

**Revised Metro timetable Tuesday 30 November 2021**

Train times for key stations shown below. For help planning your journey call 0191 20 20 747 (line open Monday-Friday, 9.00am-5.00pm) or use the Live Travel Map at [nexus.org.uk](http://nexus.org.uk)

**St James-South Shields and Airport-South Hylton**

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James															
Monument Upper															
Manors															
Wallsend															
Tynemouth														05:36	
Monkseaton														05:42	
West Monkseaton														05:44	
Benton								05:18		05:30		05:42		05:54	
Longbenton								05:21		05:33		05:45		05:57	
Airport													05:38		05:50
Callerton Parkway													05:40		05:52
Regent Centre	04:58		05:04		05:11		05:18		05:30		05:40		05:51		06:03
South Gosforth	05:00	05:03	05:07	05:10	05:13	05:17	05:20	05:24	05:32	05:36	05:43	05:48	05:54	06:00	06:06
Monument	05:09	05:12	05:16	05:19	05:22	05:25	05:29	05:32	05:41	05:44	05:52	05:56	06:02	06:08	06:14
Central Station	05:10	05:13	05:17	05:20	05:23	05:27	05:30	05:34	05:42	05:46	05:53	05:58	06:04	06:10	06:16
Heworth	05:18	05:21	05:25	05:28	05:31	05:34	05:38	05:41	05:50	05:53	06:01	06:05	06:11	06:17	06:23
Pelaw	05:20	05:23	05:27	05:30	05:33	05:36	05:40	05:43	05:52	05:55	06:03	06:07	06:13	06:19	06:25
Hebburn	05:24				05:37			05:48		06:00		06:12		06:24	
Jarrow	05:27				05:40			05:51		06:03		06:15		06:27	
Bede	05:30				05:43			05:53		06:05		06:17		06:29	
Chichester	05:35				05:48			05:59		06:11		06:23		06:35	
South Shields	05:37				05:50			06:01		06:13		06:25		06:37	
Seaburn		05:36	05:40				05:53		06:05		06:16		06:26		06:38
Sunderland		05:42	05:46				05:59		06:11		06:22		06:33		06:45
Park Lane		05:44	05:48				06:01		06:13		06:24		06:34		06:46
South Hylton			05:57				06:10		06:22		06:33		06:43		06:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James							06:00		06:12		06:24				06:36
Monument Upper					05:49		06:01		06:13		06:25				06:37
Manors					05:51		06:03		06:15		06:27				06:39
Wallsend					05:59		06:11		06:23		06:35				06:47
Tynemouth	05:48		06:00		06:12		06:24		06:36		06:48				07:00
Monkseaton	05:54		06:06		06:18		06:30		06:42		06:54				07:06
West Monkseaton	05:56		06:08		06:20		06:32		06:44		06:56				07:08
Benton	06:06		06:18		06:30		06:42		06:54		07:06				07:18
Longbenton	06:09		06:21		06:33		06:45		06:57		07:09				07:21
Airport		06:02		06:14		06:26		06:38		06:50		07:02			07:14
Callerton Parkway		06:04		06:16		06:28		06:40		06:52		07:04			07:16
Regent Centre		06:15		06:27		06:39		06:51		07:03		07:15			07:27
South Gosforth	06:12	06:18	06:24	06:30	06:36	06:42	06:48	06:54	07:00	07:06	07:12	07:18	07:21	07:24	07:30
Monument	06:20	06:26	06:32	06:38	06:44	06:50	06:56	07:02	07:08	07:14	07:20	07:26	07:29	07:32	07:38
Central Station	06:22	06:28	06:34	06:40	06:46	06:52	06:58	07:04	07:10	07:16	07:22	07:28	07:31	07:34	07:40
Heworth	06:29	06:35	06:41	06:47	06:53	06:59	07:05	07:11	07:17	07:23	07:29	07:35	07:38	07:41	07:47
