

Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

South Hylton-Airport and South Shields-St James

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton														
Park Lane														
Sunderland														
Seaburn														
South Shields														05:56
Chichester														05:58
Bede														06:03
Jarrow														06:06
Hebburn														06:09
Pelaw							05:37	05:45			06:01	06:09	06:13	
Heworth							05:39	05:47			06:03	06:11	06:15	
Central Station							05:46	05:54			06:10	06:18	06:22	
Monument							05:48	05:56			06:12	06:20	06:24	
South Gosforth							05:57	06:05			06:21	06:29	06:33	06:39
Regent Centre		05:18		05:30	05:44		05:56		06:08		06:20		06:32	06:42
Callerton Parkway		05:28		05:40	05:54		06:06		06:18		06:30		06:42	06:52
Airport		05:31		05:43	05:57		06:09		06:21		06:33		06:45	06:55
Longbenton	05:08		05:28			05:45		06:00		06:12		06:24		06:36
Benton	05:11		05:31			05:48		06:03		06:15		06:27		06:39
West Monkseaton	05:20		05:40			05:57		06:12		06:24		06:36		06:48
Monkseaton	05:22		05:42			05:59		06:14		06:26		06:38		06:50
Tynemouth	05:28		05:48			06:05		06:20		06:32		06:44		06:56
Wallsend	05:41		06:01			06:18		06:33		06:45		06:57		07:09
Manors	05:49		06:09			06:26		06:41		06:53		07:05		07:17
Monument P4	05:51		06:11			06:28		06:43		06:55		07:07		07:19
St James	05:53		06:13			06:30		06:45		06:57		07:09		07:21

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Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
South Hylton															
Park Lane															
Sunderland															
Seaburn															
South Shields	06:08			06:20			06:32		06:44			06:56			
Chichester	06:10			06:22			06:34		06:46			06:58			
Bede	06:15			06:27			06:39		06:51			07:03			
Jarrow	06:18			06:30			06:42		06:54			07:06			
Hebburn	06:21			06:33			06:45		06:57			07:09			
Pelaw	06:25	06:31		06:37		06:43	06:49	06:55		07:01		07:07	07:13	07:16	07:19
Heworth	06:27	06:33		06:39		06:45	06:51	06:57		07:03		07:09	07:15	07:18	07:21
Central Station	06:34	06:40		06:46		06:52	06:58	07:04		07:10		07:16	07:22	07:25	07:28
Monument	06:36	06:42		06:48		06:54	07:00	07:06		07:12		07:18	07:24	07:27	07:30
South Gosforth	06:45	06:51		06:57		07:03	07:09	07:15		07:21	07:24	07:27	07:33	07:36	07:39
Regent Centre		06:54				07:06		07:18				07:30			07:42
Callerton Parkway		07:04				07:16		07:28				07:40			07:52
Airport		07:07				07:19		07:31				07:43			07:55
Longbenton	06:48		06:54	07:00	07:06		07:12		07:18	07:24	07:27		07:36	07:39	
Benton	06:51		06:57	07:03	07:09		07:15		07:21	07:27	07:30		07:39	07:42	
West Monkseaton	07:00		07:06	07:12	07:18		07:24		07:30	07:36	07:39		07:48	07:51	
Monkseaton	07:02		07:08	07:14	07:20		07:26		07:32	07:38	07:42		07:50	07:54	
Tynemouth	07:08			07:20			07:32			07:44			07:56		
Wallsend	07:21			07:33			07:45			07:57			08:09		
Manors	07:29			07:41			07:53			08:05			08:17		
Monument P4	07:31			07:43			07:55			08:07			08:19		
St James	07:33			07:45			07:57			08:09			08:21		

