15		10:27	
South Gosforth	09:12	09:18	09:24	09:30	09:36	09:42	09:48	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36
Monument	09:20	09:26	09:32	09:38	09:44	09:50	09:56	10:02	10:08	10:14	10:20	10:26	10:32	10:38	10:44
Central Station	09:22	09:28	09:34	09:40	09:46	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40	10:46
Heworth	09:29	09:35	09:41	09:47	09:53	09:59	10:05	10:11	10:17	10:23	10:29	10:35	10:41	10:47	10:53
Pelaw	09:31	09:37	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31	10:37	10:43	10:49	10:55
Hebburn	09:36		09:48		10:00		10:12		10:24		10:36		10:48		11:00
Jarrow	09:39		09:51		10:03		10:15		10:27		10:39		10:51		11:03
Bede	09:41		09:53		10:05		10:17		10:29		10:41		10:53		11:05
Chichester	09:47		09:59		10:11		10:23		10:35		10:47		10:59		11:11
South Shields	09:49		10:01		10:13		10:25		10:37		10:49		11:01		11:13
Seaburn		09:50		10:02		10:14		10:26		10:38		10:50		11:02	
Sunderland		09:57		10:09		10:21		10:33		10:45		10:57		11:09	
Park Lane		09:58		10:10		10:22		10:34		10:46		10:58		11:10	
South Hylton		10:07		10:19		10:31		10:43		10:55		11:07		11:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
St James		10:00		10:12		10:24		10:36		10:48		11:00		11:12	
Monument P3		10:01		10:13		10:25		10:37		10:49		11:01		11:13	
Manors		10:03		10:15		10:27		10:39		10:51		11:03		11:15	
Wallsend		10:11		10:23		10:35		10:47		10:59		11:11		11:23	
Tynemouth		10:24		10:36		10:48		11:00		11:12		11:24		11:36	
Monkseaton		10:30		10:42		10:54		11:06		11:18		11:30		11:42	
West Monkseaton		10:32		10:44		10:56		11:08		11:20		11:32		11:44	
Benton		10:42		10:54		11:06		11:18		11:30		11:42		11:54	
Longbenton		10:45		10:57		11:09		11:21		11:33		11:45		11:57	
Airport	10:26		10:38		10:50		11:02		11:14		11:26		11:38	11:50	
Callerton Parkway	10:28		10:40		10:52		11:04		11:16		11:28		11:40	11:52	
Regent Centre	10:39		10:51		11:03		11:15		11:27		11:39		11:51	12:03	
South Gosforth	10:42	10:48	10:54	11:00	11:06	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06
Monument	10:50	10:56	11:02	11:08	11:14	11:20	11:26	11:32	11:38	11:44	11:50	11:56	12:02	12:08	12:14
Central Station	10:52	10:58	11:04	11:10	11:16	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16
Heworth	10:59	11:05	11:11	11:17	11:23	11:29	11:35	11:41	11:47	11:53	11:59	12:05	12:11	12:17	12:23
Pelaw	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07	12:13	12:19	12:25
Hebburn		11:12		11:24		11:36		11:48		12:00		12:12		12:24	
Jarrow		11:15		11:27		11:39		11:51		12:03		12:15		12:27	
Bede		11:17		11:29		11:41		11:53		12:05		12:17		12:29	
Chichester		11:23		11:35		11:47		11:59		12:11		12:23		12:35	
South Shields		11:25		11:37		11:49		12:01		12:13		12:25		12:37	
Seaburn	11:14		11:26		11:38		11:50		12:02		12:14		12:26	12:38	
Sunderland	11:21		11:33		11:45		11:57		12:09		12:21		12:33	12:45	
Park Lane	11:22		11:34		11:46		11:58		12:10		12:22		12:34	12:46	
South Hylton	11:31		11:43		11:55		12:07		12:19		12:31		12:43	12:55	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	11:24		11:36		11:48		12:00		12:12		12:24		12:36		12:48
Monument P3	11:25		11:37		11:49		12:01		12:13		12:25		12:37		12:49
Manors	11:27		11:39		11:51		12:03		12:15		12:27		12:39		12:51