Pelaw	06:31	06:37	06:43	06:49	06:55	07:01	07:07	07:13	07:19	07:25	07:31	07:37	07:40	07:43	07:49
Hebburn	06:36		06:48		07:00		07:12		07:24		07:36				07:48
Jarrow	06:39		06:51		07:03		07:15		07:27		07:39				07:51
Bede	06:41		06:53		07:05		07:17		07:29		07:41				07:53
Chichester	06:47		06:59		07:11		07:23		07:35		07:47				07:59
South Shields	06:49		07:01		07:13		07:25		07:37		07:49				08:01
Seaburn		06:50		07:02		07:14		07:26		07:38		07:50			08:02
Sunderland		06:57		07:09		07:21		07:33		07:45		07:57			08:09
Park Lane		06:58		07:10		07:22		07:34		07:46		07:58			08:10
South Hylton		07:07		07:19		07:31		07:43		07:55		08:07			08:19

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		06:48			07:00			07:12			07:24			07:36	
Monument Upper		06:49			07:01			07:13			07:25			07:37	
Manors		06:51			07:03			07:15			07:27			07:39	
Wallsend		06:59			07:11			07:23			07:35			07:47	
Tynemouth		07:12			07:24			07:36			07:48			08:00	
Monkseaton	07:15	07:18		07:27	07:30		07:39	07:42		07:51	07:54		08:03	08:06	
West Monkseaton	07:17	07:20		07:29	07:32		07:41	07:44		07:53	07:56		08:05	08:08	
Benton	07:27	07:30		07:39	07:42		07:51	07:54		08:03	08:06		08:15	08:18	
Longbenton	07:30	07:33		07:42	07:45		07:54	07:57		08:06	08:09		08:18	08:21	
Airport			07:26			07:38			07:50			08:02			08:14
Callerton Parkway			07:28			07:40			07:52			08:04			08:16
Regent Centre			07:39			07:51			08:03			08:15			08:27
South Gosforth	07:33	07:36	07:42	07:45	07:48	07:54	07:57	08:00	08:06	08:09	08:12	08:18	08:21	08:24	08:30
Monument	07:41	07:44	07:50	07:53	07:56	08:02	08:05	08:08	08:14	08:17	08:20	08:26	08:29	08:32	08:38
Central Station	07:43	07:46	07:52	07:55	07:58	08:04	08:07	08:10	08:16	08:19	08:22	08:28	08:31	08:34	08:40
Heworth	07:50	07:53	07:59	08:02	08:05	08:11	08:14	08:17	08:23	08:26	08:29	08:35	08:38	08:41	08:47
Pelaw	07:52	07:55	08:01	08:04	08:07	08:13	08:16	08:19	08:25	08:28	08:31	08:37	08:40	08:43	08:49
Hebburn		08:00			08:12			08:24			08:36			08:48	
Jarrow		08:03			08:15			08:27			08:39			08:51	
Bede		08:05			08:17			08:29			08:41			08:53	
Chichester		08:11			08:23			08:35			08:47			08:59	
South Shields		08:13			08:25			08:37			08:49			09:01	
Seaburn			08:14			08:26			08:38			08:50			09:02
Sunderland			08:21			08:33			08:45			08:57			09:09
Park Lane			08:22			08:34			08:46			08:58			09:10
South Hylton			08:31			08:43			08:55			09:07			09:19

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		07:48			08:00			08:12			08:24		08:36		08:48
Monument Upper		07:49			08:01			08:13			08:25		08:37		08:49
Manors		07:51			08:03			08:15			08:27		08:39		08:51
Wallsend		07:59			08:11			08:23			08:35		08:47		08:59
Tynemouth		08:12			08:24			08:36			08:48		09:00		09:12
Monkseaton	08:15	08:18		08:27	08:30		08:39	08:42		08:51	08:54		09:06		09:18
West Monkseaton	08:17	08:20		08:29	08:32		08:41	08:44		08:53	08:56		09:08		09:20
Benton	08:27	08:30		08:39	08:42		08:51	08:54		09:03	09:06		09:18		09:30