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Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton															07:50
Park Lane															07:58
Sunderland															08:00
Seaburn															08:05
South Shields	07:08			07:20			07:32			07:44			07:56		
Chichester	07:10			07:22			07:34			07:46			07:58		
Bede	07:15			07:27			07:39			07:51			08:03		
Jarrow	07:18			07:30			07:42			07:54			08:06		
Hebburn	07:21			07:33			07:45			07:57			08:09		
Pelaw	07:25	07:28	07:31	07:37	07:40	07:43	07:49	07:52	07:55	08:01	08:04	08:07	08:13	08:16	08:19
Heworth	07:27	07:30	07:33	07:39	07:42	07:45	07:51	07:54	07:57	08:03	08:06	08:09	08:15	08:18	08:21
Central Station	07:34	07:37	07:40	07:46	07:49	07:52	07:58	08:01	08:04	08:10	08:13	08:16	08:22	08:25	08:28
Monument	07:36	07:39	07:42	07:48	07:51	07:54	08:00	08:03	08:06	08:12	08:15	08:18	08:24	08:27	08:30
South Gosforth	07:45	07:48	07:51	07:57	08:00	08:03	08:09	08:12	08:15	08:21	08:24	08:27	08:33	08:36	08:39
Regent Centre			07:54			08:06			08:18			08:30			08:42
Callerton Parkway			08:04			08:16			08:28			08:40			08:52
Airport			08:07			08:19			08:31			08:43			08:55
Longbenton	07:48	07:51		08:00	08:03		08:12	08:15		08:24	08:27		08:36	08:39	
Benton	07:51	07:54		08:03	08:06		08:15	08:18		08:27	08:30		08:39	08:42	
West Monkseaton	08:00	08:03		08:12	08:15		08:24	08:27		08:36	08:39		08:48	08:51	
Monkseaton	08:02	08:06		08:14	08:18		08:26	08:30		08:38	08:42		08:50	08:54	
Tynemouth	08:08			08:20			08:32			08:44			08:56		
Wallsend	08:21			08:33			08:45			08:57			09:09		
Manors	08:29			08:41			08:53			09:05			09:17		
Monument P4	08:31			08:43			08:55			09:07			09:19		
St James	08:33			08:45			08:57			09:09			09:21		

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Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			08:02			08:14			08:26			08:38			08:50
Park Lane			08:10			08:22			08:34			08:46			08:58
Sunderland			08:12			08:24			08:36			08:48			09:00
Seaburn			08:17			08:29			08:41			08:53			09:05
South Shields	08:08			08:20			08:32			08:44			08:56		
Chichester	08:10			08:22			08:34			08:46			08:58		
Bede	08:15			08:27			08:39			08:51			09:03		
Jarrow	08:18			08:30			08:42			08:54			09:06		
Hebburn	08:21			08:33			08:45			08:57			09:09		
Pelaw	08:25	08:28	08:31	08:37	08:40	08:43	08:49	08:52	08:55	09:01	09:04	09:07	09:13	09:16	09:19
Heworth	08:27	08:30	08:33	08:39	08:42	08:45	08:51	08:54	08:57	09:03	09:06	09:09	09:15	09:18	09:21
Central Station	08:34	08:37	08:40	08:46	08:49	08:52	08:58	09:01	09:04	09:10	09:13	09:16	09:22	09:25	09:28
Monument	08:36	08:39	08:42	08:48	08:51	08:54	09:00	09:03	09:06	09:12	09:15	09:18	09:24	09:27	09:30
South Gosforth	08:45	08:48	08:51	08:57	09:00	09:03	09:09	09:12	09:15	09:21	09:24	09:27	09:33	09:36	09:39
Regent Centre			08:54			09:06			09:18			09:30			09:42
Callerton Parkway			09:04			09:16			09:28			09:40			09:52
Airport			09:07			09:19			09:31			09:43			09:55
Longbenton	08:48	08:51		09:00	09:03		09:12	09:15		09:24			09:36		
Benton	08:51	08:54		09:03	09:06		09:15	09:18		09:27			09:39		
West Monkseaton	09:00	09:03		09:12	09:15		09:24	09:27		09:36			09:48		
Monkseaton	09:02	09:06		09:14	09:18		09:26	09:30		09:38			09:50		
Tynemouth	09:08			09:20			09:32			09:44			09:56		
Wallsend	09:21			09:33			09:45			09:57			10:09		
Manors	09:29			09:41			09:53			10:05			10:17		
Monument P4	09:31			09:43			09:55			10:07			10:19		
St James	09:33			09:45			09:57			10:09			10:21		

