

Revised Metro timetable Tuesday 30 November 2021

Train times for key stations shown below. For help planning your journey call 0191 20 20 747 (line open Monday-Friday, 9.00am-5.00pm) or use the Live Travel Map at nexus.org.uk

South Hylton-Airport and South Shields-St James

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton															
Park Lane													05:48		
Sunderland													05:50		
Seaburn													05:55		
South Shields												05:44		05:56	
Chichester												05:46		05:58	
Bede												05:51		06:03	
Jarrow												05:54		06:06	
Hebburn												05:57		06:09	
Pelaw								05:37	05:45			06:01	06:09	06:13	
Heworth								05:39	05:47			06:03	06:11	06:15	
Central Station								05:46	05:54			06:10	06:18	06:22	
Monument								05:48	05:56			06:12	06:20	06:24	
South Gosforth								05:57	06:05			06:21	06:29	06:33	06:39
Regent Centre		05:18		05:30	05:44		05:56		06:08		06:20		06:32		06:42
Callerton Parkway		05:28		05:40	05:54		06:06		06:18		06:30		06:42		06:52
Airport		05:31		05:43	05:57		06:09		06:21		06:33		06:45		06:55
Longbenton	05:08		05:28			05:45		06:00		06:12		06:24		06:36	
Benton	05:11		05:31			05:48		06:03		06:15		06:27		06:39	
West Monkseaton	05:20		05:40			05:57		06:12		06:24		06:36		06:48	
Monkseaton	05:22		05:42			05:59		06:14		06:26		06:38		06:50	
Tynemouth	05:28		05:48			06:05		06:20		06:32		06:44		06:56	
WallSEND	05:41		06:01			06:18		06:33		06:45		06:57		07:09	
Manors	05:49		06:09			06:26		06:41		06:53		07:05		07:17	
Monument Upper	05:51		06:11			06:28		06:43		06:55		07:07		07:19	
St James	05:53		06:13			06:30		06:45		06:57		07:09		07:21	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		06:02				06:14		06:26				06:38		06:50
Park Lane		06:10				06:22		06:34				06:46		06:58
Sunderland		06:12				06:24		06:36				06:48		07:00
Seaburn		06:17				06:29		06:41				06:53		07:05
South Shields	06:08			06:20			06:32			06:44			06:56	
Chichester	06:10			06:22			06:34			06:46			06:58	
Bede	06:15			06:27			06:39			06:51			07:03	
Jarrow	06:18			06:30			06:42			06:54			07:06	
Hebburn	06:21			06:33			06:45			06:57			07:09	
Pelaw	06:25	06:31		06:37		06:43	06:49	06:55		07:01		07:07	07:13	07:19
Heworth	06:27	06:33		06:39		06:45	06:51	06:57		07:03		07:09	07:15	07:21
Central Station	06:34	06:40		06:46		06:52	06:58	07:04		07:10		07:16	07:22	07:28
Monument	06:36	06:42		06:48		06:54	07:00	07:06		07:12		07:18	07:24	07:30
South Gosforth	06:45	06:51		06:57		07:03	07:09	07:15		07:21	07:24	07:27	07:33	07:39
Regent Centre		06:54				07:06		07:18				07:30		07:42
Callerton Parkway		07:04				07:16		07:28				07:40		07:52
Airport		07:07				07:19		07:31				07:43		07:55
Longbenton	06:48		06:54	07:00	07:06		07:12		07:18	07:24	07:27		07:36	07:39
Benton	06:51		06:57	07:03	07:09		07:15		07:21	07:27	07:30		07:39	07:42
West Monkseaton	07:00		07:06	07:12	07:18		07:24		07:30	07:36	07:39		07:48	07:51
Monkseaton	07:02		07:08	07:14	07:20		07:26		07:32	07:38	07:42		07:50	07:54
Tynemouth	07:08			07:20			07:32			07:44			07:56	
Wallsend	07:21			07:33			07:45			07:57			08:09	