Wallsend	11:35		11:47		11:59		12:11		12:23		12:35		12:47		12:59
Tynemouth	11:48		12:00		12:12		12:24		12:36		12:48		13:00		13:12
Monkseaton	11:54		12:06		12:18		12:30		12:42		12:54		13:06		13:18
West Monkseaton	11:56		12:08		12:20		12:32		12:44		12:56		13:08		13:20
Benton	12:06		12:18		12:30		12:42		12:54		13:06		13:18		13:30
Longbenton	12:09		12:21		12:33		12:45		12:57		13:09		13:21		13:33
Airport		12:02		12:14		12:26		12:38		12:50		13:02		13:14	
Callerton Parkway		12:04		12:16		12:28		12:40		12:52		13:04		13:16	
Regent Centre		12:15		12:27		12:39		12:51		13:03		13:15		13:27	
South Gosforth	12:12	12:18	12:24	12:30	12:36	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36
Monument	12:20	12:26	12:32	12:38	12:44	12:50	12:56	13:02	13:08	13:14	13:20	13:26	13:32	13:38	13:44
Central Station	12:22	12:28	12:34	12:40	12:46	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40	13:46
Heworth	12:29	12:35	12:41	12:47	12:53	12:59	13:05	13:11	13:17	13:23	13:29	13:35	13:41	13:47	13:53
Pelaw	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31	13:37	13:43	13:49	13:55
Hebburn	12:36		12:48		13:00		13:12		13:24		13:36		13:48		14:00
Jarrow	12:39		12:51		13:03		13:15		13:27		13:39		13:51		14:03
Bede	12:41		12:53		13:05		13:17		13:29		13:41		13:53		14:05
Chichester	12:47		12:59		13:11		13:23		13:35		13:47		13:59		14:11
South Shields	12:49		13:01		13:13		13:25		13:37		13:49		14:01		14:13
Seaburn		12:50		13:02		13:14		13:26		13:38		13:50		14:02	
Sunderland		12:57		13:09		13:21		13:33		13:45		13:57		14:09	
Park Lane		12:58		13:10		13:22		13:34		13:46		13:58		14:10	
South Hylton		13:07		13:19		13:31		13:43		13:55		14:07		14:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
St James		13:00		13:12		13:24		13:36		13:48		14:00		14:12	
Monument P3		13:01		13:13		13:25		13:37		13:49		14:01		14:13	
Manors		13:03		13:15		13:27		13:39		13:51		14:03		14:15	
Wallsend		13:11		13:23		13:35		13:47		13:59		14:11		14:23	
Tynemouth		13:24		13:36		13:48		14:00		14:12		14:24		14:36	
Monkseaton		13:30		13:42		13:54		14:06		14:18		14:30		14:42	
West Monkseaton		13:32		13:44		13:56		14:08		14:20		14:32		14:44	
Benton		13:42		13:54		14:06		14:18		14:30		14:42		14:54	
Longbenton		13:45		13:57		14:09		14:21		14:33		14:45		14:57	
Airport	13:26		13:38		13:50		14:02		14:14		14:26		14:38	14:50	
Callerton Parkway	13:28		13:40		13:52		14:04		14:16		14:28		14:40	14:52	
Regent Centre	13:39		13:51		14:03		14:15		14:27		14:39		14:51	15:03	
South Gosforth	13:42	13:48	13:54	14:00	14:06	14:12	14:18	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06
Monument	13:50	13:56	14:02	14:08	14:14	14:20	14:26	14:32	14:38	14:44	14:50	14:56	15:02	15:08	15:14
Central Station	13:52	13:58	14:04	14:10	14:16	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:10	15:16
Heworth	13:59	14:05	14:11	14:17	14:23	14:29	14:35	14:41	14:47	14:53	14:59	15:05	15:11	15:17	15:23
Pelaw	14:01	14:07	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:01	15:07	15:13	15:19	15:25
Hebburn		14:12		14:24		14:36		14:48		15:00		15:12		15:24	
Jarrow		14:15		14:27		14:39		14:51		15:03		15:15		15:27	
Bede		14:17		14:29		14:41		14:53		15:05		15:17		15:29	
Chichester		14:23		14:35		14:47		14:59		15:11		15:23		15:35	