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Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			09:02			09:13		09:26		09:38		09:50		10:02
Park Lane			09:10			09:21		09:34		09:46		09:58		10:10
Sunderland			09:12			09:23		09:36		09:48		10:00		10:12
Seaburn			09:17			09:28		09:41		09:53		10:05		10:17
South Shields	09:08			09:20			09:32		09:44		09:56		10:08	10:20
Chichester	09:10			09:22			09:34		09:46		09:58		10:10	10:22
Bede	09:15			09:27			09:39		09:51		10:03		10:15	10:27
Jarrow	09:18			09:30			09:42		09:54		10:06		10:18	10:30
Hebburn	09:21			09:33			09:45		09:57		10:09		10:21	10:33
Pelaw	09:25	09:28	09:31	09:37	09:40	09:43	09:49	09:55	10:01	10:07	10:13	10:19	10:25	10:31
Heworth	09:27	09:30	09:33	09:39	09:42	09:45	09:51	09:57	10:03	10:09	10:15	10:21	10:27	10:33
Central Station	09:34	09:37	09:40	09:46	09:49	09:52	09:58	10:04	10:10	10:16	10:22	10:28	10:34	10:40
Monument	09:36	09:39	09:42	09:48	09:51	09:54	10:00	10:06	10:12	10:18	10:24	10:30	10:36	10:42
South Gosforth	09:45	09:48	09:51	09:57	10:00	10:03	10:09	10:15	10:21	10:27	10:33	10:39	10:45	10:51
Regent Centre			09:54			10:06		10:18		10:30		10:42		10:54
Callerton Parkway			10:04			10:16		10:28		10:40		10:52		11:04
Airport			10:07			10:19		10:31		10:43		10:55		11:07
Longbenton	09:48			10:00			10:12		10:24		10:36		10:48	11:00
Benton	09:51			10:03			10:15		10:27		10:39		10:51	11:03
West Monkseaton	10:00			10:12			10:24		10:36		10:48		11:00	11:12
Monkseaton	10:02			10:14			10:26		10:38		10:50		11:02	11:14
Tynemouth	10:08			10:20			10:32		10:44		10:56		11:08	11:20
Wallsend	10:21			10:33			10:45		10:57		11:09		11:21	11:33
Manors	10:29			10:41			10:53		11:05		11:17		11:29	11:41
Monument P4	10:31			10:43			10:55		11:07		11:19		11:31	11:43
St James	10:33			10:45			10:57		11:09		11:21		11:33	11:45

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Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
South Hylton	10:14		10:26		10:38		10:50		11:02		11:14		11:26		11:38
Park Lane	10:22		10:34		10:46		10:58		11:10		11:22		11:34		11:46
Sunderland	10:24		10:36		10:48		11:00		11:12		11:24		11:36		11:48
Seaburn	10:29		10:41		10:53		11:05		11:17		11:29		11:41		11:53
South Shields		10:32		10:44		10:56		11:08		11:20		11:32		11:44	
Chichester		10:34		10:46		10:58		11:10		11:22		11:34		11:46	
Bede		10:39		10:51		11:03		11:15		11:27		11:39		11:51	
Jarrow		10:42		10:54		11:06		11:18		11:30		11:42		11:54	
Hebburn		10:45		10:57		11:09		11:21		11:33		11:45		11:57	
Pelaw	10:43	10:49	10:55	11:01	11:07	11:13	11:19	11:25	11:31	11:37	11:43	11:49	11:55	12:01	12:07
Heworth	10:45	10:51	10:57	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09
Central Station	10:52	10:58	11:04	11:10	11:16	11:22	11:28	11:34	11:40	11:46	11:52	11:58	12:04	12:10	12:16
Monument	10:54	11:00	11:06	11:12	11:18	11:24	11:30	11:36	11:42	11:48	11:54	12:00	12:06	12:12	12:18
South Gosforth	11:03	11:09	11:15	11:21	11:27	11:33	11:39	11:45	11:51	11:57	12:03	12:09	12:15	12:21	12:27
Regent Centre	11:06		11:18		11:30		11:42		11:54		12:06		12:18		12:30
Callerton Parkway	11:16		11:28		11:40		11:52		12:04		12:16		12:28		12:40
Airport	11:19		11:31		11:43		11:55		12:07		12:19		12:31		12:43
Longbenton		11:12		11:24		11:36		11:48		12:00		12:12		12:24	
Benton		11:15		11:27		11:39		11:51		12:03		12:15		12:27	
West Monkseaton		11:24		11:36		11:48		12:00		12:12		12:24		12:36	
Monkseaton		11:26		11:38		11:50		12:02		12:14		12:26		12:38	
Tynemouth		11:32		11:44		11:56		12:08		12:20		12:32		12:44	
Wallsend		11:45		11:57		12:09		12:21		12:33		12:45		12:57	
Manors		11:53		12:05		12:17		12:29		12:41		12:53		13:05	
Monument P4		11:55		12:07		12:19		12:31		12:43		12:55		13:07	
St James		11:57		12:09		12:21		12:33		12:45		12:57		13:09	