Manors	07:29			07:41			07:53			08:05			08:17	
Monument Upper	07:31			07:43			07:55			08:07			08:19	
St James	07:33			07:45			07:57			08:09			08:21	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			07:02			07:14			07:26			07:38			07:50
Park Lane			07:10			07:22			07:34			07:46			07:58
Sunderland			07:12			07:24			07:36			07:48			08:00
Seaburn			07:17			07:29			07:41			07:53			08:05
South Shields	07:08			07:20			07:32			07:44			07:56		
Chichester	07:10			07:22			07:34			07:46			07:58		
Bede	07:15			07:27			07:39			07:51			08:03		
Jarrow	07:18			07:30			07:42			07:54			08:06		
Hebburn	07:21			07:33			07:45			07:57			08:09		
Pelaw	07:25	07:28	07:31	07:37	07:40	07:43	07:49	07:52	07:55	08:01	08:04	08:07	08:13	08:16	08:19
Heworth	07:27	07:30	07:33	07:39	07:42	07:45	07:51	07:54	07:57	08:03	08:06	08:09	08:15	08:18	08:21
Central Station	07:34	07:37	07:40	07:46	07:49	07:52	07:58	08:01	08:04	08:10	08:13	08:16	08:22	08:25	08:28
Monument	07:36	07:39	07:42	07:48	07:51	07:54	08:00	08:03	08:06	08:12	08:15	08:18	08:24	08:27	08:30
South Gosforth	07:45	07:48	07:51	07:57	08:00	08:03	08:09	08:12	08:15	08:21	08:24	08:27	08:33	08:36	08:39
Regent Centre			07:54			08:06			08:18			08:30			08:42
Callerton Parkway			08:04			08:16			08:28			08:40			08:52
Airport			08:07			08:19			08:31			08:43			08:55
Longbenton	07:48	07:51		08:00	08:03		08:12	08:15		08:24	08:27		08:36	08:39	
Benton	07:51	07:54		08:03	08:06		08:15	08:18		08:27	08:30		08:39	08:42	
West Monkseaton	08:00	08:03		08:12	08:15		08:24	08:27		08:36	08:39		08:48	08:51	
Monkseaton	08:02	08:06		08:14	08:18		08:26	08:30		08:38	08:42		08:50	08:54	
Tynemouth	08:08			08:20			08:32			08:44			08:56		
Wallsend	08:21			08:33			08:45			08:57			09:09		
Manors	08:29			08:41			08:53			09:05			09:17		
Monument Upper	08:31			08:43			08:55			09:07			09:19		
St James	08:33			08:45			08:57			09:09			09:21		

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			08:02			08:14			08:26			08:38			08:50
Park Lane			08:10			08:22			08:34			08:46			08:58
Sunderland			08:12			08:24			08:36			08:48			09:00
Seaburn			08:17			08:29			08:41			08:53			09:05
South Shields	08:08			08:20			08:32			08:44			08:56		
Chichester	08:10			08:22			08:34			08:46			08:58		
Bede	08:15			08:27			08:39			08:51			09:03		
Jarrow	08:18			08:30			08:42			08:54			09:06		
Hebburn	08:21			08:33			08:45			08:57			09:09		
Pelaw	08:25	08:28	08:31	08:37	08:40	08:43	08:49	08:52	08:55	09:01	09:04	09:07	09:13	09:16	09:19
Heworth	08:27	08:30	08:33	08:39	08:42	08:45	08:51	08:54	08:57	09:03	09:06	09:09	09:15	09:18	09:21
Central Station	08:34	08:37	08:40	08:46	08:49	08:52	08:58	09:01	09:04	09:10	09:13	09:16	09:22	09:25	09:28
Monument	08:36	08:39	08:42	08:48	08:51	08:54	09:00	09:03	09:06	09:12	09:15	09:18	09:24	09:27	09:30
South Gosforth	08:45	08:48	08:51	08:57	09:00	09:03	09:09	09:12	09:15	09:21	09:24	09:27	09:33	09:36	09:39
Regent Centre			08:54			09:06			09:18			09:30			09:42
Callerton Parkway			09:04			09:16			09:28			09:40			09:52
Airport			09:07			09:19			09:31			09:43			09:55
Longbenton	08:48	08:51		09:00	09:03		09:12	09:15		09:24			09:36		