South Shields		14:25		14:37		14:49		15:01		15:13		15:25		15:37	
Seaburn	14:14		14:26		14:38		14:50		15:02		15:14		15:26	15:38	
Sunderland	14:21		14:33		14:45		14:57		15:09		15:21		15:33	15:45	
Park Lane	14:22		14:34		14:46		14:58		15:10		15:22		15:34	15:46	
South Hylton	14:31		14:43		14:55		15:07		15:19		15:31		15:43	15:55	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	14:24		14:36		14:48		15:00		15:12		15:24		15:36		15:48
Monument P3	14:25		14:37		14:49		15:01		15:13		15:25		15:37		15:49
Manors	14:27		14:39		14:51		15:03		15:15		15:27		15:39		15:51
Wallsend	14:35		14:47		14:59		15:11		15:23		15:35		15:47		15:59
Tynemouth	14:48		15:00		15:12		15:24		15:36		15:48		16:00		16:12
Monkseaton	14:54		15:06		15:18		15:30		15:42		15:54		16:06		16:18
West Monkseaton	14:56		15:08		15:20		15:32		15:44		15:56		16:08		16:20
Benton	15:06		15:18		15:30		15:42		15:54		16:06		16:18		16:30
Longbenton	15:09		15:21		15:33		15:45		15:57		16:09		16:21		16:33
Airport		15:02		15:14		15:26		15:38		15:50		16:02		16:14	
Callerton Parkway		15:04		15:16		15:28		15:40		15:52		16:04		16:16	
Regent Centre		15:15		15:27		15:39		15:51		16:03		16:15		16:27	
South Gosforth	15:12	15:18	15:24	15:30	15:36	15:42	15:48	15:54	16:00	16:06	16:12	16:18	16:24	16:30	16:36
Monument	15:20	15:26	15:32	15:38	15:44	15:50	15:56	16:02	16:08	16:14	16:20	16:26	16:32	16:38	16:44
Central Station	15:22	15:28	15:34	15:40	15:46	15:52	15:58	16:04	16:10	16:16	16:22	16:28	16:34	16:40	16:46
Heworth	15:29	15:35	15:41	15:47	15:53	15:59	16:05	16:11	16:17	16:23	16:29	16:35	16:41	16:47	16:53
Pelaw	15:31	15:37	15:43	15:49	15:55	16:01	16:07	16:13	16:19	16:25	16:31	16:37	16:43	16:49	16:55
Hebburn	15:36		15:48		16:00		16:12		16:24		16:36		16:48		17:00
Jarrow	15:39		15:51		16:03		16:15		16:27		16:39		16:51		17:03
Bede	15:41		15:53		16:05		16:17		16:29		16:41		16:53		17:05
Chichester	15:47		15:59		16:11		16:23		16:35		16:47		16:59		17:11
South Shields	15:49		16:01		16:13		16:25		16:37		16:49		17:01		17:13
Seaburn		15:50		16:02		16:14		16:26		16:38		16:50		17:04	
Sunderland		15:57		16:09		16:21		16:33		16:45		16:57		17:10	
Park Lane		15:58		16:10		16:22		16:34		16:46		16:58		17:12	
South Hylton		16:07		16:19		16:31		16:43		16:55		17:07		17:21	

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		16:00		16:12		16:24		16:34		16:46		16:58	17:07		17:14
Monument P3		16:01		16:13		16:25		16:35		16:47		16:59	17:08		17:15
Manors		16:03		16:15		16:27		16:37		16:49		17:01	17:10		17:17
Wallsend		16:11		16:23		16:35		16:45		16:57		17:09	17:18		17:25
Tynemouth		16:24		16:36		16:48		16:58		17:10		17:22	17:31		17:38
Monkseaton		16:30		16:42		16:54		17:04		17:16		17:28	17:37		17:44
West Monkseaton		16:32		16:44		16:56		17:06		17:18		17:30	17:39		17:46
Benton		16:42		16:54		17:06		17:16		17:28		17:40	17:49		17:56
Longbenton		16:45		16:57		17:09		17:19		17:31		17:43	17:52		17:59
Airport	16:26		16:38		16:50		17:02		17:14		17:26			17:39	
Callerton Parkway	16:28		16:40		16:52		17:04		17:16		17:28			17:41	
Regent Centre	16:39		16:51		17:03		17:15		17:27		17:39			17:51	
South Gosforth	16:42	16:48	16:54	17:00	17:06	17:12	17:18	17:22	17:30	17:34	17:42	17:46		17:55	18:02