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Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		11:50		12:02		12:14		12:26		12:38		12:50		13:02
Park Lane		11:58		12:10		12:22		12:34		12:46		12:58		13:10
Sunderland		12:00		12:12		12:24		12:36		12:48		13:00		13:12
Seaburn		12:05		12:17		12:29		12:41		12:53		13:05		13:17
South Shields	11:56		12:08		12:20		12:32		12:44		12:56		13:08	13:20
Chichester	11:58		12:10		12:22		12:34		12:46		12:58		13:10	13:22
Bede	12:03		12:15		12:27		12:39		12:51		13:03		13:15	13:27
Jarrow	12:06		12:18		12:30		12:42		12:54		13:06		13:18	13:30
Hebburn	12:09		12:21		12:33		12:45		12:57		13:09		13:21	13:33
Pelaw	12:13	12:19	12:25	12:31	12:37	12:43	12:49	12:55	13:01	13:07	13:13	13:19	13:25	13:31
Heworth	12:15	12:21	12:27	12:33	12:39	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33
Central Station	12:22	12:28	12:34	12:40	12:46	12:52	12:58	13:04	13:10	13:16	13:22	13:28	13:34	13:40
Monument	12:24	12:30	12:36	12:42	12:48	12:54	13:00	13:06	13:12	13:18	13:24	13:30	13:36	13:42
South Gosforth	12:33	12:39	12:45	12:51	12:57	13:03	13:09	13:15	13:21	13:27	13:33	13:39	13:45	13:51
Regent Centre		12:42		12:54		13:06		13:18		13:30		13:42		13:54
Callerton Parkway		12:52		13:04		13:16		13:28		13:40		13:52		14:04
Airport		12:55		13:07		13:19		13:31		13:43		13:55		14:07
Longbenton	12:36		12:48		13:00		13:12		13:24		13:36		13:48	14:00
Benton	12:39		12:51		13:03		13:15		13:27		13:39		13:51	14:03
West Monkseaton	12:48		13:00		13:12		13:24		13:36		13:48		14:00	14:12
Monkseaton	12:50		13:02		13:14		13:26		13:38		13:50		14:02	14:14
Tynemouth	12:56		13:08		13:20		13:32		13:44		13:56		14:08	14:20
Wallsend	13:09		13:21		13:33		13:45		13:57		14:09		14:21	14:33
Manors	13:17		13:29		13:41		13:53		14:05		14:17		14:29	14:41
Monument P4	13:19		13:31		13:43		13:55		14:07		14:19		14:31	14:43
St James	13:21		13:33		13:45		13:57		14:09		14:21		14:33	14:45