Benton	08:51	08:54		09:03	09:06		09:15	09:18		09:27			09:39		
West Monkseaton	09:00	09:03		09:12	09:15		09:24	09:27		09:36			09:48		
Monkseaton	09:02	09:06		09:14	09:18		09:26	09:30		09:38			09:50		
Tynemouth	09:08			09:20			09:32			09:44			09:56		
Wallsend	09:21			09:33			09:45			09:57			10:09		
Manors	09:29			09:41			09:53			10:05			10:17		
Monument Upper	09:31			09:43			09:55			10:07			10:19		
St James	09:33			09:45			09:57			10:09			10:21		

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			09:02			09:14		09:26		09:38		09:50		10:02	
Park Lane			09:10			09:22		09:34		09:46		09:58		10:10	
Sunderland			09:12			09:24		09:36		09:48		10:00		10:12	
Seaburn			09:17			09:29		09:41		09:53		10:05		10:17	
South Shields	09:08			09:20			09:32		09:44		09:56		10:08		10:20
Chichester	09:10			09:22			09:34		09:46		09:58		10:10		10:22
Bede	09:15			09:27			09:39		09:51		10:03		10:15		10:27
Jarrow	09:18			09:30			09:42		09:54		10:06		10:18		10:30
Hebburn	09:21			09:33			09:45		09:57		10:09		10:21		10:33
Pelaw	09:25	09:28	09:31	09:37	09:40	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31	10:37
Heworth	09:27	09:30	09:33	09:39	09:42	09:45	09:51	09:57	10:03	10:09	10:15	10:21	10:27	10:33	10:39
Central Station	09:34	09:37	09:40	09:46	09:49	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40	10:46
Monument	09:36	09:39	09:42	09:48	09:51	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36	10:42	10:48
South Gosforth	09:45	09:48	09:51	09:57	10:00	10:03	10:09	10:15	10:21	10:27	10:33	10:39	10:45	10:51	10:57
Regent Centre			09:54			10:06		10:18		10:30		10:42		10:54	
Callerton Parkway			10:04			10:16		10:28		10:40		10:52		11:04	
Airport			10:07			10:19		10:31		10:43		10:55		11:07	
Longbenton	09:48			10:00			10:12		10:24		10:36		10:48		11:00
Benton	09:51			10:03			10:15		10:27		10:39		10:51		11:03
West Monkseaton	10:00			10:12			10:24		10:36		10:48		11:00		11:12
Monkseaton	10:02			10:14			10:26		10:38		10:50		11:02		11:14
Tynemouth	10:08			10:20			10:32		10:44		10:56		11:08		11:20
Wallsend	10:21			10:33			10:45		10:57		11:09		11:21		11:33
Manors	10:29			10:41			10:53		11:05		11:17		11:29		11:41
Monument Upper	10:31			10:43			10:55		11:07		11:19		11:31		11:43
St James	10:33			10:45			10:57		11:09		11:21		11:33		11:45

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	10:14		10:26		10:38		10:50		11:02		11:14		11:26		11:38
Park Lane	10:22		10:34		10:46		10:58		11:10		11:22		11:34		11:46
Sunderland	10:24		10:36		10:48		11:00		11:12		11:24		11:36		11:48
Seaburn	10:29		10:41		10:53		11:05		11:17		11:29		11:41		11:53
South Shields		10:32		10:44		10:56		11:08		11:20		11:32		11:44	
Chichester		10:34		10:46		10:58		11:10		11:22		11:34		11:46	
Bede		10:39		10:51		11:03		11:15		11:27		11:39		11:51	
Jarrow		10:42		10:54		11:06		11:18		11:30		11:42		11:54	
Hebburn		10:45		10:57		11:09		11:21		11:33		11:45		11:57	
Pelaw	10:43	10:49	10:55	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07
Heworth	10:45	10:51	10:57	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09