Longbenton	08:30	08:33		08:42	08:45		08:54	08:57		09:06	09:09		09:21		09:33
Airport			08:26			08:38			08:50			09:02		09:14	
Callerton Parkway			08:28			08:40			08:52			09:04		09:16	
Regent Centre			08:39			08:51			09:03			09:15		09:27	
South Gosforth	08:33	08:36	08:42	08:45	08:48	08:54	08:57	09:00	09:06	09:09	09:12	09:18	09:24	09:30	09:36
Monument	08:41	08:44	08:50	08:53	08:56	09:02	09:05	09:08	09:14	09:17	09:20	09:26	09:32	09:38	09:44
Central Station	08:43	08:46	08:52	08:55	08:58	09:04	09:07	09:10	09:16	09:19	09:22	09:28	09:34	09:40	09:46
Heworth	08:50	08:53	08:59	09:02	09:05	09:11	09:14	09:17	09:23	09:26	09:29	09:35	09:41	09:47	09:53
Pelaw	08:52	08:55	09:01	09:04	09:07	09:13	09:16	09:19	09:25	09:28	09:31	09:37	09:43	09:49	09:55
Hebburn		09:00			09:12			09:24			09:36		09:48		10:00
Jarrow		09:03			09:15			09:27			09:39		09:51		10:03
Bede		09:05			09:17			09:29			09:41		09:53		10:05
Chichester		09:11			09:23			09:35			09:47		09:59		10:11
South Shields		09:13			09:25			09:37			09:49		10:01		10:13
Seaburn			09:14			09:26			09:38			09:50		10:02	
Sunderland			09:21			09:33			09:45			09:57		10:09	
Park Lane			09:22			09:34			09:46			09:58		10:10	
South Hylton			09:31			09:43			09:55			10:07		10:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		09:00		09:12		09:24		09:36		09:48		10:00		10:12	
Monument Upper		09:01		09:13		09:25		09:37		09:49		10:01		10:13	
Manors		09:03		09:15		09:27		09:39		09:51		10:03		10:15	
Wallsend		09:11		09:23		09:35		09:47		09:59		10:11		10:23	
Tynemouth		09:24		09:36		09:48		10:00		10:12		10:24		10:36	
Monkseaton		09:30		09:42		09:54		10:06		10:18		10:30		10:42	
West Monkseaton		09:32		09:44		09:56		10:08		10:20		10:32		10:44	
Benton		09:42		09:54		10:06		10:18		10:30		10:42		10:54	
Longbenton		09:45		09:57		10:09		10:21		10:33		10:45		10:57	
Airport	09:26		09:38		09:50		10:02		10:14		10:26		10:38		10:50
Callerton Parkway	09:28		09:40		09:52		10:04		10:16		10:28		10:40		10:52
Regent Centre	09:39		09:51		10:03		10:15		10:27		10:39		10:51		11:03
South Gosforth	09:42	09:48	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36	10:42	10:48	10:54	11:00	11:06
Monument	09:50	09:56	10:02	10:08	10:14	10:20	10:26	10:32	10:38	10:44	10:50	10:56	11:02	11:08	11:14
Central Station	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40	10:46	10:52	10:58	11:04	11:10	11:16
Heworth	09:59	10:05	10:11	10:17	10:23	10:29	10:35	10:41	10:47	10:53	10:59	11:05	11:11	11:17	11:23
Pelaw	10:01	10:07	10:13	10:19	10:25	10:31	10:37	10:43	10:49	10:55	11:01	11:07	11:13	11:19	11:25
Hebburn		10:12		10:24		10:36		10:48		11:00		11:12		11:24	
Jarrow		10:15		10:27		10:39		10:51		11:03		11:15		11:27	
Bede		10:17		10:29		10:41		10:53		11:05		11:17		11:29	
Chichester		10:23		10:35		10:47		10:59		11:11		11:23		11:35	
South Shields		10:25		10:37		10:49		11:01		11:13		11:25		11:37	
Seaburn	10:14		10:26		10:38		10:50		11:02		11:14		11:26		11:38
Sunderland	10:21		10:33		10:45		10:57		11:09		11:21		11:33		11:45