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Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	13:14		13:26		13:38		13:50		14:02		14:14		14:26	14:38
Park Lane	13:22		13:34		13:46		13:58		14:10		14:22		14:34	14:46
Sunderland	13:24		13:36		13:48		14:00		14:12		14:24		14:36	14:48
Seaburn	13:29		13:41		13:53		14:05		14:17		14:29		14:41	14:53
South Shields		13:32		13:44		13:56		14:08		14:20		14:32		14:44
Chichester		13:34		13:46		13:58		14:10		14:22		14:34		14:46
Bede		13:39		13:51		14:03		14:15		14:27		14:39		14:51
Jarrow		13:42		13:54		14:06		14:18		14:30		14:42		14:54
Hebburn		13:45		13:57		14:09		14:21		14:33		14:45		14:57
Pelaw	13:43	13:49	13:55	14:01	14:07	14:13	14:19	14:25	14:31	14:37	14:43	14:49	14:55	15:07
Heworth	13:45	13:51	13:57	14:03	14:09	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:09
Central Station	13:52	13:58	14:04	14:10	14:16	14:22	14:28	14:34	14:40	14:46	14:52	14:58	15:04	15:16
Monument	13:54	14:00	14:06	14:12	14:18	14:24	14:30	14:36	14:42	14:48	14:54	15:00	15:06	15:18
South Gosforth	14:03	14:09	14:15	14:21	14:27	14:33	14:39	14:45	14:51	14:57	15:03	15:09	15:15	15:27
Regent Centre	14:06		14:18		14:30		14:42		14:54		15:06		15:18	15:30
Callerton Parkway	14:16		14:28		14:40		14:52		15:04		15:16		15:28	15:40
Airport	14:19		14:31		14:43		14:55		15:07		15:19		15:31	15:43
Longbenton		14:12		14:24		14:36		14:48		15:00		15:12		15:24
Benton		14:15		14:27		14:39		14:51		15:03		15:15		15:27
West Monkseaton		14:24		14:36		14:48		15:00		15:12		15:24		15:36
Monkseaton		14:26		14:38		14:50		15:02		15:14		15:26		15:38
Tynemouth		14:32		14:44		14:56		15:08		15:20		15:32		15:44
Wallsend		14:45		14:57		15:09		15:21		15:33		15:45		15:57
Manors		14:53		15:05		15:17		15:29		15:41		15:53		16:05
Monument P4		14:55		15:07		15:19		15:31		15:43		15:55		16:07
St James		14:57		15:09		15:21		15:33		15:45		15:57		16:09

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Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton			14:50			15:02		15:14			15:26			15:38
Park Lane			14:58			15:10		15:22			15:34			15:46
Sunderland			15:00			15:12		15:24			15:36			15:48
Seaburn			15:05			15:17		15:29			15:41			15:53
South Shields		14:56			15:08		15:20			15:32		15:44		15:56
Chichester		14:58			15:10		15:22			15:34		15:46		15:58
Bede		15:03			15:15		15:27			15:39		15:51		16:03
Jarrow		15:06			15:18		15:30			15:42		15:54		16:06
Hebburn		15:09			15:21		15:33			15:45		15:57		16:09
Pelaw		15:13	15:19		15:25	15:31	15:37	15:43		15:49	15:55	15:58	16:01	16:07
Heworth		15:15	15:21		15:27	15:33	15:39	15:45		15:51	15:57	16:00	16:03	16:09
Central Station		15:22	15:28		15:34	15:40	15:46	15:52		15:58	16:04	16:07	16:10	16:16
Monument		15:24	15:30		15:36	15:42	15:48	15:54		16:00	16:06	16:09	16:12	16:18
South Gosforth		15:33	15:39		15:45	15:51	15:57	16:03		16:09	16:15	16:18	16:21	16:27
Regent Centre			15:42			15:54		16:06			16:18			16:30
Callerton Parkway			15:52			16:04		16:16			16:28			16:40
Airport			15:55			16:07		16:19			16:31			16:43
Longbenton	15:30	15:36		15:42	15:48		16:00		16:06	16:12		16:21	16:24	16:36
Benton	15:33	15:39		15:45	15:51		16:03		16:09	16:15		16:24	16:27	16:39
West Monkseaton	15:42	15:48		15:54	16:00		16:12		16:18	16:24		16:33	16:36	16:48
Monkseaton	15:44	15:50		15:56	16:02		16:14		16:20	16:26		16:35	16:38	16:50
Tynemouth		15:56		16:08		16:20			16:32			16:44		16:56
Wallsend		16:09		16:21		16:33			16:45			16:57		17:09
Manors		16:17		16:29		16:41			16:53			17:05		17:17
Monument P4		16:19		16:31		16:43			16:55			17:07		17:19
St James		16:21		16:33		16:45			16:57			17:09		17:21