Central Station	10:52	10:58	11:04	11:10	11:16	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16
Monument	10:54	11:00	11:06	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06	12:12	12:18
South Gosforth	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09	12:15	12:21	12:27
Regent Centre	11:06		11:18		11:30		11:42		11:54		12:06		12:18		12:30
Callerton Parkway	11:16		11:28		11:40		11:52		12:04		12:16		12:28		12:40
Airport	11:19		11:31		11:43		11:55		12:07		12:19		12:31		12:43
Longbenton		11:12		11:24		11:36		11:48		12:00		12:12		12:24	
Benton		11:15		11:27		11:39		11:51		12:03		12:15		12:27	
West Monkseaton		11:24		11:36		11:48		12:00		12:12		12:24		12:36	
Monkseaton		11:26		11:38		11:50		12:02		12:14		12:26		12:38	
Tynemouth		11:32		11:44		11:56		12:08		12:20		12:32		12:44	
WallSEND		11:45		11:57		12:09		12:21		12:33		12:45		12:57	
Manors		11:53		12:05		12:17		12:29		12:41		12:53		13:05	
Monument Upper		11:55		12:07		12:19		12:31		12:43		12:55		13:07	
St James		11:57		12:09		12:21		12:33		12:45		12:57		13:09	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		11:50		12:02		12:14		12:26		12:38		12:50		13:02	
Park Lane		11:58		12:10		12:22		12:34		12:46		12:58		13:10	
Sunderland		12:00		12:12		12:24		12:36		12:48		13:00		13:12	
Seaburn		12:05		12:17		12:29		12:41		12:53		13:05		13:17	
South Shields	11:56		12:08		12:20		12:32		12:44		12:56		13:08		13:20
Chichester	11:58		12:10		12:22		12:34		12:46		12:58		13:10		13:22
Bede	12:03		12:15		12:27		12:39		12:51		13:03		13:15		13:27
Jarrow	12:06		12:18		12:30		12:42		12:54		13:06		13:18		13:30
Hebburn	12:09		12:21		12:33		12:45		12:57		13:09		13:21		13:33
Pelaw	12:13	12:19	12:25	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31	13:37
Heworth	12:15	12:21	12:27	12:33	12:39	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39
Central Station	12:22	12:28	12:34	12:40	12:46	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40	13:46
Monument	12:24	12:30	12:36	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36	13:42	13:48
South Gosforth	12:33	12:39	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39	13:45	13:51	13:57
Regent Centre		12:42		12:54		13:06		13:18		13:30		13:42		13:54	
Callerton Parkway		12:52		13:04		13:16		13:28		13:40		13:52		14:04	
Airport		12:55		13:07		13:19		13:31		13:43		13:55		14:07	
Longbenton	12:36		12:48		13:00		13:12		13:24		13:36		13:48		14:00
Benton	12:39		12:51		13:03		13:15		13:27		13:39		13:51		14:03
West Monkseaton	12:48		13:00		13:12		13:24		13:36		13:48		14:00		14:12
Monkseaton	12:50		13:02		13:14		13:26		13:38		13:50		14:02		14:14
Tynemouth	12:56		13:08		13:20		13:32		13:44		13:56		14:08		14:20
Wallsend	13:09		13:21		13:33		13:45		13:57		14:09		14:21		14:33
Manors	13:17		13:29		13:41		13:53		14:05		14:17		14:29		14:41
Monument Upper	13:19		13:31		13:43		13:55		14:07		14:19		14:31		14:43
St James	13:21		13:33		13:45		13:57		14:09		14:21		14:33		14:45

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
South Hylton	13:14		13:26		13:38		13:50		14:02		14:14		14:26		14:38