Park Lane	10:22		10:34		10:46		10:58		11:10		11:22		11:34		11:46
South Hylton	10:31		10:43		10:55		11:07		11:19		11:31		11:43		11:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	10:24		10:36		10:48		11:00		11:12		11:24		11:36		11:48
Monument Upper	10:25		10:37		10:49		11:01		11:13		11:25		11:37		11:49
Manors	10:27		10:39		10:51		11:03		11:15		11:27		11:39		11:51
Wallsend	10:35		10:47		10:59		11:11		11:23		11:35		11:47		11:59
Tynemouth	10:48		11:00		11:12		11:24		11:36		11:48		12:00		12:12
Monkseaton	10:54		11:06		11:18		11:30		11:42		11:54		12:06		12:18
West Monkseaton	10:56		11:08		11:20		11:32		11:44		11:56		12:08		12:20
Benton	11:06		11:18		11:30		11:42		11:54		12:06		12:18		12:30
Longbenton	11:09		11:21		11:33		11:45		11:57		12:09		12:21		12:33
Airport		11:02		11:14		11:26		11:38		11:50		12:02		12:14	
Callerton Parkway		11:04		11:16		11:28		11:40		11:52		12:04		12:16	
Regent Centre		11:15		11:27		11:39		11:51		12:03		12:15		12:27	
South Gosforth	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06	12:12	12:18	12:24	12:30	12:36
Monument	11:20	11:26	11:32	11:38	11:44	11:50	11:56	12:02	12:08	12:14	12:20	12:26	12:32	12:38	12:44
Central Station	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16	12:22	12:28	12:34	12:40	12:46
Heworth	11:29	11:35	11:41	11:47	11:53	11:59	12:05	12:11	12:17	12:23	12:29	12:35	12:41	12:47	12:53
Pelaw	11:31	11:37	11:43	11:49	11:55	12:01	12:07	12:13	12:19	12:25	12:31	12:37	12:43	12:49	12:55
Hebburn	11:36		11:48		12:00		12:12		12:24		12:36		12:48		13:00
Jarrow	11:39		11:51		12:03		12:15		12:27		12:39		12:51		13:03
Bede	11:41		11:53		12:05		12:17		12:29		12:41		12:53		13:05
Chichester	11:47		11:59		12:11		12:23		12:35		12:47		12:59		13:11
South Shields	11:49		12:01		12:13		12:25		12:37		12:49		13:01		13:13
Seaburn		11:50		12:02		12:14		12:26		12:38		12:50		13:02	
Sunderland		11:57		12:09		12:21		12:33		12:45		12:57		13:09	
Park Lane		11:58		12:10		12:22		12:34		12:46		12:58		13:10	
South Hylton		12:07		12:19		12:31		12:43		12:55		13:07		13:19	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		12:00		12:12		12:24		12:36		12:48		13:00		13:12	
Monument Upper		12:01		12:13		12:25		12:37		12:49		13:01		13:13	
Manors		12:03		12:15		12:27		12:39		12:51		13:03		13:15	
Wallsend		12:11		12:23		12:35		12:47		12:59		13:11		13:23	
Tynemouth		12:24		12:36		12:48		13:00		13:12		13:24		13:36	
Monkseaton		12:30		12:42		12:54		13:06		13:18		13:30		13:42	
West Monkseaton		12:32		12:44		12:56		13:08		13:20		13:32		13:44	
Benton		12:42		12:54		13:06		13:18		13:30		13:42		13:54	
Longbenton		12:45		12:57		13:09		13:21		13:33		13:45		13:57	
Airport	12:26		12:38		12:50		13:02		13:14		13:26		13:38		13:50
Callerton Parkway	12:28		12:40		12:52		13:04		13:16		13:28		13:40		13:52
Regent Centre	12:39		12:51		13:03		13:15		13:27		13:39		13:51		14:03
South Gosforth	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36	13:42	13:48	13:54	14:00	14:06