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Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	15:50			16:02				16:14			16:26			16:38	
Park Lane	15:58			16:10				16:22			16:34			16:46	
Sunderland	16:00			16:12				16:24			16:36			16:48	
Seaburn	16:05			16:17				16:29			16:41			16:53	
South Shields			16:08			16:20				16:32			16:44		
Chichester			16:10			16:22				16:34			16:46		
Bede			16:15			16:27				16:39			16:51		
Jarrow			16:18			16:30				16:42			16:54		
Hebburn			16:21			16:33				16:45			16:57		
Pelaw	16:19	16:22	16:25	16:31	16:34	16:37	16:40	16:43	16:46	16:49	16:55	16:58	17:01	17:07	17:10
Heworth	16:21	16:24	16:27	16:33	16:36	16:39	16:42	16:45	16:48	16:51	16:57	17:00	17:03	17:09	17:12
Central Station	16:28	16:31	16:34	16:40	16:43	16:46	16:49	16:52	16:55	16:58	17:04	17:07	17:10	17:16	17:19
Monument	16:30	16:33	16:36	16:42	16:45	16:48	16:51	16:54	16:57	17:00	17:06	17:09	17:12	17:18	17:21
South Gosforth	16:39	16:42	16:45	16:51	16:54	16:57	17:00	17:03	17:06	17:09	17:15	17:18	17:21	17:27	17:30
Regent Centre	16:42			16:54			17:03	17:06			17:18			17:30	
Callerton Parkway	16:52			17:04				17:16			17:28			17:40	
Airport	16:55			17:07				17:19			17:31			17:43	
Longbenton		16:45	16:48		16:57	17:00			17:09	17:12		17:21	17:24		17:33
Benton		16:48	16:51		17:00	17:03			17:12	17:15		17:24	17:27		17:36
West Monkseaton		16:57	17:00		17:09	17:12			17:21	17:24		17:33	17:36		17:45
Monkseaton		16:59	17:02		17:11	17:14			17:23	17:26		17:35	17:38		17:47
Tynemouth			17:08			17:20				17:32			17:44		
Wallsend			17:21			17:33				17:45			17:57		
Manors			17:29			17:41				17:53			18:05		
Monument P4			17:31			17:43				17:55			18:07		
St James			17:33			17:45				17:57			18:09		

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Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
South Hylton		16:50			17:02			17:14				17:27		17:39	
Park Lane		16:58			17:10			17:22				17:35		17:47	
Sunderland		17:00			17:12			17:24				17:37		17:49	
Seaburn		17:05			17:17			17:29				17:42		17:54	
South Shields	16:56			17:08			17:20			17:32			17:44		
Chichester	16:58			17:10			17:22			17:34			17:46		
Bede	17:03			17:15			17:27			17:39			17:51		
Jarrow	17:06			17:18			17:30			17:42			17:54		
Hebburn	17:09			17:21			17:33			17:45			17:57		
Pelaw	17:13	17:19	17:22	17:25	17:31	17:34	17:37	17:43	17:46	17:49	17:52	17:55	18:01	18:04	18:07
Heworth	17:15	17:21	17:24	17:27	17:33	17:36	17:39	17:45	17:48	17:51	17:54	17:57	18:03	18:06	18:09
Central Station	17:22	17:28	17:31	17:34	17:40	17:43	17:46	17:52	17:55	17:58	18:02	18:05	18:10	18:14	18:17
Monument	17:24	17:30	17:33	17:36	17:42	17:45	17:48	17:54	17:57	18:00	18:03	18:06	18:12	18:15	18:18
South Gosforth	17:33	17:39	17:42	17:45	17:51	17:54	17:57	18:03	18:06	18:09	18:12	18:15	18:21	18:24	18:27
Regent Centre		17:42			17:54			18:06				18:18			18:30
Callerton Parkway		17:52			18:04			18:16				18:28			18:40
Airport		17:55			18:07			18:19				18:31			18:43
Longbenton	17:36		17:45	17:48		17:57	18:00		18:09	18:12			18:23		
Benton	17:39		17:48	17:51		18:00	18:03		18:12	18:15			18:26		
West Monkseaton	17:48		17:57	18:00			18:11			18:23			18:35		
Monkseaton	17:50		17:59	18:02			18:13			18:25			18:37		
Tynemouth	17:56			18:08			18:19			18:31			18:43		
Wallsend	18:09			18:21			18:32			18:44			18:56		
Manors	18:17			18:29			18:40			18:52			19:04		
Monument P4	18:19			18:31			18:42			18:54			19:05		
St James	18:21			18:33			18:44			18:56			19:07		