Park Lane	13:22		13:34		13:46		13:58		14:10		14:22		14:34		14:46
Sunderland	13:24		13:36		13:48		14:00		14:12		14:24		14:36		14:48
Seaburn	13:29		13:41		13:53		14:05		14:17		14:29		14:41		14:53
South Shields		13:32		13:44		13:56		14:08		14:20		14:32		14:44	
Chichester		13:34		13:46		13:58		14:10		14:22		14:34		14:46	
Bede		13:39		13:51		14:03		14:15		14:27		14:39		14:51	
Jarrow		13:42		13:54		14:06		14:18		14:30		14:42		14:54	
Hebburn		13:45		13:57		14:09		14:21		14:33		14:45		14:57	
Pelaw	13:43	13:49	13:55	14:01	14:07	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:01	15:07
Heworth	13:45	13:51	13:57	14:03	14:09	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09
Central Station	13:52	13:58	14:04	14:10	14:16	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:10	15:16
Monument	13:54	14:00	14:06	14:12	14:18	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06	15:12	15:18
South Gosforth	14:03	14:09	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09	15:15	15:21	15:27
Regent Centre	14:06		14:18		14:30		14:42		14:54		15:06		15:18		15:30
Callerton Parkway	14:16		14:28		14:40		14:52		15:04		15:16		15:28		15:40
Airport	14:19		14:31		14:43		14:55		15:07		15:19		15:31		15:43
Longbenton		14:12		14:24		14:36		14:48		15:00		15:12		15:24	
Benton		14:15		14:27		14:39		14:51		15:03		15:15		15:27	
West Monkseaton		14:24		14:36		14:48		15:00		15:12		15:24		15:36	
Monkseaton		14:26		14:38		14:50		15:02		15:14		15:26		15:38	
Tynemouth		14:32		14:44		14:56		15:08		15:20		15:32		15:44	
Wallsend		14:45		14:57		15:09		15:21		15:33		15:45		15:57	
Manors		14:53		15:05		15:17		15:29		15:41		15:53		16:05	
Monument Upper		14:55		15:07		15:19		15:31		15:43		15:55		16:07	
St James		14:57		15:09		15:21		15:33		15:45		15:57		16:09	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			14:50			15:02		15:14			15:26			15:38
Park Lane			14:58			15:10		15:22			15:34			15:46
Sunderland			15:00			15:12		15:24			15:36			15:48
Seaburn			15:05			15:17		15:29			15:41			15:53
South Shields		14:56			15:08		15:20			15:32			15:44	15:56
Chichester		14:58			15:10		15:22			15:34			15:46	15:58
Bede		15:03			15:15		15:27			15:39			15:51	16:03
Jarrow		15:06			15:18		15:30			15:42			15:54	16:06
Hebburn		15:09			15:21		15:33			15:45			15:57	16:09
Pelaw		15:13	15:19		15:25	15:31	15:37	15:43		15:49	15:55	15:58	16:01	16:07
Heworth		15:15	15:21		15:27	15:33	15:39	15:45		15:51	15:57	16:00	16:03	16:09
Central Station		15:22	15:28		15:34	15:40	15:46	15:52		15:58	16:04	16:07	16:10	16:16
Monument		15:24	15:30		15:36	15:42	15:48	15:54		16:00	16:06	16:09	16:12	16:18
South Gosforth		15:33	15:39		15:45	15:51	15:57	16:03		16:09	16:15	16:18	16:21	16:27
Regent Centre			15:42			15:54		16:06			16:18			16:30
Callerton Parkway			15:52			16:04		16:16			16:28			16:40
Airport			15:55			16:07		16:19			16:31			16:43
Longbenton	15:30	15:36		15:42	15:48		16:00		16:06	16:12		16:21	16:24	16:36
Benton	15:33	15:39		15:45	15:51		16:03		16:09	16:15		16:24	16:27	16:39
West Monkseaton	15:42	15:48		15:54	16:00		16:12		16:18	16:24		16:33	16:36	16:48
Monkseaton	15:44	15:50		15:56	16:02		16:14		16:20	16:26		16:35	16:38	16:50