Monument	16:50	16:56	17:02	17:08	17:14	17:20	17:26	17:30	17:38	17:42	17:50	17:54		18:03	18:09
Central Station	16:52	16:58	17:04	17:10	17:16	17:22	17:28	17:32	17:40	17:44	17:52	17:56		18:04	18:11
Heworth	16:59	17:05	17:11	17:17	17:23	17:29	17:35	17:39	17:47	17:51	17:59	18:03		18:12	18:18
Pelaw	17:01	17:07	17:13	17:19	17:25	17:31	17:37	17:41	17:49	17:53	18:01	18:05		18:14	18:20
Hebburn		17:12		17:24		17:36		17:46		17:58		18:09			18:24
Jarrow		17:15		17:27		17:39		17:49		18:01		18:12			18:27
Bede		17:17		17:29		17:41		17:51		18:03		18:14			18:29
Chichester		17:23		17:35		17:47		17:57		18:09		18:20			18:35
South Shields		17:25		17:37		17:49		17:59		18:12		18:22			18:37
Seaburn	17:14		17:26		17:38		17:50		18:02		18:14			18:27	
Sunderland	17:21		17:33		17:45		17:57		18:09		18:21			18:33	
Park Lane	17:22		17:34		17:46		18:01		18:13		18:22			18:35	
South Hylton	17:31		17:43		17:55		18:10		18:22		18:31			18:44	

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		17:29			17:44		17:59	18:04		18:15		18:30		18:45	
Monument P3		17:30			17:45		18:00	18:05		18:16		18:31		18:46	
Manors		17:32			17:47		18:02	18:07		18:18		18:33		18:48	
Wallsend		17:40			17:55		18:10	18:15		18:26		18:41		18:56	
Tynemouth		17:53			18:08		18:23	18:28		18:39		18:54		19:09	
Monkseaton		17:59			18:14		18:29	18:34		18:45		19:00		19:15	
West Monkseaton		18:01			18:16		18:31	18:35		18:46		19:01		19:16	
Benton		18:11			18:26		18:41	18:45		18:56		19:11		19:26	
Longbenton		18:14			18:29		18:44	18:48		18:59		19:14		19:29	
Airport	17:54		18:09	18:13		18:24			18:39		18:54		19:09		19:24
Callerton Parkway	17:56		18:11	18:15		18:26			18:41		18:56		19:11		19:26
Regent Centre	18:06		18:21	18:25		18:36			18:51		19:06		19:21		19:36
South Gosforth	18:09	18:17	18:24	18:28	18:32	18:39	18:47		18:54	19:02	19:09	19:17	19:24	19:32	19:39
Monument	18:17	18:24	18:32		18:39	18:47	18:54		19:02	19:09	19:17	19:24	19:32	19:39	19:47
Central Station	18:18	18:26	18:33		18:41	18:48	18:56		19:03	19:11	19:18	19:26	19:33	19:41	19:48
Heworth	18:26	18:33	18:41		18:48	18:56	19:03		19:11	19:18	19:26	19:33	19:41	19:48	19:56
Pelaw	18:28	18:35	18:43		18:50	18:58	19:05		19:13	19:20	19:28	19:35	19:43	19:50	19:58
Hebburn		18:39			18:54		19:09			19:24		19:39		19:54	
Jarrow		18:42			18:57		19:12			19:27		19:42		19:57	
Bede		18:44			18:59		19:14			19:29		19:44		19:59	
Chichester		18:50			19:05		19:20			19:35		19:50		20:05	
South Shields		18:52			19:07		19:22			19:37		19:52		20:07	
Seaburn	18:41		18:56			19:11			19:26		19:41		19:56		20:11
Sunderland	18:47		19:02			19:17			19:32		19:47		20:02		20:17
Park Lane	18:49		19:04			19:19			19:34		19:49		20:04		20:19
South Hylton	18:58		19:13			19:28			19:43		19:58		20:13		20:28

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	19:00		19:15		19:30		19:45		20:00		20:15		20:30		20:45
Monument P3	19:01		19:16		19:31		19:46		20:01		20:16		20:31		20:46
Manors	19:03		19:18		19:33		19:48		20:03		20:18		20:33		20:48
Wallsend	19:11		19:26		19:41		19:56		20:11		20:26		20:41		20:56
Tynemouth	19:24		19:39		19:54		20:09		20:24		20:39		20:54		21:09
Monkseaton	19:30		19:45		20:00		20:15		20:30		20:45		21:00		21:15
West Monkseaton	19:31		19:46		20:01		20:16		20:31		20:46		21:01		21:16