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Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	
South Hylton			17:52		18:07			18:19		18:29	18:37		18:52		19:07
Park Lane			18:00		18:15			18:30		18:39	18:45		19:00		19:15
Sunderland			18:02		18:17			18:32		18:41	18:47		19:02		19:17
Seaburn			18:07		18:22			18:37		18:46	18:52		19:07		19:22
South Shields	17:57			18:10		18:20	18:26		18:41			18:56		19:11	
Chichester	17:59			18:12		18:22	18:28		18:43			18:58		19:13	
Bede	18:04			18:17		18:27	18:33		18:48			19:03		19:18	
Jarrow	18:06			18:21		18:30	18:36		18:51			19:06		19:21	
Hebburn	18:09			18:24		18:34	18:39		18:54			19:09		19:24	
Pelaw	18:13	18:17	18:21	18:28	18:36	18:39	18:43	18:51	18:58	19:01	19:06	19:13	19:21	19:28	19:36
Heworth	18:15	18:19	18:23	18:30	18:38	18:41	18:45	18:53	19:00	19:03	19:08	19:15	19:23	19:30	19:38
Central Station	18:23	18:26	18:30	18:37	18:45	18:48	18:52	19:00	19:07	19:10	19:15	19:22	19:30	19:37	19:45
Monument	18:24	18:28	18:32	18:39	18:47	18:50	18:54	19:02	19:09	19:12	19:17	19:24	19:32	19:39	19:47
South Gosforth	18:33	18:37	18:41	18:48	18:56	18:59	19:03	19:11	19:18	19:21	19:26	19:33	19:41	19:48	19:56
Regent Centre			18:43		18:58			19:13			19:28		19:43		19:58
Callerton Parkway			18:53		19:08			19:23			19:38		19:53		20:08
Airport			18:56		19:11			19:26			19:41		19:56		20:11
Longbenton	18:36			18:50			19:05		19:20			19:35		19:50	
Benton	18:39			18:53			19:08		19:23			19:38		19:53	
West Monkseaton	18:47			19:02			19:17		19:32			19:47		20:02	
Monkseaton	18:49			19:04			19:19		19:34			19:49		20:04	
Tynemouth	18:55			19:10			19:25		19:40			19:55		20:10	
Wallsend	19:08			19:23			19:38		19:53			20:08		20:23	
Manors	19:16			19:31			19:46		20:01			20:16		20:31	
Monument P4	19:18			19:32			19:47		20:02			20:17		20:32	
St James	19:20			19:34			19:49		20:04			20:19		20:34	

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Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton		19:22		19:37		19:52		20:07		20:23		20:37		20:52
Park Lane		19:30		19:45		20:00		20:15		20:31		20:45		21:00
Sunderland		19:32		19:47		20:02		20:17		20:33		20:47		21:02
Seaburn		19:37		19:52		20:07		20:22		20:38		20:52		21:07
South Shields	19:26		19:41		19:56		20:11		20:26		20:41		20:56	21:11
Chichester	19:28		19:43		19:58		20:13		20:28		20:43		20:58	21:13
Bede	19:33		19:48		20:03		20:18		20:33		20:48		21:03	21:18
Jarrow	19:36		19:51		20:06		20:21		20:36		20:51		21:06	21:21
Hebburn	19:39		19:54		20:09		20:24		20:39		20:54		21:09	21:24
Pelaw	19:43	19:51	19:58	20:06	20:13	20:21	20:28	20:36	20:43	20:52	20:58	21:06	21:13	21:21
Heworth	19:45	19:53	20:00	20:08	20:15	20:23	20:30	20:38	20:45	20:54	21:00	21:08	21:15	21:23
Central Station	19:52	20:00	20:07	20:15	20:22	20:30	20:37	20:45	20:52	21:01	21:07	21:15	21:22	21:30
Monument	19:54	20:02	20:09	20:17	20:24	20:32	20:39	20:47	20:54	21:03	21:09	21:17	21:24	21:32
South Gosforth	20:03	20:11	20:18	20:26	20:33	20:41	20:48	20:56	21:03	21:12	21:18	21:26	21:33	21:41
Regent Centre		20:13		20:28		20:43		20:58		21:14		21:28		21:43
Callerton Parkway		20:23		20:38		20:53		21:08		21:24		21:38		21:53
Airport		20:26		20:41		20:56		21:11		21:27		21:41		21:56
Longbenton	20:05		20:20		20:35		20:50		21:05		21:20		21:35	21:50
Benton	20:08		20:23		20:38		20:53		21:08		21:23		21:38	21:53
West Monkseaton	20:17		20:32		20:47		21:02		21:17		21:32		21:47	22:02
Monkseaton	20:19		20:34		20:49		21:04		21:19		21:34		21:49	22:04
Tynemouth	20:25		20:40		20:55		21:10		21:25		21:40		21:55	22:10
Wallsend	20:38		20:53		21:08		21:23		21:38		21:53		22:08	22:23
Manors	20:46		21:01		21:16		21:31		21:46		22:01		22:16	22:31
Monument P4	20:47		21:02		21:17		21:32		21:47		22:02		22:17	22:32
St James	20:49		21:04		21:19		21:34		21:49		22:04		22:19	22:34