Tynemouth		15:56			16:08		16:20			16:32			16:44	16:56
Wallsend		16:09			16:21		16:33			16:45			16:57	17:09
Manors		16:17			16:29		16:41			16:53			17:05	17:17
Monument Upper		16:19			16:31		16:43			16:55			17:07	17:19
St James		16:21			16:33		16:45			16:57			17:09	17:21

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	15:50			16:02				16:14			16:26			16:38	
Park Lane	15:58			16:10				16:22			16:34			16:46	
Sunderland	16:00			16:12				16:24			16:36			16:48	
Seaburn	16:05			16:17				16:29			16:41			16:53	
South Shields			16:08				16:20			16:32			16:44		
Chichester			16:10				16:22			16:34			16:46		
Bede			16:15				16:27			16:39			16:51		
Jarrow			16:18				16:30			16:42			16:54		
Hebburn			16:21				16:33			16:45			16:57		
Pelaw	16:19	16:22	16:25	16:31	16:34	16:37	16:40	16:43	16:46	16:49	16:55	16:58	17:01	17:07	17:10
Heworth	16:21	16:24	16:27	16:33	16:36	16:39	16:42	16:45	16:48	16:51	16:57	17:00	17:03	17:09	17:12
Central Station	16:28	16:31	16:34	16:40	16:43	16:46	16:49	16:52	16:55	16:58	17:04	17:07	17:10	17:16	17:19
Monument	16:30	16:33	16:36	16:42	16:45	16:48	16:51	16:54	16:57	17:00	17:06	17:09	17:12	17:18	17:21
South Gosforth	16:39	16:42	16:45	16:51	16:54	16:57	17:00	17:03	17:06	17:09	17:15	17:18	17:21	17:27	17:30
Regent Centre	16:42			16:54			17:03	17:06			17:18			17:30	
Callerton Parkway	16:52			17:04				17:16			17:28			17:40	
Airport	16:55			17:07				17:19			17:31			17:43	
Longbenton		16:45	16:48		16:57	17:00			17:09	17:12		17:21	17:24		17:33
Benton		16:48	16:51		17:00	17:03			17:12	17:15		17:24	17:27		17:36
West Monkseaton		16:57	17:00		17:09	17:12			17:21	17:24		17:33	17:36		17:45
Monkseaton		16:59	17:02		17:11	17:14			17:23	17:26		17:35	17:38		17:47
Tynemouth			17:08			17:20				17:32			17:44		
WallSEND			17:21			17:33				17:45			17:57		
Manors			17:29			17:41				17:53			18:05		
Monument Upper			17:31			17:43				17:55			18:07		
St James			17:33			17:45				17:57			18:09		

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		16:50			17:02			17:14				17:27			17:39
Park Lane		16:58			17:10			17:22				17:35			17:47
Sunderland		17:00			17:12			17:24				17:37			17:49
Seaburn		17:05			17:17			17:29				17:42			17:54
South Shields	16:56			17:08			17:20			17:32			17:44		
Chichester	16:58			17:10			17:22			17:34			17:46		
Bede	17:03			17:15			17:27			17:39			17:51		
Jarrow	17:06			17:18			17:30			17:42			17:54		
Hebburn	17:09			17:21			17:33			17:45			17:57		
Pelaw	17:13	17:19	17:22	17:25	17:31	17:34	17:37	17:43	17:46	17:49	17:52	17:55	18:01	18:04	18:07
Heworth	17:15	17:21	17:24	17:27	17:33	17:36	17:39	17:45	17:48	17:51	17:54	17:57	18:03	18:06	18:09
Central Station	17:22	17:28	17:31	17:34	17:40	17:43	17:46	17:52	17:55	17:58	18:02	18:05	18:10	18:14	18:17
Monument	17:24	17:30	17:33	17:36	17:42	17:45	17:48	17:54	17:57	18:00	18:03	18:06	18:12	18:15	18:18
South Gosforth	17:33	17:39	17:42	17:45	17:51	17:54	17:57	18:03	18:06	18:09	18:12	18:15	18:21	18:24	18:27
Regent Centre		17:42			17:54			18:06				18:18			18:30
Callerton Parkway		17:52			18:04			18:16				18:28			18:40