Monument	12:50	12:56	13:02	13:08	13:14	13:20	13:26	13:32	13:38	13:44	13:50	13:56	14:02	14:08	14:14
Central Station	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40	13:46	13:52	13:58	14:04	14:10	14:16
Heworth	12:59	13:05	13:11	13:17	13:23	13:29	13:35	13:41	13:47	13:53	13:59	14:05	14:11	14:17	14:23
Pelaw	13:01	13:07	13:13	13:19	13:25	13:31	13:37	13:43	13:49	13:55	14:01	14:07	14:13	14:19	14:25
Hebburn		13:12		13:24		13:36		13:48		14:00		14:12		14:24	
Jarrow		13:15		13:27		13:39		13:51		14:03		14:15		14:27	
Bede		13:17		13:29		13:41		13:53		14:05		14:17		14:29	
Chichester		13:23		13:35		13:47		13:59		14:11		14:23		14:35	
South Shields		13:25		13:37		13:49		14:01		14:13		14:25		14:37	
Seaburn	13:14		13:26		13:38		13:50		14:02		14:14		14:26		14:38
Sunderland	13:21		13:33		13:45		13:57		14:09		14:21		14:33		14:45
Park Lane	13:22		13:34		13:46		13:58		14:10		14:22		14:34		14:46
South Hylton	13:31		13:43		13:55		14:07		14:19		14:31		14:43		14:55

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	13:24		13:36		13:48		14:00		14:12		14:24		14:36		
Monument Upper	13:25		13:37		13:49		14:01		14:13		14:25		14:37		
Manors	13:27		13:39		13:51		14:03		14:15		14:27		14:39		
Wallsend	13:35		13:47		13:59		14:11		14:23		14:35		14:47		
Tynemouth	13:48		14:00		14:12		14:24		14:36		14:48		15:00		
Monkseaton	13:54		14:06		14:18		14:30		14:42		14:54		15:06		
West Monkseaton	13:56		14:08		14:20		14:32		14:44		14:56		15:08		
Benton	14:06		14:18		14:30		14:42		14:54		15:06		15:18		
Longbenton	14:09		14:21		14:33		14:45		14:57		15:09		15:21		
Airport		14:02		14:14		14:26		14:38		14:50		15:02			15:14
Callerton Parkway		14:04		14:16		14:28		14:40		14:52		15:04			15:16
Regent Centre		14:15		14:27		14:39		14:51		15:03		15:15		15:24	15:27
South Gosforth	14:12	14:18	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06	15:12	15:18	15:24	15:27	15:30
Monument	14:20	14:26	14:32	14:38	14:44	14:50	14:56	15:02	15:08	15:14	15:20	15:26	15:32	15:35	15:38
Central Station	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:10	15:16	15:22	15:28	15:34	15:37	15:40
Heworth	14:29	14:35	14:41	14:47	14:53	14:59	15:05	15:11	15:17	15:23	15:29	15:35	15:41	15:44	15:47
Pelaw	14:31	14:37	14:43	14:49	14:55	15:01	15:07	15:13	15:19	15:25	15:31	15:37	15:43	15:46	15:49
Hebburn	14:36		14:48		15:00		15:12		15:24		15:36		15:48		
Jarrow	14:39		14:51		15:03		15:15		15:27		15:39		15:51		
Bede	14:41		14:53		15:05		15:17		15:29		15:41		15:53		
Chichester	14:47		14:59		15:11		15:23		15:35		15:47		15:59		
South Shields	14:49		15:01		15:13		15:25		15:37		15:49		16:01		
Seaburn		14:50		15:02		15:14		15:26		15:38		15:50			16:02
Sunderland		14:57		15:09		15:21		15:33		15:45		15:57			16:09
Park Lane		14:58		15:10		15:22		15:34		15:46		15:58			16:10
South Hylton		15:07		15:19		15:31		15:43		15:55		16:07			16:19

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	14:48		15:00			15:12				15:24			15:36		
Monument Upper	14:49		15:01			15:13				15:25			15:37		