Benton	19:41		19:56		20:11		20:26		20:41		20:56		21:11		21:26
Longbenton	19:44		19:59		20:14		20:29		20:44		20:59		21:14		21:29
Airport		19:39		19:54		20:09		20:24		20:39		20:54		21:09	
Callerton Parkway		19:41		19:56		20:11		20:26		20:41		20:56		21:11	
Regent Centre		19:51		20:06		20:21		20:36		20:51		21:06		21:21	
South Gosforth	19:47	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:02	21:09	21:17	21:24	21:32
Monument	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:02	21:09	21:17	21:24	21:32	21:39
Central Station	19:56	20:03	20:11	20:18	20:26	20:33	20:41	20:48	20:56	21:03	21:11	21:18	21:26	21:33	21:41
Heworth	20:03	20:11	20:18	20:26	20:33	20:41	20:48	20:56	21:03	21:11	21:18	21:26	21:33	21:41	21:48
Pelaw	20:05	20:13	20:20	20:28	20:35	20:43	20:50	20:58	21:05	21:13	21:20	21:28	21:35	21:43	21:50
Hebburn	20:09		20:24		20:39		20:54		21:09		21:24		21:39		21:54
Jarrow	20:12		20:27		20:42		20:57		21:12		21:27		21:42		21:57
Bede	20:14		20:29		20:44		20:59		21:14		21:29		21:44		21:59
Chichester	20:20		20:35		20:50		21:05		21:20		21:35		21:50		22:05
South Shields	20:22		20:37		20:52		21:07		21:22		21:37		21:52		22:07
Seaburn		20:26		20:41		20:56		21:11		21:26		21:41		21:56	
Sunderland		20:32		20:47		21:02		21:17		21:32		21:47		22:02	
Park Lane		20:34		20:49		21:04		21:19		21:34		21:49		22:04	
South Hylton		20:43		20:58		21:13		21:28		21:43		21:58		22:13	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		21:00		21:15		21:30		21:45		22:00		22:15		22:30	
Monument P3		21:01		21:16		21:31		21:46		22:01		22:16		22:31	
Manors		21:03		21:18		21:33		21:48		22:03		22:18		22:33	
Wallsend		21:11		21:26		21:41		21:56		22:11		22:26		22:41	
Tynemouth		21:24		21:39		21:54		22:09		22:24		22:39		22:54	
Monkseaton		21:30		21:45		22:00		22:15		22:30		22:45		23:00	
West Monkseaton		21:31		21:46		22:01		22:16		22:31		22:46		23:01	
Benton		21:41		21:56		22:11		22:26		22:41		22:56		23:11	
Longbenton		21:44		21:59		22:14		22:29		22:44		22:59		23:14	
Airport	21:24		21:39		21:54		22:09		22:24		22:39		22:54		23:09
Callerton Parkway	21:26		21:41		21:56		22:11		22:26		22:41		22:56		23:11
Regent Centre	21:36		21:51		22:06		22:21		22:36		22:51		23:06		23:21
South Gosforth	21:39	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24
Monument	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24	23:32
Central Station	21:48	21:56	22:03	22:11	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33
Heworth	21:56	22:03	22:11	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33	23:41
Pelaw	21:58	22:05	22:13	22:20	22:28	22:35	22:43	22:50	22:58	23:05	23:13	23:20	23:28	23:35	23:43
Hebburn		22:09		22:24		22:39		22:54		23:09		23:24		23:39	
Jarrow		22:12		22:27		22:42		22:57		23:12		23:27		23:42	
Bede		22:14		22:29		22:44		22:59		23:14		23:29		23:44	
Chichester		22:20		22:35		22:50		23:05		23:20		23:35		23:50	
South Shields		22:22		22:37		22:52		23:07		23:22		23:37		23:52	
Seaburn	22:11		22:26		22:41		22:56		23:11		23:26		23:41		
Sunderland	22:17		22:32		22:47		23:02		23:17		23:32		23:47		
Park Lane	22:19		22:34		22:49		23:04		23:19		23:34				
South Hylton	22:28		22:43		22:58		23:13		23:28		23:43				

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