Airport		17:55			18:07			18:19				18:31			18:43
Longbenton	17:36		17:45	17:48		17:57	18:00		18:09	18:12			18:23		
Benton	17:39		17:48	17:51		18:00	18:03		18:12	18:15			18:26		
West Monkseaton	17:48		17:57	18:00			18:11			18:23			18:35		
Monkseaton	17:50		17:59	18:02			18:13			18:25			18:37		
Tynemouth	17:56			18:08			18:19			18:31			18:43		
Wallsend	18:09			18:21			18:32			18:44			18:56		
Manors	18:17			18:29			18:40			18:52			19:04		
Monument Upper	18:19			18:31			18:42			18:54			19:05		
St James	18:21			18:33			18:44			18:56			19:07		

Continued

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
South Hylton			17:52		18:07			18:19		18:29	18:37		18:52		19:07
Park Lane			18:00		18:15			18:30		18:39	18:45		19:00		19:15
Sunderland			18:02		18:17			18:32		18:41	18:47		19:02		19:17
Seaburn			18:07		18:22			18:37		18:46	18:52		19:07		19:22
South Shields	17:57			18:10		18:20	18:26		18:41			18:56		19:11	
Chichester	17:59			18:12		18:22	18:28		18:43			18:58		19:13	
Bede	18:04			18:17		18:27	18:33		18:48			19:03		19:18	
Jarrow	18:06			18:21		18:30	18:36		18:51			19:06		19:21	
Hebburn	18:09			18:24		18:34	18:39		18:54			19:09		19:24	
Pelaw	18:13	18:17	18:21	18:28	18:36	18:39	18:43	18:51	18:58	19:01	19:06	19:13	19:21	19:28	19:36
Heworth	18:15	18:19	18:23	18:30	18:38	18:41	18:45	18:53	19:00	19:03	19:08	19:15	19:23	19:30	19:38
Central Station	18:23	18:26	18:30	18:37	18:45	18:48	18:52	19:00	19:07	19:10	19:15	19:22	19:30	19:37	19:45
Monument	18:24	18:28	18:32	18:39	18:47	18:50	18:54	19:02	19:09	19:12	19:17	19:24	19:32	19:39	19:47
South Gosforth	18:33	18:37	18:41	18:48	18:56	18:59	19:03	19:11	19:18	19:21	19:26	19:33	19:41	19:48	19:56
Regent Centre			18:43		18:58			19:13			19:28		19:43		19:58
Callerton Parkway			18:53		19:08			19:23			19:38		19:53		20:08
Airport			18:56		19:11			19:26			19:41		19:56		20:11
Longbenton	18:36			18:50			19:05		19:20			19:35		19:50	
Benton	18:39			18:53			19:08		19:23			19:38		19:53	
West Monkseaton	18:47			19:02			19:17		19:32			19:47		20:02	
Monkseaton	18:49			19:04			19:19		19:34			19:49		20:04	
Tynemouth	18:55			19:10			19:25		19:40			19:55		20:10	
Wallsend	19:08			19:23			19:38		19:53			20:08		20:23	
Manors	19:16			19:31			19:46		20:01			20:16		20:31	
Monument Upper	19:18			19:32			19:47		20:02			20:17		20:32	
St James	19:20			19:34			19:49		20:04			20:19		20:34	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		19:22		19:37		19:52		20:07		20:23		20:37		20:52	
Park Lane		19:30		19:45		20:00		20:15		20:31		20:45		21:00	
Sunderland		19:32		19:47		20:02		20:17		20:33		20:47		21:02	
Seaburn		19:37		19:52		20:07		20:22		20:38		20:52		21:07	
South Shields	19:26		19:41		19:56		20:11		20:26		20:41		20:56		21:11
Chichester	19:28		19:43		19:58		20:13		20:28		20:43		20:58		21:13
Bede	19:33		19:48		20:03		20:18		20:33		20:48		21:03		21:18
Jarrow	19:36		19:51		20:06		20:21		20:36		20:51		21:06		21:21
Hebburn	19:39		19:54		20:09		20:24		20:39		20:54		21:09		21:24
Pelaw	19:43	19:51	19:58	20:06	20:13	20:21	20:28	20:36	20:43	20:52	20:58	21:06	21:13	21:21	21:28