Manors	14:51		15:03			15:15				15:27			15:39		
Wallsend	14:59		15:11			15:23				15:35			15:47		
Tynemouth	15:12		15:24			15:36				15:48			16:00		
Monkseaton	15:18		15:30			15:42		15:51	15:54			16:06	16:09		
West Monkseaton	15:20		15:32			15:44		15:53	15:56			16:08	16:11		
Benton	15:30		15:42			15:54		16:03	16:06			16:18	16:21		
Longbenton	15:33		15:45			15:57		16:06	16:09			16:21	16:24		
Airport		15:26			15:38			15:50				16:02			16:14
Callerton Parkway		15:28			15:40			15:52				16:04			16:16
Regent Centre		15:39			15:51		16:00	16:03			16:12	16:15			16:27
South Gosforth	15:36	15:42	15:48	15:51	15:54	16:00	16:03	16:06	16:09	16:12	16:15	16:18	16:24	16:27	16:30
Monument	15:44	15:50	15:56	15:59	16:02	16:08	16:11	16:14	16:17	16:20	16:23	16:26	16:32	16:35	16:38
Central Station	15:46	15:52	15:58	16:01	16:04	16:10	16:13	16:16	16:19	16:22	16:25	16:28	16:34	16:37	16:40
Heworth	15:53	15:59	16:05	16:08	16:11	16:17	16:20	16:23	16:26	16:29	16:32	16:35	16:41	16:44	16:47
Pelaw	15:55	16:01	16:07	16:10	16:13	16:19	16:22	16:25	16:28	16:31	16:34	16:37	16:43	16:46	16:49
Hebburn	16:00		16:12			16:24				16:36			16:48		
Jarrow	16:03		16:15			16:27				16:39			16:51		
Bede	16:05		16:17			16:29				16:41			16:53		
Chichester	16:11		16:23			16:35				16:47			16:59		
South Shields	16:13		16:25			16:37				16:49			17:01		
Seaburn		16:14			16:26			16:38				16:50			17:04
Sunderland		16:21			16:33			16:45				16:57			17:10
Park Lane		16:22			16:34			16:46				16:58			17:12
South Hylton		16:31			16:43			16:55				17:07			17:21

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	15:48			16:00			16:12			16:24			16:34		
Monument Upper	15:49			16:01			16:13			16:25			16:35		
Manors	15:51			16:03			16:15			16:27			16:37		
Wallsend	15:59			16:11			16:23			16:35			16:45		
Tynemouth	16:12			16:24			16:36			16:48			16:58		
Monkseaton	16:18			16:30	16:33		16:42	16:45		16:54			17:04	17:08	
West Monkseaton	16:20			16:32	16:35		16:44	16:47		16:56			17:06	17:10	
Benton	16:30			16:42	16:45		16:54	16:57		17:06			17:16	17:20	
Longbenton	16:33			16:45	16:48		16:57	17:00		17:09			17:19	17:23	
Airport			16:26			16:38			16:50			17:02			17:14
Callerton Parkway			16:28			16:40			16:52			17:04			17:16
Regent Centre		16:36	16:39			16:51			17:03		17:12	17:15			17:27
South Gosforth	16:36	16:39	16:42	16:48	16:51	16:54	17:00	17:03	17:06	17:12	17:15	17:18	17:22	17:26	17:30
Monument	16:44	16:47	16:50	16:56	16:59	17:02	17:08	17:11	17:14	17:20	17:23	17:26	17:30	17:34	17:38
Central Station	16:46	16:49	16:52	16:58	17:01	17:04	17:10	17:13	17:16	17:22	17:25	17:28	17:32	17:36	17:40
Heworth	16:53	16:56	16:59	17:05	17:08	17:11	17:17	17:20	17:23	17:29	17:32	17:35	17:39	17:43	17:47
Pelaw	16:55	16:58	17:01	17:07	17:10	17:13	17:19	17:22	17:25	17:31	17:34	17:37	17:41	17:45	17:49
Hebburn	17:00			17:12			17:24			17:36			17:46		
Jarrow	17:03			17:15			17:27			17:39			17:49		
Bede	17:05			17:17			17:29			17:41			17:51		
Chichester	17:11			17:23			17:35			17:47			17:57		