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Revised Metro timetable 22 and 24 June 2022

Due to the National Rail strike on 21 and 23 June, Metro trains between South Hylton and Pelaw will begin service from about 7.00am on 22 and 24 June.

Train times for key stations listed below.

	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train	Train
South Hylton	21:07		21:22		21:37		21:52		22:07		22:22		22:37		22:52
Park Lane	21:15		21:30		21:45		22:00		22:15		22:30		22:45		23:00
Sunderland	21:17		21:32		21:47		22:02		22:17		22:32		22:47		23:02
Seaburn	21:22		21:37		21:52		22:07		22:22		22:37		22:52		23:07
South Shields		21:26		21:41		21:56		22:11		22:26		22:41		22:56	
Chichester		21:28		21:43		21:58		22:13		22:28		22:43		22:58	
Bede		21:33		21:48		22:03		22:18		22:33		22:48		23:03	
Jarrow		21:36		21:51		22:06		22:21		22:36		22:51		23:06	
Hebburn		21:39		21:54		22:09		22:24		22:39		22:54		23:09	
Pelaw	21:36	21:43	21:51	21:58	22:06	22:13	22:21	22:28	22:36	22:43	22:51	22:58	23:06	23:13	23:21
Heworth	21:38	21:45	21:53	22:00	22:08	22:15	22:23	22:30	22:38	22:45	22:53	23:00	23:08	23:15	23:23
Central Station	21:45	21:52	22:00	22:07	22:15	22:22	22:30	22:37	22:45	22:52	23:00	23:07	23:15	23:22	23:30
Monument	21:47	21:54	22:02	22:09	22:17	22:24	22:32	22:39	22:47	22:54	23:02	23:09	23:17	23:24	23:32
South Gosforth	21:56	22:03	22:11	22:18	22:26	22:33	22:41	22:48	22:56	23:03	23:11	23:18	23:26	23:33	23:41
Regent Centre	21:58		22:13		22:28		22:43		22:58		23:13		23:28		23:43
Callerton Parkway	22:08		22:23		22:38		22:53		23:08		23:23		23:38		23:53
Airport	22:11		22:26		22:41		22:56		23:11		23:26		23:41		23:56
Longbenton		22:05		22:20		22:35		22:50		23:05		23:20		23:35	
Benton		22:08		22:23		22:38		22:53		23:08		23:23		23:38	
West Monkseaton		22:17		22:32		22:47		23:02		23:17		23:32		23:47	
Monkseaton		22:19		22:34		22:49		23:04		23:19		23:34		23:49	
Tynemouth		22:25		22:40		22:55		23:10		23:25		23:40		23:55	
Wallsend		22:38		22:53		23:08		23:23		23:38		23:53		00:08	
Manors		22:46		23:01		23:16		23:31		23:46		00:01		00:16	
Monument P4		22:47		23:02		23:17		23:32		23:47		00:02		00:17	
St James		22:49		23:04		23:19		23:34		23:49		00:04			

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