Heworth	19:45	19:53	20:00	20:08	20:15	20:23	20:30	20:38	20:45	20:54	21:00	21:08	21:15	21:23	21:30
Central Station	19:52	20:00	20:07	20:15	20:22	20:30	20:37	20:45	20:52	21:01	21:07	21:15	21:22	21:30	21:37
Monument	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:03	21:09	21:17	21:24	21:32	21:39
South Gosforth	20:03	20:11	20:18	20:26	20:33	20:41	20:48	20:56	21:03	21:12	21:18	21:26	21:33	21:41	21:48
Regent Centre		20:13		20:28		20:43		20:58		21:14		21:28		21:43	
Callerton Parkway		20:23		20:38		20:53		21:08		21:24		21:38		21:53	
Airport		20:26		20:41		20:56		21:11		21:27		21:41		21:56	
Longbenton	20:05		20:20		20:35		20:50		21:05		21:20		21:35		21:50
Benton	20:08		20:23		20:38		20:53		21:08		21:23		21:38		21:53
West Monkseaton	20:17		20:32		20:47		21:02		21:17		21:32		21:47		22:02
Monkseaton	20:19		20:34		20:49		21:04		21:19		21:34		21:49		22:04
Tynemouth	20:25		20:40		20:55		21:10		21:25		21:40		21:55		22:10
Wallsend	20:38		20:53		21:08		21:23		21:38		21:53		22:08		22:23
Manors	20:46		21:01		21:16		21:31		21:46		22:01		22:16		22:31
Monument Upper	20:47		21:02		21:17		21:32		21:47		22:02		22:17		22:32
St James	20:49		21:04		21:19		21:34		21:49		22:04		22:19		22:34

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	21:07		21:22		21:37		21:52		22:07		22:22		22:37		22:52
Park Lane	21:15		21:30		21:45		22:00		22:15		22:30		22:45		23:00
Sunderland	21:17		21:32		21:47		22:02		22:17		22:32		22:47		23:02
Seaburn	21:22		21:37		21:52		22:07		22:22		22:37		22:52		23:07
South Shields		21:26		21:41		21:56		22:11		22:26		22:41		22:56	
Chichester		21:28		21:43		21:58		22:13		22:28		22:43		22:58	
Bede		21:33		21:48		22:03		22:18		22:33		22:48		23:03	
Jarrow		21:36		21:51		22:06		22:21		22:36		22:51		23:06	
Hebburn		21:39		21:54		22:09		22:24		22:39		22:54		23:09	
Pelaw	21:36	21:43	21:51	21:58	22:06	22:13	22:21	22:28	22:36	22:43	22:51	22:58	23:06	23:13	23:21
Heworth	21:38	21:45	21:53	22:00	22:08	22:15	22:23	22:30	22:38	22:45	22:53	23:00	23:08	23:15	23:23
Central Station	21:45	21:52	22:00	22:07	22:15	22:22	22:30	22:37	22:45	22:52	23:00	23:07	23:15	23:22	23:30
Monument	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24	23:32
South Gosforth	21:56	22:03	22:11	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33	23:41
Regent Centre	21:58		22:13		22:28		22:43		22:58		23:13		23:28		23:43
Callerton Parkway	22:08		22:23		22:38		22:53		23:08		23:23		23:38		23:53
Airport	22:11		22:26		22:41		22:56		23:11		23:26		23:41		23:56
Longbenton		22:05		22:20		22:35		22:50		23:05		23:20		23:35	
Benton		22:08		22:23		22:38		22:53		23:08		23:23		23:38	
West Monkseaton		22:17		22:32		22:47		23:02		23:17		23:32		23:47	
Monkseaton		22:19		22:34		22:49		23:04		23:19		23:34		23:49	
Tynemouth		22:25		22:40		22:55		23:10		23:25		23:40		23:55	
WallSEND		22:38		22:53		23:08		23:23		23:38		23:53		00:08	
Manors		22:46		23:01		23:16		23:31		23:46		00:01		00:16	
Monument Upper		22:47		23:02		23:17		23:32		23:47		00:02		00:17	
St James		22:49		23:04		23:19		23:34		23:49		00:04			

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