South Shields	17:13			17:25			17:37			17:49			17:59		
Seaburn			17:14			17:26			17:38			17:50			18:02
Sunderland			17:21			17:33			17:45			17:57			18:09
Park Lane			17:22			17:34			17:46			18:01			18:13
South Hylton			17:31			17:43			17:55			18:10			18:22

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	16:46			16:58		17:07		17:14		17:29			17:44		17:59
Monument Upper	16:47			16:59		17:08		17:15		17:30			17:45		18:00
Manors	16:49			17:01		17:10		17:17		17:32			17:47		18:02
Wallsend	16:57			17:09		17:18		17:25		17:40			17:55		18:10
Tynemouth	17:10			17:22		17:31		17:38		17:53			18:08		18:23
Monkseaton	17:16	17:20		17:28	17:33	17:37		17:44		17:59			18:14		18:29
West Monkseaton	17:18	17:22		17:30	17:35	17:39		17:46		18:01			18:16		18:31
Benton	17:28	17:32		17:40	17:44	17:49		17:56		18:11			18:26		18:41
Longbenton	17:31	17:35		17:43	17:47	17:52		17:59		18:14			18:29		18:44
Airport			17:26				17:39		17:54		18:09	18:13		18:24	
Callerton Parkway			17:28				17:41		17:56		18:11	18:15		18:26	
Regent Centre			17:39				17:51		18:06		18:21	18:25		18:36	
South Gosforth	17:34	17:38	17:42	17:46	17:50		17:55	18:02	18:09	18:17	18:24	18:28	18:32	18:39	18:47
Monument	17:42	17:46	17:50	17:54	17:59		18:03	18:09	18:17	18:24	18:32		18:39	18:47	18:54
Central Station	17:44	17:48	17:52	17:56	18:00		18:04	18:11	18:18	18:26	18:33		18:41	18:48	18:56
Heworth	17:51	17:55	17:59	18:03	18:08		18:12	18:18	18:26	18:33	18:41		18:48	18:56	19:03
Pelaw	17:53	17:57	18:01	18:05	18:10		18:14	18:20	18:28	18:35	18:43		18:50	18:58	19:05
Hebburn	17:58			18:09				18:24		18:39			18:54		19:09
Jarrow	18:01			18:12				18:27		18:42			18:57		19:12
Bede	18:03			18:14				18:29		18:44			18:59		19:14
Chichester	18:09			18:20				18:35		18:50			19:05		19:20
South Shields	18:12			18:22				18:37		18:52			19:07		19:22
Seaburn			18:14				18:27		18:41		18:56			19:11	
Sunderland			18:21				18:33		18:47		19:02			19:17	
Park Lane			18:22				18:35		18:49		19:04			19:19	
South Hylton			18:31				18:44		18:58		19:13			19:28	

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James		18:15		18:30		18:45		19:00		19:15		19:30		19:45	
Monument Upper		18:16		18:31		18:46		19:01		19:16		19:31		19:46	
Manors		18:18		18:33		18:48		19:03		19:18		19:33		19:48	
Wallsend		18:26		18:41		18:56		19:11		19:26		19:41		19:56	
Tynemouth		18:39		18:54		19:09		19:24		19:39		19:54		20:09	
Monkseaton		18:45		19:00		19:15		19:30		19:45		20:00		20:15	
West Monkseaton		18:46		19:01		19:16		19:31		19:46		20:01		20:16	
Benton		18:56		19:11		19:26		19:41		19:56		20:11		20:26	
Longbenton		18:59		19:14		19:29		19:44		19:59		20:14		20:29	
Airport	18:39		18:54		19:09		19:24		19:39		19:54		20:09		20:24
Callerton Parkway	18:41		18:56		19:11		19:26		19:41		19:56		20:11		20:26
Regent Centre	18:51		19:06		19:21		19:36		19:51		20:06		20:21		20:36
South Gosforth	18:54	19:02	19:09	19:17	19:24	19:32	19:39	19:47	19:54	20:02	20:09	20:17	20:24	20:32	20:39
Monument	19:02	19:09	19:17	19:24	19:32	19:39	19:47	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47
Central Station	19:03	19:11	19:18	19:26	19:33	19:41	19:48	19:56	20:03	20:11	20:18	20:26	20:33	20:41	20:48
Heworth	19:11	19:18	19:26	19:33	19:41	19:48	19:56	20:03	20:11	20:18	20:26	20:33	20:41	20:48	20:56
Pelaw	19:13	19:20	19:28	19:35	19:43	19:50	19:58	20:05	20:13	20:20	20:28	20:35	20:43	20:50	20:58
Hebburn		19:24		19:39		19:54		20:09		20:24		20:39		20:54	
Jarrow		19:27		19:42		19:57		20:12		20:27		20:42		20:57	
Bede		19:29		19:44		19:59		20:14		20:29		20:44		20:59	
Chichester		19:35		19:50		20:05		20:20		20:35		20:50		21:05	
South Shields		19:37		19:52		20:07		20:22		20:37		20:52		21:07	
Seaburn	19:26		19:41		19:56		20:11		20:26		20:41		20:56		21:11
Sunderland	19:32		19:47		20:02		20:17		20:32		20:47		21:02		21:17
Park Lane	19:34		19:49		20:04		20:19		20:34		20:49		21:04		21:19
South Hylton	19:43		19:58		20:13		20:28		20:43		20:58		21:13		21:28

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	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
St James	20:00		20:15		20:30		20:45		21:00		21:15		21:30		21:45
Monument Upper	20:01		20:16		20:31		20:46		21:01		21:16		21:31		21:46
Manors	20:03		20:18		20:33		20:48		21:03		21:18		21:33		21:48
Wallsend	20:11		20:26		20:41		20:56		21:11		21:26		21:41		21:56
Tynemouth	20:24		20:39		20:54		21:09		21:24		21:39		21:54		22:09
Monkseaton	20:30		20:45		21:00		21:15		21:30		21:45		22:00		22:15
West Monkseaton	20:31		20:46		21:01		21:16		21:31		21:46		22:01		22:16
Benton	20:41		20:56		21:11		21:26		21:41		21:56		22:11		22:26
Longbenton	20:44		20:59		21:14		21:29		21:44		21:59		22:14		22:29
Airport		20:39		20:54		21:09		21:24		21:39		21:54		22:09	
Callerton Parkway		20:41		20:56		21:11		21:26		21:41		21:56		22:11	
Regent Centre		20:51		21:06		21:21		21:36		21:51		22:06		22:21	
South Gosforth	20:47	20:54	21:02	21:09	21:17	21:24	21:32	21:39	21:47	21:54	22:02	22:09	22:17	22:24	22:32
Monument	20:54	21:02	21:09	21:17	21:24	21:32	21:39	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39
Central Station	20:56	21:03	21:11	21:18	21:26	21:33	21:41	21:48	21:56	22:03	22:11	22:18	22:26	22:33	22:41
Heworth	21:03	21:11	21:18	21:26	21:33	21:41	21:48	21:56	22:03	22:11	22:18	22:26	22:33	22:41	22:48
Pelaw	21:05	21:13	21:20	21:28	21:35	21:43	21:50	21:58	22:05	22:13	22:20	22:28	22:35	22:43	22:50
Hebburn	21:09		21:24		21:39		21:54		22:09		22:24		22:39		22:54
Jarrow	21:12		21:27		21:42		21:57		22:12		22:27		22:42		22:57
Bede	21:14		21:29		21:44		21:59		22:14		22:29		22:44		22:59
Chichester	21:20		21:35		21:50		22:05		22:20		22:35		22:50		23:05
South Shields	21:22		21:37		21:52		22:07		22:22		22:37		22:52		23:07
Seaburn		21:26		21:41		21:56		22:11		22:26		22:41		22:56	
Sunderland		21:32		21:47		22:02		22:17		22:32		22:47		23:02	
Park Lane		21:34		21:49		22:04		22:19		22:34		22:49		23:04	
South Hylton		21:43		21:58		22:13		22:28		22:43		22:58		23:13	

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